

Masters Long Course (50m) Relay Records



Swim England
East Midlands

Records set in 2026

Ladies 200m Freestyle Relay

72+	Loughborough University	1.53.36	Manchester	Jun-06
100-119	Nottingham Leander	1.52.97	London	May-16
120-159	Northampton	1.59.78	London	May-16
160-199	Nottingham Leander	2.01.74	Manchester	Jun-06
200-239	Etwall Eagles	2.01.59	London	May-16
240-279	to be established			

Ladies 400m Freestyle Relay

72+	Loughborough Town	5.14.16	Swansea	Apr-24
100-119	Nottingham Leander	4.18.63	Aberdeen	Jun-26
120-159	Long Eaton	4.20.62	Sheffield	May-12
160-199	Etwall Eagles	4.25.22	Plymouth	Jun-13
200-239	Nottingham Leander	5.27.59	Sheffield	May-12
240-279	to be established			

Ladies 800m Freestyle Relay

72+	Loughborough Town	10.48.03	Swansea	Apr-24
100-119	Nottingham Leander	9.34.09	Aberdeen	Jun-26
120-159	Long Eaton	9.45.16	Leeds	Jun-11
160-199	to be established			
200-239	to be established			
240-279	to be established			

Ladies 200m Medley Relay

72+	to be established			
100-119	Nottingham Leander	2.12.28	Aberdeen	Jun-26
120-159	Loughborough Town	2.26.18	London	May-16
160-199	Long Eaton	2.13.18	London	May-16
200-239	Etwall Eagles	2.18.91	London	May-16
240-279	to be established			

Ladies 400m Medley Relay

72+	Loughborough Town	5.22.66	Swansea	Apr-24
100-119	Chesterfield	5.14.12	Sheffield	Apr-16
120-159	to be established			
160-199	Long Eaton	4.52.79	Sheffield	May-12
200-239	to be established			
240-279	to be established			

Male/Open 200m Freestyle Relay

72+	Nottingham Leander	1.43.93	Sheffield	Apr-16
100-119	to be established			
120-159	Nottingham Leander	1.42.54	London	May-16
160-199	Coalville	1.47.39	Plymouth	Jun-13
200-239	Nottingham Leander	1.47.35	London	May-16
240-279	Nottingham Leander	2.14.44	Sheffield	May-12

Male/Open 400m Freestyle Relay

72+	Nottingham Leander	4.14.07	Sheffield	Apr-16
100-119	Chesterfield	4.14.43	Sheffield	Apr-16
120-159	Nottingham Leander	4.12.55	Sheffield	Apr-16
160-199	Long Eaton	4.00.42	Sheffield	May-12
200-239	to be established			
240-279	Nottingham Leander	5.12.84	Sheffield	May-12

Male/Open 800m Freestyle Relay

72+	to be established			
100-119	to be established			
120-159	Long Eaton	9.29.68	Sheffield	May-12
160-199	Chesterfield	10.08.56	Sheffield	Apr-16
200-239	to be established			
240-279	to be established			

Male/Open 200m Medley Relay

72+	Chesterfield	1.55.77	Sheffield	Apr-16
100-119	to be established			
120-159	Nottingham Leander	1.49.97	London	May-16
160-199	Coalville	2.00.52	Plymouth	Jun-13
200-239	Nottingham Leander	2.01.31	London	May-16
240-279	Nottingham Leander	2.21.87	London	May-16

Male/Open 400m Medley Relay

72+	Nottingham Leander	4.14.07	Sheffield	Apr-16
100-119	to be established			
120-159	Long Eaton	4.49.81	Sheffield	May-12
160-199	Coalville	4.38.30	Plymouth	Jun-13
200-239	to be established			
240-279	to be established			

Mixed 200m Freestyle Relay

72+	to be established			
100-119	to be established			
120-159	Nottingham Leander	1.47.29	London	May-16
160-199	Long Eaton	1.51.63	Sheffield	May-12
200-239	Nottingham Leander	1.53.58	London	May-16

240-279	Nottingham Leander	2.13.17	London	May-16
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Mixed 400m Freestyle Relay

72+	Nottingham Leander	4.00.79	Sheffield	Apr-16
100-119	Chesterfield	4.14.43	Sheffield	Apr-16
120-159	Long Eaton	4.02.11	Sheffield	May-12
160-199	Etwall Eagles	4.28.77	Sheffield	May-12
200-239	Loughborough Town	4.40.44	Swansea	Apr-24
240-279	Deepings	5.34.79	Derby	Mar-26

Mixed 800m Freestyle Relay

72+	to be established			
100-119	to be established			
120-159	Nottingham Leander	9.30.15	Sheffield	Apr-16
160-199	Long Eaton	9.16.29	Sheffield	May-12
200-239	to be established			
240-279	Deepings	12.56.26	Derby	Mar-26

Mixed 200m Medley Relay

72+	to be established			
100-119	Wellingborough	2.04.05	London	May-16
120-159	Nottingham Leander	1.57.03	London	May-16
160-199	Long Eaton	2.03.14	Manchester	Jun-15
200-239	Nottingham Leander	2.09.12	London	May-16
240-279	Nottingham Leander	2.33.12	London	May-16

Mixed 400m Medley Relay

72+	to be established			
100-119	Chesterfield	4.58.45	Sheffield	Apr-16
120-159	Northampton	4.32.24	Sheffield	Apr-16
160-199	Etwall Eagles	4.50.57	Sheffield	Apr-16
200-239	to be established			
240-279	Deepings	6.32.30	Derby	Mar-26