

Annual Report and Accounts 2023

Swim England East Midlands Annual Report and Accounts
January 2023 - December 2023

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 **Swim England**
East Midlands

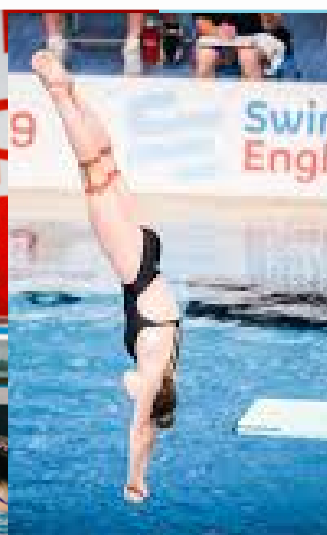


Table of Contents

CONTENTS

01.	President's Report	08.	Water Polo
02.	Chair's Message	09.	Workforce
03.	Artistic Swimming	10.	Regional Awards
04.	Masters	11.	SwimMark
05.	Open Water	12.	County Reports Derbyshire Leicestershire Lincolnshire Northamptonshire Nottinghamshire
06.	Para-Swimming	13.	Finance
07.	Swimming		

President's Report

I can say that I have thoroughly enjoyed my time as President and am so honoured to have been given such an amazing opportunity. I have however, had to overcome my phobia of having my photograph taken!

I have had such a busy time and have been invited, along with my husband, Graham to so many fabulous events over the last few months and am soon to be visiting all our County Championships across the East Midlands region. I am sure I will see some exciting racing at these events and can't wait to meet all the swimmers and those amazing volunteers who make these events happen.

I have witnessed many swimming competitions during my time as President, watching swimmers compete from all ages, but was especially impressed with the Masters competing at the National Masters Championships at Ponds Forge in October.

Another aquatic sport I was introduced to which I have found absolutely fascinating, (yet scary), was Diving. I attended the National Age Group Diving Championships at Sheffield in June and was so impressed with the young up and coming divers competing in this challenging sport. I was lucky enough to have been sat in the audience in front of some parents of competitors, who explained to a complete novice, exactly what the judges were looking for during the competition. I came away from that day with an absolute respect for anyone participating in this exhilarating sport.

I had the pleasure of presenting several awards at the East Midlands Regional Awards ceremony in Loughborough in September, alongside Doug Whitlam our Swim England National President, whom I have had the real pleasure of getting to know over the last few months, having attended a lot of the same events! It was great to meet so many volunteers and ambassadors of our many aquatic families at the event and I want to pay tribute to everyone who was nominated, for their time, passion and dedication to their particular sport.

President's Report

In November, Graham and myself were guests at the Swim England National Awards in Birmingham. It was great to see several East Midlands regional nominees and winners celebrated at this prestigious event.

After a few tumultuous years due to the pandemic and its legacy and the current economic situation we appear to find ourselves in, we need to be even more aware of what a fantastic aquatic community we have here within the East Midlands and celebrate it whenever we can, by supporting all of our members.

I would like to thank everyone for their kind invitations that I have received and the very warm welcome and generosity that has been extended to myself and Graham, wherever we have been. I have thoroughly enjoyed my time as President and am looking forward to the next few months ahead. It has been wonderful to be a spectator for a change!

Finally, I want to pay tribute to the Regional Board, Administration Team, Officials, Coaches, Teachers, Club Committees and amazing Volunteers, who support all of our aquatic sports participants across our Region, to encourage them all to reach their true potential and beyond.



Sarah Richardson
President of the Swim England East Midlands Region
2023-2024

Chair's Message

My Report on 2023 has more than usual in it regarding people, some good and some very sad.

Grace left us in January for a position in the West Midland Region with increased responsibility, having supported both Regions in the virtual office. Aware of our financial situation at the time, we decided to impose even more on Fiona and Helen.

Sadly we lost Brian Collis in October. Brian had been involved in the Region since its inception, having been part of Midland District even before that. We all hoped that he would be able to attend the Regional Awards Ceremony in September when he was to be presented with a token recognising the Award of Life Membership of the Region, but he was too ill to attend and died just a few weeks later. Always cheerful, Brian was Vice-Chair of the Region, and I have relied on him for many years as a source of help and advice. Always the pragmatist. We left the Crematorium Chapel to the sound of "I Won't Back Down"!

On a happier note, Fiona completed her Departmental Management training and was Awarded a Distinction by the Chartered Management Institute. Around the same time we decided that we were now in a position to afford a department for her to manage. At the end of the year we began recruitment for two positions to return our strength to pre-pandemic levels. Many thanks are due to Fiona and Helen for going 'above and beyond' for much of the year.

In September I was invited to the House of Commons for the launch of "Heart of Aquatics" which was part of the Swim England response to a number of high profile concerns about safeguarding in swimming. This then resulted in the 'Listening Project' which reported recently (to read Swim England's statement and access the report, please [click here.](#)) and will be at the forefront of much of our work in 2024.

Chair's Message

During the year we also began the process of demonstrating that the Region and its five constituent County Associations meet the required standards of governance for sporting bodies. We are pretty sure that we do, but need to be able to demonstrate it. We are further down the road than most other Regions, but need to finish it off.

On a similar front, there never seem to be enough Swimming Technical Officials to go round, but recent numbers show that we are better off than any other Region at all Licensing levels for numbers of Officials relative to the numbers of competitors. We have more Licensed Officials than ever before, but it seems that many of our volunteers discovered during the pandemic that there is actually a life out there without spending every weekend on a poolside. If you, or anybody you know, is thinking of becoming qualified, please do.

I can't end without thanking Doug Whitlam, President of Swim England for 2023-24. All over the Country, what an ambassador he has been for the East Midland Region, and very proud to see him around the Region in his National capacity.



John Hidle
Chair of Swim England East Midland Region

Artistic Swimming

Artistic Swimming continues to grow in the East Midlands particularly in the area of Masters with several clubs boasting Masters programmes for Novice, Intermediate and Advanced level Artistic Swimmers. Both Rykneld and Bramcote AquaStars sent swimmers to the National Masters Championships in July held in Sheffield at Ponds Forge.

On July 6th, the day before Masters Nationals, the Combo Cup competition took place at Ponds Forge. The Bramcote AquaStars 'Team Party' squad earned a GOLD medal in the 15U D1 event, while their 'Team Gatsby' earned a BRONZE medal in the 13-18 D1 category at the National event.

Going back even earlier to April 2023, Eve Young had an exceptional result at her first National Championships earning a Silver in the Free Solo event. Eve (who started at Bramcote AquaStars) has been a member of the GB squad since 2019. In 2023, she attended the Junior European Championships in Portugal alongside her GB teammates competing in the Duet, Free Team and Acrobatic Team events. She has recently made her Senior debut at the World Cup in Beijing in the Tech and Free Duet events. She is certainly one to watch!



Bramcote AquaStars
'Team Party' - Gold medalists in the
15U D1 event at the 2023 Combo Cup



Artistic Swimming

Following in Eve's footsteps, Celina Zakhary, Lilian Heathfield, Lois and Sophia Banadaki, Molly Doolin and Rhiannon-Rees Powell trained as part of the Regional Elite Squad. This stellar group of swimmers alongside swimmers from the West Midlands competed at the annual Regional Games in Bristol in June 2023 and we're pleased to say that the Midlands squad not only won the overall trophy... but they came 1st in all 3 events – figures, land and swim!

