



HUCKNALL WATER POLO CLUB



Presents Specialist Training Days Covering all six phases of Play.

We are delivering a series of high-quality Water Polo Development Days designed to support athletes, coaches, and parents. These events address the essential positions, phases, and tactical demands of the sport.

EVENT DATES

- **5 September 2026**
- **12 December 2026**
- **20 March 2027**

WHO CAN ATTEND

Players aged **12–18**, coaches, parents, and athletes from any club or region.

WHAT'S INCLUDED

- **3 hours** of practical, in-water training (parents and coaches will have adapted versions of the session)
- **2 hours** of theory and tactical learning (parents and coaches will have adapted versions of the session)
- Small-group coaching
- Delivery provided by **high-quality coaches and athletes**, each possessing **extensive national and international experience** and bringing that expertise directly into the training environment.
- Certificate of attendance
- Session-specific information pack

WORKSHOPS

Position-Specific

- Centre Forward / Centre Backs
- Goalkeeper
- Drivers

BOOKING INFORMATION

Fee: £40 per Athlete (per day), £25 for coaches and parents

Book all three days together and pay the reduced rate of £35 per athlete and £20 per coach or parent per day.

Location: Hucknall Leisure Centre, NG15 7TX

Booking Link: https://docs.google.com/forms/d/e/1FAIpQLSdo79hFIFTZdik-pbL3AmEE1li9QS_9qmaCsWf-HIVs1N30mA/viewform?usp=publish-editor

Contact: Chair.hwpc@outlook.com

Places are limited — early booking is strongly recommended.

We will ensure that each day is delivered as a standalone event. Every day will cover different skills and tactics.

Parents and coaches will follow the same thematic structure, with content adapted to their role, the phase of play being taught, and the specific technical and tactical elements being delivered.