



## East Midlands Regional Updates – 03.10.2024

All regional updates and other regional information can be found on our website  
[www.eastmidlandswimming.org](http://www.eastmidlandswimming.org)

### Interest Registers/Course Requirements

Do you need a course or workshop? Let us know below!

Assistant Coach/Coach Courses: [Register](#) currently being updated.

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

### Key contacts and links

#### Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Regional Manager - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Sport Development & Events Officer- Matthew McNicholas](#)
- [Regional Administrator - Melissa Lock](#)
- [Swim England Safeguarding team](#)
- [Swim England DBS team](#)

#### Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)

# New Updates

## **AGMs and Constitutions**

With many clubs AGMs coming up, please ensure that your AGM follows proper procedure according to your constitution. Swim England have created a template for clubs to help ensure their AGMs are run according to the constitution, and are minuted appropriately. This document can be accessed [here](#).

### **AGM reminders:**

Your Welfare Officer should be appointed by the committee, not voted in at the AGM

You should be appointing an independent financial examiner at your AGM

Only members are able to speak and vote at your AGM

With regards to your constitution, please ensure it is in line with the Swim England Model (link: <https://www.swimming.org/swimengland/new-model-club-constitution/>) - if you are making any amendments to your constitution, please ensure you have sent it to [Helen.Bickerstaff@swimming.org](mailto:Helen.Bickerstaff@swimming.org) for regional approval, prior to adoption at your club AGM.



## **Inter-county Masters**

The Midland event for the national Inter-county Masters competition will take place at Sandwell Aquatics Centre, Birmingham on Sunday 10th November. You can register your interest to swim directly with your county's masters' rep by completing this form: [https://eastmidlandswimming.org/?ff\\_landing=26](https://eastmidlandswimming.org/?ff_landing=26)

## **East Midlands Masters Championships**

The EM Championships will take place on Sunday 1st December at Moorways, Derby. Online entry is now open and closes 13th November.

<https://www.swimmingresults.org/events/eastmidlandsmasters24/>

## **NEW free online Swim England Foundation Safeguarding for Young People**

This eLearning has been designed to give young people under the age of 18 a basic understanding of safeguarding, welfare and best practice. It is aimed at young volunteers or members who don't have a designated role at the club that requires a DBS check, but want to improve their understanding of the topic.

The eLearning will give you an understanding of why safeguarding is important, key documents and ways to keep yourself safe, how to recognise and report behaviour that is not acceptable and where you can find additional support. The course can be done at your own pace and you can be stopped and returned to it at any time.

The Foundation Safeguarding course does not replace the need for the Full Swim England Safeguarding in Aquatics course if you are currently volunteering or being paid in a role that requires a DBS.

<https://www.swimming.org/.../swim-england-foundation.../>

## **COUNTY/CLUB WELFARE OFFICER GENERIC EMAIL ADDRESSES**

Can all Welfare Officers ensure that if not already done that they replace their personal email address with a Welfare Officer generic email address for their Clubs. This will ensure that all relevant welfare and safeguarding emails are safely stored and available at all times. This Welfare Officer email address needs to be logged on the OMS site. Please be reminded that if you have ticked the box to say you do not wish to be contacted by SE then you will not be receiving the Swim England Newsletter or any Safeguarding updates.

## **Artistic Swimming Judge Training**

Swim England will be running an Artistic Swimming Judge 1 course via zoom on 7 Nov 6-9pm and 10 Nov 3-6pm (attendance at both is required to qualify). Those wishing to attend can register interest vis the link below:

<https://uk.surveymonkey.com/r/LYQQ2FE>

## **Chairs online information session – Part 1**

Swim England has developed and launched a NEW online Chairs information session aimed at those who are new to the role, would like to find out more information about the role or would like a refresher. It runs through the roles and responsibilities of a Club Chair, what developing a club looks like, safeguarding and welfare information and where support is available to Chairs. The information session is sent out to Club Chairs prior to attending our mandatory Chairs workshop to introduce the role and to go through if they wish, however it is also available to share wider. Please access the online information session [here](#)

*Please note: This information session will not be recorded on the individuals record and it will also NOT be mandatory.*

For any further information or questions around the session please email [clubdevelopment@swimming.org](mailto:clubdevelopment@swimming.org)



## **Para Swimming CPD For Technical Officials**

The next online presentation will be on Friday 11 October 2024 @ 7:00pm by Zoom, the presenters will be David Metcalf and Tony Ward (WPS ITO's).