Building on her training as part of the Regional Elite Squad, Molly Doolin (of Bramcote AquaStars) has also been accepted onto the GB Youth Development squad.

Great swimmers tend to have great support systems and this past year Head Coach of Rykneld Synchro – Alyssa Ward - was awarded the Artistic Swimming Coach of the Year at the Swim England Regional Awards while the Bramcote AquaStars won Artistic Swimming Club of the Year in the Region.

Joint East and West Midland Artistic Swimming:

The Midlands Artistic Swimming Elite Squad trained between January and May with athletes from 4 Midlands clubs. The squad competed against other Regions at Regional Games and won the overall trophy.

In 2023 the East Midlands and West Midlands Regions jointly held:

- Midlands Regional Age Group Championships
- Midlands Regional Championships and Masters
- Midlands Regional Novice Competition
- 4 Grade Assessment Days

Masters Swimming

2023 Masters Inter-Counties moved to Moorways, Derby allowing all Midlands Counties to come together, unfortunately Lincolnshire were unable to attend.

There were a number of top 3 places nationally achieved by East Midland members.

Place	Team	Points
1	Warwickshire	525
2 (12th)	Nottinghamshire	410
3	Staffordshire	330.5
4 (19th)	Leicestershire	330
5 (21st)	Derbyshire	304
6	Worcestershire	278.5
7 (27th)	Northamptonshire	220
8	Shropshire	100

1st

Imogen Clark (Derbys) 18+ 50m Freestyle
Imogen Clark (Derbys) 18+ 50m Breaststroke
Victoria Reading (Northants) 35+ 50m Butterfly

2nd

Michael Kerslake (Notts) 45+ 50m Backstroke
Amy Konowalik (Notts) 35+ 50m Breaststroke
Lewis Warner (Notts) 18+ 50m Backstroke
Victoria Reading (Northants) 25+ 50m Backstroke

3rd

Ian Wilkes (Leics) 55+ 50m Butterfly
Rebecca Barsby (Notts) 25+ 50m Breaststroke
Steve Grossman (Northants) 65+ 50m Backstroke
Jane Mccarren (Leics) 55+ 50m Breaststroke
Jeanne Petit (Leics) 45+ 50m Butterfly

December saw the Regional Long Course Masters and Senior Age Group Championships run again with a number of new County, Regional and British Masters records set.

Throughout the year 38 new masters records where set.

Aimee Ramm (Loughborough Town) Long Course 50m freestyle, 100m freestyle, 50m butterfly

Amie Garforth (Co Lincoln Pentaqua) Long Course 800m freestyle, 1500m freestyle

Elaine Seager (Loughborough Town) Long Course 200m freestyle, 400m freestyle, 800m freestyle, 1500m freestyle, 200m butterfly, 400m IM. Short Course 800m freestyle, 1500m freestyle, 400m IM

Katie Maloney (Louth) Long Course 200m butterfly

Valerie Thorpe (Derby Excel) Long Course 50m freestyle, 200m freestyle, 400m freestyle, 800m freestyle. Short Course 200m freestyle, 400m freestyle, 800m freestyle, 1500m freestyle, 50m breaststroke, 100m IM

Victoria Reading (Northampton) Long Course 100m backstroke, 50m butterfly, 100m butterfly. Short Course 200m backstroke, 50m butterfly, 200m IM

Chris Orchard (Deepings) Long Course 200m breaststroke, 400m IM

Garry Vickers (Etwall Eagles) Short Course 50m breaststroke

Julian Pavier (Worksop Dolphins) Short Course 800m freestyle

Mark Patterson (Calverton & Bingham) Long Course 200m IM

Paul Allen (Boston) Short Course 100m freestyle

William Sampson (Melton Mowbray) Long Course 400m freestyle,

Open Water Swimming

The 2023 Open Water Championships went ahead at Lake 86, alongside the West Midlands and South West. This offered an entry level opportunity as well as National Age Group qualifying opportunity and Masters Championships.

National qualifiers from the Championships:

2k: Isobelle Raffety (Bassetlaw Swim Squad), Kitty Lamb, Lucy Wilson (South Lincs Competitive), Maddie Walden, Mia Allan, Teagan Payne (Northampton SC), Seth Hems Gillson (Repton), Xavier Smith (Daventry Dolphins)

3k: Elizabeth Palfrey (Loughborough Town), Ella Prior (Corby), Emily Webb (Bassetlaw Swim Squad), Graxe Grindrod, Lana Webb (Northampton SC), Hannah Bruce (South Lincs Competitive), Brodie Butlin (Nova Centurion), David Bucur, Euan Hayes-Wormall (Worksop Dolphins), Finlay Stephenson (Co Leicester), Matteo Monaco (South Lincs Competitive), Reuben Hubinger (Repton)

5k: Abby Mitchell (Co Leicester), Francesca Palfret (Loughborough Town), Hannah Dodwell (RAF Swim Team), Lucy Dando (Corby), Rachel Webb (Bassetlaw Swim Squad), Sophie Martin (Chesterfield), Sophie Ludlam (Leicester Neptune), Aaron Johnson (Repton), Elliott Barker (Northampton SC), Jack Goldfinch (Loughborough Town)

Para-Swimming

The Region alongside the West Midlands continued the previously run para-swimming programme. The sessions were lead by Head Coach Carla Bickerstaffe. These sessions equip swimmers with the base knowledge for entry into the para-swimming pathway covering stroke mechanics and racing skills as well land work. The sessions are open to all classified swimmers and those looking to be classified as the sessions also act as vehicle a for swimmers skills sign-off to be considered for classification.

Many of the swimmers from the training sessions went on to be classified at the Midlands Para-Swimming meet in October at Rugby, where alongside the competition 2 classification panels were held.

2023/2024 Podium

Tully Kearney (Loughborough University)
Maisie Summers-Newton (Northampton SC)

2023/2024 Podium Potential

Bruce Dee (Northampton SC)
Amber Haycock (Northampton SC)
Eliza Humphrey (Northampton SC)
Scarlett Humphrey (Northampton SC)
Megan Neave (Repton)

2023/2024 Swim England Para-Swimming Bespoke Programme

Rose Webb (Northampton)
Orlaigh Greer (South Lincs Comp)
Luke Boyles (Loughborough University)

Swimming

National Programmes

2023/2024 Endurance Initiative

Austyn Manley (Repton), Oscar Dodds (Co Leicester), Thomas Wilkinson (Chesterfield), Lydia Cordle (Repton), Thomas Swales (Nova)

2023/2024 National Age Group Development Programme

Joe Helps (Repton), Billy Harding (Repton), Anna Clarke (Co Leicester), Jessica Lines (Co Leicester), Ryan Moss (Nova), Jacob Fish (Grantham), Joseph Lauda (Repton), Eddie Baron (Nova), Esmee Slinn (Co Leicester), Harvey-Jay Allsopp (Nova), Francesca Harrison (Co Leicester), Oliver Davies (Co Leicester), Sadie Llewellyn (Repton), Thomas Swales (Nova), Ethan Soppett-Moss (Corby), Jaden Leo (Derby Excel), Lilli-Rose Carr (Nova), Benjamin Roberts (Nova), Elodie Pearcey (Repton), Grace Macdonald (Nova)

