



East Midlands Regional Updates – 30.01.2025

All regional updates and other regional information can be found on our website
www.eastmidlandswimming.org

Interest Registers/Course Requirements

Do you need a course or workshop? Let us know below!

Assistant Coach/Coach Courses: [Register](#) currently being updated.

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

Key contacts and links

Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Regional Manager - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Sport Development & Events Officer- Matthew McNicholas](#)
- [Regional Administrator - Melissa Lock](#)
- [Swim England Safeguarding team](#)
- [Swim England DBS team](#)

Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)

New Updates

Regional Long Course Championships 2025

Regional Long Course 2025 consideration times, schedule, and conditions are now available on the Championships website. Click [here](#).

Distance Time Trial 2025

Entries are now open for the Distance Time Trial on Sunday 13th April at Loughborough University - entry link can be found in the conditions document. Click [here](#).

Regional Course Bursaries

The information for the 2025 bursaries has been updated on the bursaries and funding webpage <https://eastmidlandswimming.org/clubs/bursariesandfunding/>



OMS administrators (deputies)

Clubs can now have an unlimited number of deputy administrators on the Online Membership System. Members being added into this role still need to appear within the Governance section of the Club Personnel Report in order to be added as a deputy.

Club Personnel Report – Governance Roles

'Committee Member' - paid or voluntary role is now available on OMS. This may help club officers when listing their committee members rather than having to select 'other' and type in Committee member, also making the personnel report easier to read. The 'other' option is still available if clubs would like to specify.

Masters Club and Section DBS and Safeguarding Requirements -

A reminder to Masters clubs, and those clubs with Masters sections, last year Swim England updated the requirements for Masters clubs, particularly regarding Welfare Officers, DBS checks and Safeguarding training. As of the 1st of August 2024, all Masters clubs should have a Welfare Officer in place and all Masters coaches, teachers and welfare officers should now have a basic DBS check, and have attended Swim England safeguarding training. For full details of Masters club/section requirements, please click [here](#). We appreciate that the DBS requirement comes with an additional cost, which volunteers within non-masters clubs do not have to pay, so in the interests of equality and fairness, as a region we have agreed to reimburse the cost of DBS checks for any Masters welfare officers or volunteer coaches and teachers. For full details of this bursary, please click [here](#).

East Midland Forum - Supporting neuro-divergent athletes in the club environment

Swim England's Head of Diversity and Inclusion, Mike Hawkes, will be leading a forum on supporting neuro-divergent athletes in the club environment. This will include discussion on managing challenging behaviour. This forum will be open to all but we would suggest it might be most relevant to Chairs, Coaches and Welfare Officers. There will be the opportunity for questions and open discussion.

This online forum will be held on Tuesday the 4th of March at 6.30pm via Teams.

To sign up for this forum please click here: https://eastmidlandswimming.org/?ff_landing=49

Co-Creation of the Future of Coaching - Surveys

Swim England is consulting with coaches, participants, parents and clubs on a new strategy to be published later this year.

The Co-Creation of the Future of Coaching is an exciting opportunity to help shape the future of aquatic coaching and your insights and experiences are crucial to this process. It aims to redefine the purpose of coaching, highlighting best practices, and build a more supportive, inclusive and collaborative coaching culture.

Surveys are being sent on a staggered approach over the next few weeks.

We would encourage you all to take a few minutes to complete the survey as your feedback will help create better experiences for coaches, participants and clubs, ensuring people flourish and thrive in aquatics. If you haven't yet received an email with the survey by 15 February, or you have any questions around the new strategy, please email coaching@swimming.org



Team Manager workshops

Time to Listen

Foundations of Inclusivity

Competitive Starts



Good Governance Workshops - Mandatory for Chairs and Welfare Officers

Club Chairs Workshop

Club Welfare Officer Workshop

Club Secretary/Membership Officer Workshop

Safeguarding

Swim England Safeguarding Course

Swim England Safeguarding Refresher

Only for those who have completed the full Swim England course in the last 3 years



Forums

Welfare Officers Forum

Chairs Forum

Course booking reminder - 4 ways to save money!:

1. Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Level 1 Coaching course reduced from £375 to £221.25 (41% discount)

Level 2 Coaching course reduced from £660 to £455.40 (31% discount)

2. If you are a SwimMark club then each year (in line with your reaccreditation date) you will have a £100 IoS voucher which can be used for courses or CPDs.

3. After the member has completed the course and received their certificate, the club can claim a [regional bursary](#) (criteria dependent) of £50 towards assistant coach courses, or £100 towards coach.

4. After the course is completed and certificated, look into the [county bursary funding](#) available.

Assistant Coach & Coach Courses

Club Offer Booking Process

The club offer booking process information can be found here:

<https://eastmidlandswimming.org/volunteers/coach-education/>

We would encourage all clubs and members to use this process and use the links below for course information.

Course	Course Start date	Course venue	Course link
<u>Swim England Land Based Coach</u>	10th February 2025	Meridian Leisure Centre	https://www.swimming.org/ios/course/12812
<u>Swim England Land Based Coach</u>	15th February 2025	Braunstone Leisure Centre	https://www.swimming.org/ios/course/12960
<u>Swim England Assistant Swimming Coach - Blended Learning</u>	17th February 2025	Meridian Leisure Centre	https://www.swimming.org/ios/course/12308
<u>Swim England Assistant Swimming Coach - Blended Learning</u>	25th February 2025	The Castle Rock School	https://www.swimming.org/ios/course/12359
<u>Swim England Water Polo Coach - Blended Learning</u>	4th March 2025	Hucknall Leisure Centre	https://www.swimming.org/ios/course/12845
<u>Swim England Assistant Artistic Swimming Coach</u>	6th March 2025	The Queen's Diamond Jubilee Centre	https://www.swimming.org/ios/course/13198
<u>Swim England Assistant Swimming Coach - Blended Learning</u>	3rd April 2025	Hucknall Leisure Centre	https://www.swimming.org/ios/course/12326
<u>Swim England Swimming Coach - Blended Learning</u>	3rd April 2025	Lutterworth Leisure Centre	https://www.swimming.org/ios/course/13321
<u>Swim England Swimming Coach - Blended Learning</u>	4th April 2025	Lammas Leisure Centre	https://www.swimming.org/ios/course/12225



Officials and Event Volunteer Opportunities



National call for Technical Officials for all sports

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

https://eastmidlandswimming.org/?ff_landing=18

To add opportunities to this page please submit the details [here](#)

Date	Location	Event	Official Sign Up	Volunteer Sign Up
15th and 16th March 2025	Harvey Hadden Sports Village	Ernehale Open Meet 2025	https://www.swim-meet.com/OfficialsSignup/Arnold/	https://www.swim-meet.com/OfficialsSignup/Arnold/