The CPD is an introduction to officiating at events that include swimmers with a disability, aimed at swimming technical officials, Judge Level 1 or above. This CPD will give an overview of Functional Classification System, Terminology & Sport Class Overview including knowledge of World Para Swimming (WPS) rules and rule exceptions.

The CPD is free and attracts 3 points towards the renewal of the AquaGB Officials Licence. If you have already attended a similar Para Officiating CPD since June 2023, this is the same presentation and it is intended for new attendees.

To reserve a place on the course please click on the link below. You will be contacted after 2 October 2024 with the Zoom joining instructions.

<https://www.surveymonkey.com/r/Para1110>

Please note that registration will be capped at 150 people so remember after applying to make a note in your diary/calendar so that we maximise attendance on the day.

If you are not able to attend on this date, please register your interest at <https://www.surveymonkey.com/r/ParaRol> and you will be advised as future dates become available.

If you would rather attend the CPD in person the Midland Regions are also hosting this CPD in conjunction with the Midland Para-Swimming Development Meet on Sunday 13th October:

<https://tally.so/r/m6xXON>

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The course can be done at your own pace and you can be stopped and returned to it at any time.

The Foundation Safeguarding course does not replace the need for the Full Swim England Safeguarding in Aquatics (link [here](#)) course if you are currently volunteering or being paid in a role that requires a DBS.

<https://www.swimming.org/ios/course-information/swim-england-foundation-safeguarding-young-people/?>

[fbclid=IwZXh0bgNhZWOCMTAAAR1Uo08HxOgMrcajIBnwKeBjqyfWYpe3AxGfI3V5tuspgzKbTEW2NA-1x6U\\_aem\\_004telLTw3T7jNWxnOZ\\_jQ](https://www.swimming.org/ios/course-information/swim-england-foundation-safeguarding-young-people/?fbclid=IwZXh0bgNhZWOCMTAAAR1Uo08HxOgMrcajIBnwKeBjqyfWYpe3AxGfI3V5tuspgzKbTEW2NA-1x6U_aem_004telLTw3T7jNWxnOZ_jQ)

## **AGM Minutes Templates**

With many club AGMs coming up in the next few months, we wanted to remind you of the AGM minutes template created by Swim England. This is a really useful document to help ensure your AGM is run according to your constitution. <https://eastmidlandswimming.org/wp-content/uploads/2024/05/Annual-General-Meeting-Template.docx>



[Team Manager workshops](#)

[Time to Listen](#)

[Foundations of Inclusivity](#)

[Introduction to Disability Swimming](#)

[Competitive Starts](#)



## **Good Governance Workshops - Mandatory for Chairs and Welfare Officers**

[Club Chairs Workshop](#)

[Club Welfare Officer Workshop](#)

[Club Secretary/Membership Officer Workshop](#)

## **Safeguarding**

[Swim England Safeguarding Course](#)

[Swim England Safeguarding Refresher](#)

*For those who have completed the full Swim England course in the last 3 years*



## **Forums**

[Welfare Officers Forum](#)

[Chairs Forum](#)

### Course booking reminder - 4 ways to save money!:

1. Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Level 1 Coaching course reduced from £375 to £221.25 (41% discount)

Level 2 Coaching course reduced from £660 to £455.40 (31% discount)

2. If you are a SwimMark club then each year (in line with your reaccreditation date) you will have a £100 IoS voucher which can be used for courses or CPDs.

3. After the member has completed the course and received their certificate, the club can claim a [regional bursary](#) (criteria dependent) of £50 towards assistant coach courses, or £100 towards coach.

4. After the course is completed and certificated, look into the [county bursary funding](#) available.

# Assistant Coach & Coach Courses

## East Midlands courses

Course	Course Start date	Course venue	Course link
<u>Swim England</u> <u>Assistant Swimming</u> <u>Coach - Blended</u> <u>Learning</u> 	1st October 2024	West Park Leisure Centre	<a href="https://www.swimming.org/ios/course/10961">https://www.swimming.org/ios/course/10961</a>
<u>Swim England</u> <u>Swimming Coach -</u> <u>Blended Learning</u> 	7th November 2024	Castle Rock School	<a href="https://www.swimming.org/ios/course/11154">https://www.swimming.org/ios/course/11154</a>