2023/2024 National Youth Development Programme

Alyssa Lo (Co Leicester), Owen Johnson (Repton)

2023/2024 Youth Performance Squad

Amber Haycock (Northampton), Bruce Dee (Northampton), Eva Okaro (Repton), Jacob Mills (Co Leicester), Oscar Bilbao (Repton)

2023/2024 Performance Squad

Alex Cohoon (Loughborough University), Greg Butler (Loughborough University), Honey Osrin (Loughborough University), Imogen Clark (Derby Excel), Lily Booker (Loughborough University), Sienna Robinson (Loughborough University), Toby Robinson (Loughborough University)

2023 (Yr 1) DiSE

Alexandra Bulat (Co Lincoln Pentaqua), Findlay Cordle (Repton), Hannah Hodgkiss (Repton), Laurel Roberts-Burrell (Nottingham Leander), Rachel Webb (Bassetlaw SS), Millie Wells (Co Leicester), George Whittle (Derby Excel), Emilia Cieszczyk (Northampton SC)

Coaches on 2023/2024 programmes

Craig Prime (Repton), Harry Pickering (Co Leicester), Jamie Evans (Co Leicester), Mark Tanner (Chesterfield), Michael Glossop (Bassetlaw Swim Squad), Oliver Tipping (Long Eaton), Paul Imrie (Nova), Liam Noonan (Northampton)

Swimming

Championships & Events

The 2023 Long Course Championships moved into Moorways for the first year, due to the Coronation. Corby were very supportive in moving venue last minute. The Championships approach was taken to continue to support the return to competition by including an additional weekend and continuing the two tier entry approach to look forward to moving towards a pre-covid approach in 2024.

The Short Course weekend was expanded to include a Friday evening to allow a more open approach to the 800m freestyle and 1500m rather than combined open/male and female events with the 2023 Winter Nationals now moving to offer these events for all swimmers.

The distance time trial ran successfully with great support from the Regions officials to increase the opportunities for distance swimmers inside the qualifying window.

The Festival of Swimming was a positive continuation with a large number of swimmers qualifying for the 2023/2024 Regional Development Programme from the 200m IM run at the event.

Regional Development Programme 2023/2024

The 2023/24 Programme looked to increase the number of opportunities so invited up to 36 swimmers to the full programme and up to 24 swimmers to the education element.

Swimmers:

Abigail Golyner (Co Leicester), Alex Bates (Chesterfield), Arthur Blacklaws (Co Leicester), Chloe Gent (Co Leicester), Cole Burke (Belper Marlin), Corey Butterell-Quanbrough (Bassetlaw SS), Daisy Taylor (Worksop Dolphins), Daisy Tatlow-Turner (Chesterfield), David Smurawa (Rykneld SC), Eden Saint (Derby Excel), Emilie Webb (Grantham), Evelyn Norvock (Dronfield Dolphins), Finlay Bird (Derby Excel), Florence Senior (Co Leicester), Freddie Burdett (Co Leicester), George Cotton (Derby Excel), Hannah Marsden (Daventry Dolphins), Harry Lucas (Co Leicester), Isabel Plummer (Derby Excel), Isabella Bishop (Rushden), Isla Gray (Grantham), Isla Oconnor (Bassetlaw SS), Jack Smith (Co Leicester), Jaidan Mapara (Leicester Sharks), Janie Finch (Co Leicester), Kaia Isabella Dawson (Corby), Livi Vickers (Long Eaton SC), Lydia Cordle (Repton), Maisie-Leigh Simpson-Dawson (Repton), Maya Almohammed (Nottingham Leander), Nikita Bals (Northampton SC), Noah Bielby (Kettering ASC), Oliver Ashman (Co Leicester), Oliver Garner (Co Lincoln Pentaqua), Oliver Shooter (Nova), Olivia Lee (Derby Excel), Olivia Mccall (Repton), Orna Lett (Northampton SC), Raymond Dalby-Rose (Worksop Dolphins), Reuben Meadows (Bassetlaw SS), Riley Hamer (Co Lincoln Pentaqua), Samuel Green (Bassetlaw SS), Sasha Dzus (Nova), Sebastian Casey (Hinckley), Seth Hens Gillson (Repton), Skye Holmes (Louth), Thomas Collins (Bassetlaw SS), Thomas Lowton (Nova), William Oxley (Co Leicester), Zach Lambert (Derby Excel)

Staff members:

Head Coach: James Stannard (Grantham)

Skills Coaches: Claire James (Wellingborough), Oliver Tipping (Long Eaton), Paul Imrie (Nova), Marcus Birmingham (Repton) Sam Peeroo (Deepings), Richard Apps (Co Lincoln Pentaqua)

S&C Coach: Callum Henley

Lead Team Manager: Anna Plowman (Northampton) Team Manager: Katie Maloney (Louth)

Swimming

Records

2023 has been an extremely quiet year for swimming records with only 4 records being broken in the 12 month period.

All the records broken have been in the Male/Open Category with Jacob Mills & Alex Casey improving the records in 3 events. Jacob Mills, City of Leicester, continued his impressive form from 2022 in the Junior Male/Open category with the following long course records being broken:

Junior Male/Open Long Course 100m Freestyle:

March 2023: 51.77 (previous time was 52.03)

April 2023: 51.44 (lowering the 51.77 set the previous month)

Junior Male/Open Long Course 50m Freestyle:

March 2023: 23.60 (previous time was 23.81)

In the senior male/open category only one record was ratified during 2023. Alex Casey, Loughborough University Swim Squad, broke the following short course record:

Senior Male/Open Short Course 100m Individual Medley:

December 2023: 54.41 (previous time was 55.30)

Alex broke this record for the first time at the same event in 2022 which at that time had stood since 2011.

Congratulations to both Jacob and Alex. Sadly there were no female records ratified during the whole of 2023, continuing the trend from 2022 when only one record was broken.

Hopefully during 2024, being an Olympic year, the East Midlands Region will see more records claimed both short course and long course.

Details of the current records can be found on the East Midlands website along with the procedure for claiming a regional record.

Swimming

Licensing report

Leaving aside Regional and County events, there were five Level 1 meets held by Regional clubs, seven Level 2 and eighty at Level 3. A total of 238 Level 4 Licences were issued.

It is clear that the demand for Open Meet Licences continues to increase, perhaps understandably as clubs are keen to replenish their depleted coffers.

There is concern Regionally and Nationally that there are now too many Open Meets being organised, causing issues over availability of Technical Officials and other volunteers, as well as the number of swimmers available to swim in them each week. Long established meets with their place on the calendar from year to year seem to continue to attract their usual level of entries, but events new to the calendar are struggling to attract sufficient entries, resulting in a reduction of the number of sessions, reductions from a weekend event to just one day, or even in a small number cases actual cancellation.

A total of £20,362 was raised from the Licence Levy towards Development in the Region.

