

**Junior Female Long Course (50m) Records**

Event	Time	Name	Club	Date	Venue
50m Freestyle	25.87	Harriet Cooper	City of Leicester	26/06/2013	Sheffield
100m Freestyle	56.34	Harriet Cooper	City of Leicester	11/07/2013	Poznan, Poland
200m Freestyle	2.00.79	Sophie Smith	City of Leicester	06/08/2010	Sheffield
400m Freestyle	4.13.95	Ann Morris	Nova Centurion	27/06/2009	Glasgow
800m Freestyle	8.39.63	Rebecca Adlington	Nova Centurion	16/07/2004	Lisbon
1500m Freestyle	17.04.81	Jordan Tomlinson	Lincoln Vulcans	29/04/2006	Coventry
50m Backstroke	28.96	Kate Schillinger	Repton	16/04/2026	London
100m Backstroke	1.01.75	Kate Schillinger	Repton	15/04/2026	London
200m Backstroke	2.12.81	Elizabeth Simmonds	Lincoln Vulcans	19/06/2005	Swansea
50m Breaststroke	32.10	Standard Time		Standard Time	
100m Breaststroke	1.09.26	Standard Time		Standard Time	
200m Breaststroke	2.26.81	Molly Renshaw	Derventio Excel SC	08/03/2012	London Aquatics Centre
50m Butterfly	26.90	Sophie Yendell	City of Derby	19/04/2017	Sheffield
100m Butterfly	1.00.41	Lydia Cordle	Repton	18/04/2026	London
200m Butterfly	2.13.11	Lydia Cordle	Repton	14/04/2026	London
200m Individual Medley	2.14.48	Sophie Smith	City of Leicester	14/07/2010	Helsinki
400m Individual Medley	4.43.54	Freya Colbert	Nova Centurion	03/07/2019	Kazan, Russia