



## East Midlands Regional Updates – 05.04.2024

All regional updates and other regional information can be found on our website  
[www.eastmidlandswimming.org](http://www.eastmidlandswimming.org)

### Interest Registers/Course Requirements

Do you need a course or workshop? Let us know below!

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

### Key contacts and links

#### Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Regional Manager - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#) - Safeguarding or welfare concerns
- [Swim England DBS team](#)

#### Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)

## New Updates

### **Closing date reminder**

Reminder to all clubs entering the Long Course Championships that the closing date/time for all entries including relays, relay only swimmers and para-swimming entry forms is Monday 8th April at 6pm.

### **Course hosting (Swimming - Assistant Coach & Coach)**

The team are currently working with the IoS regarding 2025 course planning, the [requirements register](#) assists in these conversations. Course plans also consider where courses are in other Regions due to some course locations being close to the borders.

If your club is interested in hosting the below survey can be completed by Wednesday 17th April 2024:

<https://www.surveymonkey.com/r/SwimCourseHosting>

Subject to the clubs meeting the requirements:

For an Assistant Swimming Coach course we will need access to county level swimmers, for a minimum of 6 hours and a minimum of 6 lanes – any more than this is beneficial. Within these lanes they would need 6-8 swimmers.

For a Swimming Coach course we would need regional level swimmers, for minimum of 6 hours and a minimum of 6 lanes – any more than this is beneficial. Within these lanes they would need 6-8 swimmers.

With this in mind, we would need access to 3 club sessions which would offer a great learning experience. A smaller number of lanes may be considered however this will increase the number of practical sessions required.

## New Updates

### **How to Reduce Financial Admin Work**

Swim England's official payments partner, GoCardless, has issued advice on how aquatics clubs can reduce financial admin work and chasing late payments in its latest monthly article.

Read the full story [here](#).

### **SwimMark/Club Affiliation - April Clubs**

All April SwimMark/Club Affiliation clubs should have received a number of emails from Helen Bickerstaff over the last few months regarding SwimMark. As a gentle reminder, the deadline by which we are asking for all elements to have been approved is **Monday the 15th of April**. If you need further support please don't hesitate to contact Helen. For information regarding course, CPD and workshop bookings please visit [pages 5](#) and [6](#) of this newsletter.

The Chairs, Secretaries and Accreditation coordinators of the relevant clubs have been emailed however if you are unsure if your club is due for renewal this year, please click [here](#) for a list of April SwimMark/Club Affiliation clubs.



## Volunteers and officials needed!

Event Information	Date	Venue	Officials	Volunteers
Regional Championships	20th/21st April	Corby	<a href="#">Click here</a>	<a href="#">Click here</a>
	4th-6th May	Derby	<a href="#">Click here</a>	<a href="#">Click here</a>

## Water Polo Coaching Conference - Saturday 25th May at SportPark, Loughborough - 9am - 5pm

For full details, including the conference schedule, or to book on, [please click this link](#) - the cost for this conference is £20

## Regional Swimming Championship

Championship information is now available on [Championship Website](#).

## Swim Meet - Swimming software

The Region in conjunction with the five Counties has purchased a year license for all clubs and Counties to set up technical officials and event volunteer sign ups for their internal and external meets. Only one request for set up such be submitted per club, this should be completed via: [Swim Meet request](#)



**SAVE THE DATE**

# **OPEN WATER CHAMPIONSHIPS**

**SUNDAY 23RD JUNE 2024**

*Lake, 86 Spine Rd E, Cirencester GL7 5TL*



Swim England  
East Midlands



Swim England  
South West



Swim England  
West Midlands

Volunteers and officials needed! If you are interested please click the link to [register your interest via email](#)



Team Manager workshops

Time to Listen

Foundations of Inclusivity

Introduction to Disability Swimming

Competitive Starts



## Good Governance Workshops -

*Mandatory for Chairs and Welfare Officers*

Club Chairs Workshop

Club Welfare Officer Workshop

Club Secretary/Membership Officer Workshop

## Safeguarding

Swim England Safeguarding Course

Swim England Safeguarding Refresher

*For those who have completed the full Swim England course in the last 3 years*



## Forums

Welfare Officers Forum

Chairs Forum

### Course booking reminder - 4 ways to save money!:

1. Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Level 1 Coaching course reduced from £375 to £221.25 (41% discount)

Level 2 Coaching course reduced from £660 to £455.40 (31% discount)

2. If you are a SwimMark club then each year (in line with your reaccreditation date) you will have a £100 IoS voucher which can be used for courses or CPDs.

3. After the member has completed the course and received their certificate, the club can claim a [regional bursary](#) (criteria dependent) of £50 towards assistant coach courses, or £100 towards coach.

4. After the course is completed and certificated, look into the [county bursary funding](#) available.



# Officials and Event Volunteer Opportunities



*National call for Technical Officials for all sports*

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

<https://www.surveymonkey.co.uk/r/OfficialVol>

**To add opportunities to this page please submit the details [here](#)**

Date	Location	Event	Event Level	Sign up link / Contact
13th April 2024	Alfreton LC	CP Sport Swimming Nationals	Swimming - Level 3	<a href="#">Officials Link</a>
20th/21st April	Corby	Regional Championships	Swimming - Level 1	<a href="#">Officials link</a> <a href="#">Volunteers link</a>
4th-6th April	Moorways, Derby	Regional Championships	Swimming - Level 1	<a href="#">Officials link</a> <a href="#">Volunteers link</a>
19th May 2024	Alfreton LC	Allen Urch MBE Memorial Meet 2024	Swimming Level 3	<a href="#">Officials Link</a> <a href="#">Volunteers Link</a>
23rd June 2024	Lake 86	Regional Open Water Championships		<a href="#">If you are interested in officiating or volunteering, please click here</a>