Water Polo

2023 Inter-Regional Teams

U18 boys

Reuben Wall (Hucknall), Matas Tarsauskas (Nottingham Leander), Harrison Leeke (Northampton WPC), Luc Moothia (Nottingham Leander)
Lenny Hilton (Grantham WPC), George Stephanson (Grantham WPC), Alex Bellamy (Grantham WPC), Donnacha Macmannus (Northampton WPC), Iolo Roberts (Northampton WPC), Loic Wightson (Northampton WPC), Thomas Perks (Grantham WPC) Christian Jewiss-Burrows (South Derbyshire), William Newham (Calverton & Bingham)

U16 boys

Reuben Izod (Grantham WPC), George Hatch (Calverton & Bingham), Ciaran Long (Northampton WPC), Max Horsfield (Grantham WPC / Calverton & Bingham)
Thomas Hughes (Grantham WPC), William Newham (Calverton & Bingham), Alex Moothia (Nottingham Leander / Calverton & Bingham), Finley Emery (Northampton WPC), Oliver Vasconcellos-Blanch (Northampton WPC), Dawid Bielawski (Northampton WPC), Daniel Iyemey (Calverton & Bingham / Grantham WPC), Frank Lamb (South Lincs Competitive), Dominic Wojciechowski (Grantham WPC), Michal Wojcik (Northampton WPC), Ollie Hatch (Calverton & Bingham)

U14 boys

Oliver Kingham (Grantham WPC), Ethan Buckley (Northampton WPC), Max Glennon (Northampton WPC), Reece Barnard (Northampton WPC), Sam Bellamy (Grantham WPC)
Seth Newton (Grantham WPC), Stirling Hickman-Wright (Daventry Dolphins SC), Ray Swainson (South Derbyshire WPC), Jonah Ansell (Northampton WPC), Ford Wiles (Northampton WPC), Frey Wiles (Northampton WPC), Jack Auburn (Northampton WPC), Fraser McKenzie (Northampton WPC)

U16 girls

Sophie Leveridge (Hucknall WPC), Abigail Davie (Northampton WPC), Isla Kolbert (Grantham WPC), Georgie Coles (Grantham WPC), Alice Berrill (Northampton WPC), Sophia Cane (Grantham WPC), Isla Gray (Grantham WPC), Connie Harding (Grantham WPC), Evie Livsey (Grantham WPC), Florence Sadler (Grantham WPC), Emilie Webb (Grantham WPC), Ivy Williams (Hucknall WPC), Jasmine Richards (Hucknall WPC), Imogen Jackson (Grantham WPC), Alba Clayton (Grantham WPC)

2023 (Yr1) DiSE

Saule Gabryte (Hucknall WPC), Matas Tarsauskas (Nottingham Leander)

Workforce

Coaching Courses

The Regional team has continued to work with the IoS around courses. During 2023 the process across the Country was amended for all bookings to go through the IoS rather than the Region as the hosts, which significantly increased course access to clubs particularly those close to borders of other Regions, with the interest register continuing to be the base for establishing courses.

CPDs & Workshops

Team Manager Module One	Team Manager Module Two	Time to Listen
Courses Delivered	Courses Delivered	Courses Delivered
24	4	11
Number of Attendees	Number of Attendees	Number of Attendees
275	37	34

Safeguarding courses continue to be accessed via the IoS and Sports Structures, with the Swim England refresher being accessed through the IoS.

Where clubs haven't used their SwimMark voucher for coaching courses we continue to encourage that these are used for booking safeguarding courses with the Swim England course being the only accepted courses from 1st January 2024 to support the Heart of Aquatics.

Regional Awards

We were very proud to host our first in-person regional awards in September - although some of the old guard may remember award ceremonies many moons ago (before Helen or Fiona were in post!)

The awards were held at Burleigh Court in Loughborough and were a wonderful chance to to celebrate and thank all our nominees for their time, dedication and contributions to aquatics in the East Midlands.



Regional Awards 2023

Club of the Year
(Artistic - Swimming)



Bramcote AquaStars

Bramcote AquaStars

“The club is always identifying opportunities to grown... They are inclusive and supportive of surrounding clubs too . They have a great ever growing team of volunteers who are very well looked after and appreciated. ”

Alyssa Ward - Rykneld

“Alyssa is an inspirational coach. She has made dreams a reality for our swimmers through her talent and commitment to coaching and artistic swimming. Her talent for coaching has improved the abilities of the whole coaching team, enabling us to also become better coaches and our swimmers to achieve more.”

Regional Awards 2023



Coaching Award
Artistic Swimming
Alyssa Ward

Regional Awards 2023



Club of the Year
(Swimming)

Radford Swimming Club

Radford SC

"The club is a small inner city club with a membership of around 80. In 2021 our home pool was closed down and we have had to fight to gain pool time. This year 45 of our members competed at County Level, 26 at Regional level and 2 at National level."

Charlie Goddard- Leicester Neptune

" Kind, encouraging, engages with all members, no matter their background, [he] goes out of his way to put others and the club first. "

"Charlie shows outstanding commitment to coaching the juniors. Being so young himself helps him relate to what they need. He shows outstanding maturity, patience and skill in his sessions."

Regional Awards 2023

Coaching Award
- Swimming

Charlie Goddard



Regional Awards 2023



Club of the Year
(Water Polo)
-
Grantham Water
Polo

Grantham WPC

"As a water polo club we have over 100 active members and the majority of those are juniors. We are competitive at younger levels and are developing so that may continue into the senior group. To this we have entered a womens' league and this is allowing the younger female players to continue in the club."

"Dave's hard work has allowed the development of all the other coaches and pool side helpers as they are clear about their roles and what they are aiming to get the players to do. His clear session plans and over all plan has ensured the improvement in the delivery of water polo skills at the club"

Regional Awards 2023

Coaching Award
- Water Polo
Dave Lord



Regional Awards 2023



Youth Volunteer
of the Year
Jack Coleman

"Jack has volunteered hundreds of hours into swimming, as an official, volunteer teacher, volunteer workforce coordinator, and Team Manager. On top of all this, He is also studying a degree, but still finds time to give back to the sport he loves so much... [with] ambition, dedication and creativity ... it is a pleasure to work with him."

"Her commitment to Leicestershire swimming remains unabated. She is an extremely competent and a highly thought of... No task is too great for Sue. She is well liked and well known within the swimming community and her support has not been just for this past twelve months but over several years. "

Regional Awards 2023

Volunteer
of the Year
Sue Wainscot



Regional Awards 2023

Technical Official of the Year

Ann Basford



Swim England

East Midlands

“[Ann] is always willing to help out at Open meets, and helps as many clubs as she can, often not having a free weekend for weeks. She often organises the roles of the officials in attendance, taking care to be fair, and helping allocate any trainees the opportunity to shadow. She is kind to everyone, and a joy to work with. She is a much beloved Derbyshire official and fully deserves this recognition.”



I must start my report for this year by giving much thought to Brian Collis who had been a member of the SwimMark Panel from day one, in the days when we had to look through volumes of files to assess the clubs and to award their annual Swim21 as it was then called. Sadly, Brian passed away at the end of the year. He will be greatly missed by all who were involved with him on the SwimMark Panel.

As a region, we continue to have the highest percentage of clubs accredited but it has not been without a great deal of time and energy given to the clubs by Helen Bickerstaff, our Club Development Manager.

As I always say having SwimMark accreditation means that clubs are looking after their swimmers by ensuring that all volunteers who go onto the poolside in various roles have the right qualifications and safeguarding to support their role. It also means that the Clubs are looking after their volunteers and paid staff. SwimMark has changed slightly over the year with a number of templates being integrated but the ethos has not changed.