# Assistant Coach & Coach Courses

## West Midlands courses

Course	Start date	Venue
<u>Swim England Water Polo Coach – Blended Learning</u>	25/09/2024	The Alan Higgs Centre
<u>Swim England Swimming Coach - Blended Learning</u>	03/10/2024	Wrekin College Sports Centre
<u>Swim England Assistant Diving Coach - Blended Learning</u>	29/10/2024	Tudor Grange Leisure Centre
<u>Swim England Assistant Swimming Coach - Blended Learning</u>	01/11/2024	Perdiswell Leisure Centre
<u>Swim England Swimming Coach - Blended Learning</u>	15/11/2024	Jubilee 2 Pool





# Officials and Event Volunteer Opportunities



*National call for Technical Officials for all sports*

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

[https://eastmidlandswimming.org/?ff\\_landing=18](https://eastmidlandswimming.org/?ff_landing=18)

**To add opportunities to this page please submit the details [here](#)**

Date	Location	Event	Official Sign Up	Volunteer Sign Up
October and November 2024	Hucknall LC and Arnold LC	<a href="#">Arnold Swimming Club 2024 Club Championships</a>	<a href="https://www.swim-meet.com/OfficialsSignup/Arnold/">https://www.swim-meet.com/OfficialsSignup/Arnold/</a>	<a href="https://www.swim-meet.com/VolunteersSignup/Arnold/">https://www.swim-meet.com/VolunteersSignup/Arnold/</a>
1st-3rd November 2024	Harvey Hadden Sports Village	<a href="#">East Midlands Short Course Championships</a>	<a href="https://swim-meet.com/OfficialsSignup/SEEM/">https://swim-meet.com/OfficialsSignup/SEEM/</a>	<a href="https://swim-meet.com/VolunteersSignup/SEEM/">https://swim-meet.com/VolunteersSignup/SEEM/</a>
15th December 2024	Hucknall LC	<a href="#">Ernehale Distance Meet 2024</a>	<a href="https://www.swim-meet.com/OfficialsSignup/Arnold/">https://www.swim-meet.com/OfficialsSignup/Arnold/</a>	<a href="https://www.swim-meet.com/VolunteersSignup/Arnold/">https://www.swim-meet.com/VolunteersSignup/Arnold/</a>
15th and 16th March 2025	Harvey Hadden Sports Village	<a href="#">Ernehale Open Meet 2025</a>	<a href="https://www.swim-meet.com/OfficialsSignup/Arnold/">https://www.swim-meet.com/OfficialsSignup/Arnold/</a>	<a href="https://www.swim-meet.com/VolunteersSignup/Arnold/">https://www.swim-meet.com/VolunteersSignup/Arnold/</a>
27th October 2024	The Arc Matlock	<a href="#">BMSC 40th Ghoul in the pool</a>	<a href="https://www.swim-meet.com/OfficialsSignup/BelperMarlin/">https://www.swim-meet.com/OfficialsSignup/BelperMarlin/</a>	<a href="https://www.swim-meet.com/VolunteersSignup/BelperMarlin/">https://www.swim-meet.com/VolunteersSignup/BelperMarlin/</a>
15th and 16th March 2025	Harvey Hadden Sports Village	<a href="#">Ernehale Open Meet 2025</a>	<a href="https://www.swim-meet.com/OfficialsSignup/Arnold/">https://www.swim-meet.com/OfficialsSignup/Arnold/</a>	<a href="https://www.swim-meet.com/VolunteersSignup/Arnold/">https://www.swim-meet.com/VolunteersSignup/Arnold/</a>
15th December 2024	Hucknall LC	<a href="#">Ernehale Distance Meet 2024</a>	<a href="https://www.swim-meet.com/OfficialsSignup/Arnold/">https://www.swim-meet.com/OfficialsSignup/Arnold/</a>	<a href="https://www.swim-meet.com/VolunteersSignup/Arnold/">https://www.swim-meet.com/VolunteersSignup/Arnold/</a>
October and November 2024	Hucknall LC and Arnold LC	<a href="#">Arnold Swimming Club 2024 Club Championships</a>	<a href="https://www.swim-meet.com/OfficialsSignup/Arnold/">https://www.swim-meet.com/OfficialsSignup/Arnold/</a>	<a href="https://www.swim-meet.com/VolunteersSignup/Arnold/">https://www.swim-meet.com/VolunteersSignup/Arnold/</a>