

Open Female Short Course (25m) Records



50m Freestyle	24.77	Rosalind Brett	Loughborough University	09/12/2000	Sheffield
100m Freestyle	53.31	Harriet Cooper	City of Derby	17/12/2015	Sheffield
200m Freestyle	1.51.94	Freya Colbert	Loughborough University	04/12/2025	Sheffield
400m Freestyle	3.56.71	Freya Colbert	Loughborough University	02/12/2025	Sheffield
800m Freestyle	8.08.25	Rebecca Adlington	Nova Centurion	10/04/2008	Manchester
1500m Freestyle	16.03.06	Fleur Lewis	Loughborough University	14/11/2025	Sheffield
50m Backstroke	26.57	Lauren Cox	Loughborough University	07/12/2024	Sheffield
100m Backstroke	57.45	Medi Harris	Loughborough University	06/12/2024	Sheffield
200m Backstroke	2.03.64	Freya Colbert	Loughborough University	15/11/2025	Sheffield
50m Breaststroke	30.47	Sarah Vasey	City of Derby	17/12/2015	Sheffield
100m Breaststroke	1.06.12	Sienna Robinson	Loughborough University	11/12/2025	Sheffield
200m Breaststroke	2.20.60	Elizabeth Booker	Loughborough University	07/12/2024	Sheffield
50m Butterfly	26.32	Isabelle Leigh	University of Nottingham	15/11/2025	Sheffield
100m Butterfly	57.65	Rachael Kelly	Loughborough University	07/12/2013	Sheffield
200m Butterfly	2.04.85	Lucy Fox	Loughborough University	16/11/2025	Sheffield
100m Individual Medley	59.53	Freya Colbert	Loughborough University	16/11/2025	Sheffield
200m Individual Medley	2.06.26	Freya Colbert	Loughborough University	14/11/2025	Sheffield
400m Individual Medley	4.33.58	Freya Colbert	Loughborough University	14/11/2025	Sheffield