I look forward to our Clubs continuing to support SwimMark. It can be an easy task if Clubs review SwimMark on a monthly basis but if clubs fail to look at SwimMark until their review is looming it becomes a very hard task.

As always thank you to Roger, Geraldine and Mike who have supported me at the SwimMark Panel meetings and thank you to Helen and Fiona for their support given to all clubs.

Ursula Beck
Regional Swim Mark Panel Chair



Accredited clubs 2023

A big congratulations and thank you to the following clubs for all of their hard work:

- Arnold SC
- Ashbourne & District SC
- Bakewell SC
- Bassetlaw Swim Squad
- Belper Marlin SC
- Bingham Penguins SC
- Bircotes SC
- Boston Amateur SC
- Brackley SC
- Bramcote SC
- Braunstone SC
- Buxton & District SC
- Calverton and Bingham SC
- Carlton Forum SC
- Chesterfield SC
- City of Leicester SC
- City of Linc Pentaqua SC
- Coalville SC
- Corby ASC
- Corby Steel Diving
- Daventry Dolphins SC
- Deepings SC
- Derby Excel
- Derby Phoenix SC
- Dolphins of Spinkhill SC
- Dronfield Dolphins SC
- Eckington SC
- Etwall Eagles SC
- Gainsborough Dolphins SC
- Glossop SC
- Grantham SC
- Grantham WPC
- Green Arrows SSC
- Hinckley SC
- Horncastle Otters SC
- Hucknall SC
- Hucknall WPC
- Ilkeston SC
- Kettering SC
- Kimberley SC
- Leicester Masters
- Leicester Penguins SC
- Leicester Sharks SC
- Lincoln Trident SA
- Lincoln Vulcans SC
- Long Eaton SC
- Loughborough Town SC
- Louth Dolphins SC
- Mansfield SC
- Market Harborough SC
- Matlock and District SC
- Matlock WPC
- Melton Mowbray SC
- Nene Valley SC
- Neptune (Leicester) SC
- Northampton SC
- Northampton WPC
- Nottingham Leander SC
- Nottingham Northern SC
- Nova Centurion SC
- Oadby & Wigston SC
- Radford SC
- Repton Swimming
- Retford SC
- Ripley SC (rascals)
- Rothwell SC
- Rushcliffe SC
- Rushden ASC
- Rykneld SC
- Shepshed SC
- Sherwood Colliery SC
- Skegness ASC
- South Derbyshire WPC
- South Lincs Competitive
- Sutton In Ashfield SC
- Swadlincote SC
- Wellingborough SC
- Worksop Dolphins SC

County Reports

Derbyshire



2023 continued to build on the successes of 2022 across all levels of County Swimming and in preparation for the Paris Olympic Games. Despite ongoing challenges following the impact of the pandemic and financial pressures through inflation and cost of living, the County welcomed the continued development from the three performance pathways at Repton, Derby Excel and Chesterfield North.

Several Derbyshire swimmers competed at the World Swimming Championships in Doha. Adam Peaty had a successful return to racing, winning a bronze medal in 100m breaststroke and a bronze in the mixed 100m medley relay. Abbie Wood continued going from strength to strength winning a silver medal in the 4 x 200m freestyle relay. Jacob Whittle swam in the heat and final of the men's 4 x 100m freestyle relay. The team finished in 4th place, narrowly missing a medal but securing a place at the Olympics in this event. The aforementioned swimmers competed with the best swimmers in the country to try to book their place in Paris in August.

As Repton Swimming Club embark upon only their 4th year, they continue their journey with the amazing achievement of securing twenty three swimmers at the Aquatics GB Championships 2024. These championships act as the qualification meet for this summer's Olympic Games in Paris. Taking part in a range of events, and in all strokes and distances from 50m to 1500m, the club members competing from Repton Swimming are:

County Reports

Derbyshire

Annabel Crees; Austyn Manley; Cameron Jamieson; Connie Palmer; Ellie Broughton; Eva Okaro; Hannah Capron; Hannah Hodgkiss; Harriet Oxley; Holly Marshall; Holly Robinson; Izabella Okaro; Jessica Smelt; Jude Denning; Laurie Devine; Leo Pollock; Lydia Cordle; Mabli Collyer; Maddie Emmet; Megan Neave; and Will Tonks (representing Boldmere).

Derby Excel continued to build on their successes with fourteen swimmers competing over the 6-day meet, Imogen Clark won a bronze medal in the 100m breaststroke Paris final, in a time of 1.07.37, just 0.02s outside her personal best. This is not her favoured event, being a 50m breaststroke specialist and the UK record holder, but she was fiercely competitive as always, and finished just outside the consideration time for the Olympics.

Georgina Pryor maintained her usual high standards and showed her versatility over 3 different strokes in her four events. She qualified for three B finals, winning the 100m butterfly in 1.00.21, improving from her heat swim time of 1.01.00. Georgie, the reigning UK short course 100m backstroke champion, was 2nd in the 100m backstroke B final in 1.02.34, a new personal best time. She was 5th in the B final of the 200m freestyle in 2.01.81 (another PB).

Anna Tyers showed once again what an outstanding talent she is. She qualified for four events, making the junior in 100m backstroke and finishing in third place with 1.03.26 (a PB), an improvement of 0.7s from her heat swim. Anna has improved her PB by 4 seconds in the past 12 months, a wonderful achievement.

George Whittle made two Junior Finals, finishing third in the 100m backstroke in 56.78s, having posted 57.05s in the heat swim (both PBs).

County Reports

Derbyshire

Doug Whitlam commenced the year in his role as President of Swim England and welcomed the opportunity to attend events across all disciplines throughout the swimming calendar. Doug's main observations being the exceptionally high standards within the sport and the warm welcome that he had received on every visit.

To add to the success of Derbyshire swimming the County welcomed the news that Margaret Roberts had been selected as Lead Referee at the Masters Open Water World Championships in Japan.

The Season continued with even more success as many Derbyshire swimmers competed at the British Championships, British and English Nationals, as well as the Winter Nationals.

Following promotion to the First Division Derbyshire continued to perform magnificently at the National County Team Championships, with 367 points to finish 8th.

Building on the success of the well-established Junior Grand Prix and County Championships, Derbyshire welcomed it's very first Open Masters Championships on Sunday 21st May 23. The gala ran well, lots of medals were awarded, the feedback from swimmers and coaches has been very positive so as a result the County will be running further Masters Championships in the future.

Derbyshire are very proud of all swimmers across the County who have continued to go from strength to strength. A special thank you is also extended to the Volunteers, Officials, Coaches and Parents/Carers who help to ensure that Derbyshire remains firmly on the swimming map.

County Reports

Leicestershire



2023 has been a busy year again for the County. We had a very successful Age Group and Championships at the beginning of the year, followed by our County Mini Meet Gala in June. It is always good to see our younger swimmers taking part in the Mini Meet Events as for some it is their first taste of what it is like to compete.

Leicestershire ran two successful Swim Camps in July and September for nearly 30 twelve year old swimmers. They were selected based on their swim times in the previous swim calendar at both long course and short course meets. At each camp they had two swim sessions, two land training sessions and presentations on topics including good training etiquette and competition strategy.

The feedback from the swimmers was excellent and they appreciated the support of the coaching team.



County Reports Leicestershire

Preparations went smoothly this year for our Leicestershire Masters Meet and Championships at Braunstone Leisure Centre held in in September which is becoming the event to take part in. Everyone who came performed very well and enjoyed it and commented how well run it was and pledged to return next year with even more of their teammates and so hopefully we can continue building this meet up year on year. Also, we were once again supported by kind sponsorship from "Carter Jonas" and with the support of their sponsorship we were able to cover all our costs and make a small profit this year for which we are really grateful.

In October we attended the Inter Counties Gala at Ponds Forge. We came 9th in the Second Division but if we put this into context, we are one of the smallest Counties, there were 37 County Teams taking part split between Division One and Two with 740 swimmers.

And again, we have done very well as a County for the Regional Awards this year. The East Midlands Region held a Regional Awards afternoon and at this ceremony the following received awards:

Jack Coleman (Coalville SC) – Youth Volunteer of the Year
Sue Wainscot (Hinckley SC) – Volunteer of the Year

It's fair to say that within the County we have had some huge achievements from our swimmers outside of the County.

Swimmers on Programmes:

- Swimming England Youth Performance Squad – Alex Casey
- Swim Scotland Junior Squad – Sean McCann
- Swim England Event Gap – Jacob Mills
- DiSE – Luke S, Abby M
- NYDP – Jacob M
- NAGDP – Lewis B, Niamh D, Sophie SG, Jessica L, Alyssa Lo, Darice P
- Regional Development Programme – Janie F, Will O, Emerson G, Jack S, Oliver A

County Reports

Leicestershire

Four Qualifiers for World Trials.

- Darice Platts – 400 IM.
- Jacob Mills – 50 Fc, 100 Fc.
- Abby Mitchell – 400 Fc, 800 Fc.
- Sean McCann – 400 Fc, 800 Fc, 1500 Fc, 200 Bk.

Swimmers selected for Junior International teams.

- Jacob Mills – European Juniors and European Youth Olympics
- Sean McCann – Youth Commonwealth Games (Scotland)
- Sean McCann - European Juniors Open Water

27 swimmers racing at a Summer Nationals.

- Scottish Nationals – 2 heat swims, 2 finals, 1 gold, 1 silver.
- British Nationals – 34 heat swims, 9 finals (11 top ten finishes).
- Open Water Nationals – 12th in the 13yrs 2km.
- English Nationals – 55 heat swims, 14 finals (21 top ten finishes), 3 silvers, 2 bronze.

International Results

- EJ – 24th in the 100 FC, 24th in the 50 FC
- EYOF – 2 silvers, 4th in the 50 FC, 5th in the 100 FC
- YCG – 9th in the 1500 FC, 5th in the 400 FC

- End of season Record review
- One English Age Group record equalled.
- One English Age Group record broken.
- Ten Regional Junior records broken.
- Fifteen LASA records broken.

County Reports

Lincolnshire



The 71st Age Group County Championships took place during January and February with 2016 entries from 297 County club swimmers. Relay events were re-introduced to the programme with 47 relay events taking place throughout the championships.

There were 9 Championship Records achieved –

- Ethan Riches (CLP) – 100m IM – 58.70

The remaining 8 were new records recorded for the first time this year since introducing the Junior title for all 50m races.

- 50m Freestyle Male Junior record – Jacob Fish (Grantham) – 27.78
- 50m Free Female Junior record – Grace Macdonald (Grantham) – 28.85
- 50m Backstroke Male Junior record – Jacob Fish (Grantham) – 31.12
- 50m Backstroke Female Junior record – Grace Macdonald (Grantham) – 30.62
- 50m Breaststroke Male Junior record – Zach Hopkinson (Grantham) – 34.86
- 50m Breaststroke Female Junior record – Alice Mae-Downs (LV) – 36.99
- 50m Butterfly Male Junior record – James Nichols (Grantham) – 30.09
- 50m Butterfly Female Junior record – Lilli-Rose Carr (CLP) – 30.43

There were 3 Age Group best times recorded:

- In the 15 years age group Olivia Anstey (Louth) broke the 100m Breaststroke record from 2009 (2.14.85) with a time of 1.14.41.
- In the 16/o age group Jennifer Horn (CLP) broke her own 50m Butterfly record set in 2020 (28.61) with a time of 28.48.
- In the 16/o age group Ethan Riches (CLP) broke his own 100m IM record set in 2022 (58.90) with a time of 58.70.



The Lincolnshire County Pathway Event

The County pathway was again a great success through the year with 2 camps, and an online education taking place, we had 48 swimmers invited, divided into two groups of 24 for the camps, these consisted of two pool sessions, one land session and a classroom-based workshop. James Stannard (Grantham) was lead coach supported by coaches and team managers from across the Lincolnshire clubs.

Lincolnshire Open Water Championships

The 18th of June saw the County open water championships take place at Activities away. We had 79 competitors (46 age group and 33 masters). The competitors came from 9 separate clubs around the county. The youngest was 11 and the oldest 71. Awards and medals were given out to the top 3 males and females in each age group. The County Championship aim is to provide a springboard to other competitions - and it succeeded in that goal. Following the event 14 went on to regional championships and 5 qualified for English National Open Water Championships.

The SE National Team Championships

The SE National Team Championships took place on the 8th of October at Ponds Forge, the Lincs team finished 14th, a thank you to all the swimmers that represented the County they did the County proud. There were some strong swims against very strong competition. Thanks to Mark Anstey and Di Adams from Louth who supported the team as coach and team manager and to Ghena Bulat and Maria Wasley-Founds from CLP who represented the County as officials.

The Lincolnshire County Masters Championships

The County Masters championships took place on the 15th of October. There were 71 one masters taking part, with 274 individual entries and 38 relay entries. Top team on 222 points was City of Lincoln Pentaqua. Top female on 18 points was Katie Maloney Louth. And joint top male on 16 points was Gareth Cocks (CLP) and Sean Cuffley (LV).



Water Polo

Both Water Polo clubs are doing well the numbers of members are high in both Spalding and Grantham with lots of fixtures played. Both clubs have thriving Junior and Senior sections. The following are highlights of the year: Spalding have made great use of the Bourne outdoor pool over the summer months organising a successful tournament which they are hoping to expand next year. They continued their annual tour to Holland where they were able to take two teams for the first time. The tournament was a huge event with 116 teams taking part.

Both clubs are very active in competitive leagues ranging from the Hertfordshire league to the Wakefield & District league which give all players valuable match experience. Both clubs have great volunteer support to host home games and support to travel considerable distances for Away fixtures.

Several senior players are now competing in the National Conference league in a mixed team comprising senior men from Grantham, Spalding and Northampton. This gives the opportunity for higher level competition to increase the quality of water polo in the county.

Regional Awards

At the Regional awards Grantham water polo club did extremely well with David Lord winning the water polo coaching award, Sally Dunlop runner up in the technical official category, and Gareth Chen-Rees nominated for volunteer of the year, with Grantham water polo club winning the water polo club of the year award.

Neil Walker of South Lincs was also nominated in the technical official's category.

County Reports

Northamptonshire



In October we were very sad to lose Brian Collis after a long battle with illness. To name just a few of Brian's many roles; he was the Vice-Chair of the region, a past Northamptonshire ASA and East Midland regional president, Northamptonshire ASA Swimming & Development Secretary and a life member of Corby Swimming Club. Brian will be greatly missed and fondly remembered by the swimming community in Northamptonshire and the wider East Midland region.



Brian Collis

4th August 1947- 13th October 2023

County Reports Northamptonshire

Like all counties, we started our year with our County Championships, a boost in attendance from 2022, but still a way to go before reaching pre-covid levels. We were delighted to welcome mayors from across the county towns to present various awards to swimmers.

In March several swimmers attended the citi Para Swimming World Series inc British Para Swimming International Meet in Sheffield. Rose Webb, Scarlett and Eliza Humphrey, Amber Haycock, Maisie Summers-Newton, Bruce Dee, and Imogen Dodds all competed at the qualifier for the World Para Swimming Championships, with county clubs Northampton, Wellingborough, and Rushden represented.

In April Chloe Goodridge from Northampton competed at the Fukuoka World Championship Trials in Sheffield, racing in 400, 800 and 1500 Freestyle, as well as 200 Backstroke. Betsy Wizard, racing with the Uni of Arkansas under the NSC banner, competed in 50, 100 and 200 Butterfly, 100 and 200 Freestyle, achieving two new county records.

Later that month, 150 Northamptonshire athletes took part in the East Midlands Championships in Corby and Derby.



County Reports Northamptonshire

In July our historic Wilkinson Sword Trophy Gala for 11/under swimmers returned after a three year hiatus. Before the pandemic the gala had been held annually since 1980. Congratulations to Corby who took victory for the first time in the history of the event.

Later in July saw the start of the British and Home Nations summer events. Northamptonshire had 20 athletes attend.

Corby

Sam Cooke - GB 200FL, 400IM; EN 100+200FR, 800FR (G), 100FL, 200IM

Ethan Soppett-Moss - EN 50FR (G), 50FL (G), 100FL

Lilly Tappern - EN 200FL, 200IM, 400IM (B)

Ethan Randall - EN 50+100+200BK

Northampton

Ben Gibbons - GB 1500FR, 200BK; EN 50+100BK, 800FR

Chloe Goodridge - GB 400+800+1500FR; EN 200BK

Eliza Humphrey - GB 50FR, 100FR (B), 400FR (GBR), 100BK, 100BR, 100FL (B), 200IM

Amber Haycock - GB 50FR, 100FR (S), 400FR (B), 100BK, 100BR, 100FL, 200IM (B)

Bruce Dee - GB 50+100+400FR, 100BK, 100BR, 50FL (G), 200IM (G)

Edun Rowe - GB 200FL; EN 200+400FR, 50+100FL, 200BK

Emilia Cieszczyk - GB 50+100+200BK

Betsy Wizard - GB 50FL, 100FL (G), 200FL (G)

Mario Vasconcellos-Blanch - GB 100FL; EN 100FR

County Reports Northamptonshire

Northampton (cont...)

Rose Webb - EN 50+100FR, 100BR, 200IM

Jack Bignell - EN 200FL, 200+400IM

Jack Hurry - EN 400IM

Mia Matthews - EN 50+100FL

Manav Mistry - EN 200BR



Wellingborough

Imogen Dodds - GB 100BK, 100BR, 100FL, 200IM

Aaron Flynn - EN 200BR

A small group of swimmers also took part in Age Group and Masters Open Water.

The World Para Swimming Championships took place in Manchester over the summer.

Maisie Summers-Newton - World Champion SM6 200IM, SB6 100BR, World Silver Medalist S6 400FR, 4th 50FL

Scarlett Humphrey - S11 50+100+400FR, 100BK, SM11 200IM



County Reports Northamptonshire

In September we hosted our short course competition, 50m events for all four strokes, and 100m IM. This event had no qualifying times for the first time, allowing a new group of up and coming swimmers to compete. We introduced SKINS relays for the first time, which was a fun event!

October saw the National Team County Championships descend on Sheffield. Team Northamptonshire came a respectable 13th in division two, as the smallest county in the country a result to be proud of!



44 Northamptonshire athletes competed at the East Midlands Short Course Championships in Nottingham, with several medals collected.

Finally a handful of Northants swimmers competed at the Swim England National Winter Championships in December at Ponds Forge, with Ethan Soppett-Moss, Louis Mitchell, and Sam Cooke racing for Corby, and Betsy Wizard representing Northampton.

County Reports Northamptonshire

Over the course of the year our masters swimmers competed at many events across the country, and the world!

We were well represented at the British Masters Championships in Sheffield in June, and the Swim England National Masters Championships (Short Course) in October.

Wellingborough's Steve Grossman broke countless British Records over the season, currently holding 12! He also travelled to Madeira in November to race at the European Masters Short Course event, where he shattered a European Record that had stood for more than six years in the 200 Backstroke, in what SE described as "swim of the week"

We commemorated RMB rep Terry Bream in September, with the County Certificate of Recognition, to thank him for his years of service to the sport in the county.

In closing this year's report, we would like to extend a huge thank you to our outgoing President, Andy Aitken. Andy has held office for the last few years, with his term being extended following the pandemic. He has carried out his duties enthusiastically during his entire tenure, and we are delighted that he will be staying close to the association as out official's secretary.



County Reports

Nottinghamshire



A fast and frenetic Nottinghamshire County Championships kicked off 2023, with our county clubs showing what they are made of over several packed weekends of long course racing at Harvey Hadden Sports Village.

The County Swim Squad (NOVA) had another successful British Championships in April with a strong showing of Performance squad swimmers qualifying and reaching finals. Iona Colbert and Callum Melville were both selected to take part in European Junior championships in Belgrade in July as a result.

Nottinghamshire swimmers shone at the East Midlands Regional Championships, which this year was split between Corby and Derby pools for the first time.

July and August saw a large contingent of county swimmers qualify for British and home nation championships. At British Summer Championships Lewis Warner won gold, Joe Greaves won two silvers and a bronze, Connie Phillips won a silver and two bronze medals and Owen Say won a bronze. Nottinghamshire turned out a strong team for the National County Team Championships at Ponds Forge in October, but despite valiant efforts and impressive swims, Notts were sadly relegated to Division Two for next season. We'll be back!

County Reports Nottinghamshire

In November we were proud to celebrate the 50th birthday of NOVA Centurion, with an afternoon tea for invited guests at the Orchard Hotel on the University Campus. It was fantastic to see so many faces from the County Swim Squad's past chatting and mingling with some of our young swimmers and a fitting way to mark such a prestigious occasion.

We rounded off another busy year in December with the County Swim Squad and other Nottinghamshire swimmers travelling to Swansea for some sea air and fast racing at the Swim Wales Winter National Championships.

It's been a difficult few months behind the scenes at Nottinghamshire ASA with the sudden passing of former EM president and Notts treasurer Kate Bull. It would not have been right for us to not mention Kate and the huge hole that has been left behind. Kate will be missed by everyone within Nottinghamshire that had the pleasure of sharing time around poolside with her.



Kate (Kathleen) Bull -
3 Feb 1949 - 7 Oct 2023

Finance

Independent examiner's report to the Management Board Swim England – East Midlands Region

I report to the Management Board on my examination of the accounts for Swim England East Midlands Ltd for the year ended 31st December 2023.

Responsibilities and basis of report

As the Management Board you are responsible for the preparation of the accounts in accordance with the accounting principles of providing a "true and fair view" of the Association.

It is my responsibility to examine the accounts and report whether any matters that have come to my attention may be of material significance.

My examination includes a review of the accounting records kept, the procedures used, and a comparison of the accounts prepared from those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as members of the Management Board. An independent examination does not involve gathering all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

The accounting reference date was changed in 2019 and requires an amendment to item 6.3 of the Constitution. The Company's gross income exceeded £250,000 during the accounting period, so the accepted principle is that your examiner must be a member of a professional body. I confirm that I am qualified to undertake the examination because I am a member of the Association of Accounting Technicians.

I have completed my examination and have identified technical issues which require resolving before the accounts are submitted, but I do not consider these to be material. I confirm that no other material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in an appropriate manner for the type and size of organisation. *or*
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.



Richard Faulkner FMAAT

Alexander Accountancy
12 Granary Wharf Business Park
Wetmore Road
Burton on Trent
Staffordshire
DE14 1DU

Dated: 12th March 2024

Finance

Swim England East Midland Region – Finance Report Year ended 31st December 2023

There was an overall surplus for the year of £92,798 compared to a budgeted deficit of £20,666. The surplus for the year ended 31 December 2022 was £90,898.

The fund balance at the end of the year stands at £443,489 (£350,691 – 31 December 2022).

Affiliation fees have increased by 10.33% on the previous year, with a reported income of £137,383 (31 December 2022 - £124,515).

The bank balance remains healthy at £435,357, an increase to that at 31 December 2022 of £71,983. The £435,357 is currently held in several accounts. Any balances held are all with the £85,000 compensation limit in mind and further accounts are being investigated.

The accounts show an increase in fund balances in the year of £92,798.

This year has been strong for the region and member numbers are slowly increasing being almost at pre-pandemic levels. There have been challenges for the regional staff who must be commended in their commitment.

Budgets – 31 December 2024

Budgets have been prepared and predict a deficit on administration of £4,070. This includes the investment in new staff members considered vital to the development of the support in the region. The budget for sport development is £47,882 which after a £2,000 contingency leaves an overall deficit of £53,952. The reserves can support this deficit and the regional forecasts show the finances remaining in a strong position.

All expenditure and financial decisions will be made in light of the budget and the region will look to protect finances to secure the future development of the sport.

Reserves

The board have agreed that the minimum reserves and cash balance should remain at £120,000.

Deborah Dean
Finance Manager

Finance

	31.12.23 £	31.12.22 £
Income		
Affiliation fees	137,383	124,515
Licensing of open meets	20,362	19,599
Regional awards income	216	-
Regional club officer funding	6,600	6,600
Operational plan	145,345	141,298
Total income	309,906	292,012
Bank interest received (gross)	2,092	1,067
Expenditure		
Regional club officer expenditure	77,920	58,663
Regional office costs	1,292	14,295
Travel	671	805
Administrative costs	10,884	8,326
Professional fees	12,825	12,060
Operational plan	115,210	107,838
Membership growth	-	-
Total expenditure	218,802	201,987
Surplus for the year before taxation	93,196	91,092
Taxation	(398)	(194)
Surplus for the year after taxation	92,798	90,898
Fund balances at 1 January 2023	350,691	259,793
Fund balances at 31 December 2023	443,489	350,691

Finance

		31.12.23 £	31.12.22 £
Debtors - due after more than one year			
Loans	4	5,000	5,000
Fixed Assets			
Computer Equipment	5	306	280
Current assets			
Loans			
Trade debtors		761	2,460
Bank/building society balances		435,357	363,374
Medals		17,544	-
Kit		4,779	
Other debtors		136	
Other current assets and prepayments		9,956	1,599
		468,533	367,433
Current liabilities			
Trade creditors		8	8,078
Other liabilities and accruals	6	30,342	13,944
		30,350	22,022
Net current assets		438,183	345,411
Net assets		443,489	350,691
Reserves		443,489	350,691

Finance

1 Accounting basis

The accounts have been compiled on a basis that enables profits to be calculated in accordance with UK Generally Accepted Accounting Practice and that provides sufficient and relevant information to enable the completion of a tax return.

2 Income

31.12.23 - £

Operational plan

Workforce development	1,118
Para-swimming	1,026
Artistic swimming	9,301
Water polo	4,194
Swimming	11,072
Masters	2,889
East Midlands championships	93,883
Festival of swimming	21,862
Diving	-
	145,345

3 Expenditure

31.12.23 - £

31.12.22 - £

Other business income

Interest receivable	2,092	1,067
	2,092	1,067

Regional club officer expenditure

Wages, salaries and administration	77,920	58,663
	77,920	58,663

Regional office costs

Salaries	1,292	12,290
Rent and administration	-	2,005
	1,292	14,295

Travel

Travel	671	805
	671	805

Administrative costs

Printing, stationery, telephone and postage	1,726	1,134
Accommodation	-	57
Bank charges	316	286
President's expenses	729	538
Software	1,006	570
Storage	1,620	-
Depreciation	150	137
Miscellaneous	799	5,508
Regional awards expenses	4,538	-
Regional ACM	-	76
ASA ACM	-	20

Finance

		10,884	8,326
Professional fees			
	Accountants fees	11,145	10,320
	Independent examination fee	1,680	1,740
		12,825	12,060
Operational plan			
	Bursaries	6,586	4,675
	Education, IoS & CPD	1,041	7,624
	Volunteering	-	264
	Para	1,877	1,297
	Artistic swimming	5,502	6,087
	Water polo	5,232	6,870
	Swimming	15,825	8,425
	Masters	5,974	3,559
	East Midlands championships	63,205	56,858
	Festival of swimming	9,968	12,179
	Diving	-	-
		115,210	107,838

Finance

4 Debtors	31.12.23 - £	31.12.22 - £
Due after more than one year		
Loan - to ASA Swimming Enterprises Limited	-	-
Loan - to joint championships	5,000	5,000
	5,000	5,000
Due within one year		
Loan - to ASA Swimming Enterprises Limited	-	-
	-	-
5 Fixed Assets		
Computer Equipment		
Cost b/fwd	1,232	1,232
Additions	177	-
Cost c/fwd	1,409	1,232
Depreciation b/fwd	952	815
Depreciation charge	151	137
Depreciation c/fwd	1,103	952
Net book value 31 December	306	280
6 Other Liabilities and Accruals		
Accruals	26,088	7,742
Deferred income	685	140
Other creditors	40	2,565
Corporation Tax	397	365
Ring fenced funds	3,132	3,132
	30,342	13,944
7 Operational Plan		
A budget of £47,502 was allocated to the operational plan for the year and £7,866 was spent.		
8 - Ring Fenced Funds included in fund balance at 31 December	31.12.23 - £	31.12.22 - £
Development of para-swimming	3,132	3,132
	3,132	3,132



For further information please contact the regional office:



eastmidland@swimming.org



www.eastmidlandswimming.org



www.twitter.com/SwimEastMidland



www.facebook.com/SwimEastMidlands



www.instagram.com/swim_east_midlands/