



## East Midlands Regional Updates – 15.03.2024

All regional updates and other regional information can be found on our website  
[www.eastmidlandswimming.org](http://www.eastmidlandswimming.org)

### Interest Registers/Course Requirements

Do you need a course or workshop? Let us know below!

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

### Key contacts and links

#### Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Regional Manager - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#) - Safeguarding or welfare concerns
- [Swim England DBS team](#)

#### Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)

## New Updates

### Volunteers and officials needed!

Event Information	Date	Venue	Officials	Volunteers
Distance Time Trial	30th March	Loughborough	<a href="#">Click here</a>	<a href="#">Click here</a>
Regional Championships	20th/21st April	Corby	<a href="#">Click here</a>	<a href="#">Click here</a>
	4th-6th May	Derby	<a href="#">Click here</a>	<a href="#">Click here</a>

### Water Polo Coaching Conference - Saturday 25th May at SportPark, Loughborough - 9am - 5pm

For full details, including the conference schedule, or to book on, [please click this link](#) - the cost for this conference is £20

### Club needed for video footage

Swim England are looking for a club who would be happy to be involved in some filming regarding the new mobile phone policy. The team would like to get some video footage of a training session on the 26th or 27th of March. If you would be happy to be involved in this, please email [eastmidland@swimming.org](mailto:eastmidland@swimming.org). Bearing in mind the tight turnaround, you are interested, please could you email us by Monday the 18th of March.



**SAVE THE DATE**

**OPEN WATER  
CHAMPIONSHIPS**

**SUNDAY 23RD JUNE 2024**

*Lake, 86 Spine Rd E, Cirencester GL7 5TL*



Volunteers and officials needed! If you are interested please click the link to [register your interest via email](#)



### **Regional Swimming Championship**

Championship information is now available on [Championship Website](#).

### **Membership - reminder**

We have recently had a few queries around membership so would like to briefly clarify.

Volunteers or paid staff in any role, at any frequency must be Swim England members.

Similarly, athletes regardless of level - including learn to swim - must be Swim England members, unless your club has alternative insurance provision for them such as a swim school insurance policy.

### **Membership Details check**

Request to all clubs to encourage their member's to log in and check their details are up to date via: <https://www.swimmingmembers.org/>

We have sent out a number of invites recently where the emails have bounced due to incorrect or no longer used emails being in place

### **Competitive Swimming Dives/Starts**

We have recently received a number of queries regarding the teaching/coaching of competitive swimming dives (off the block dives for swimming). Competitive dives from blocks should only be taught by coaches who have a level 2 qualification or higher, or by a level 2 swimming teacher who has also completed the [Competitive Starts CPD](#)



## Regional Workshops

For details of upcoming Team Manager workshops please [click here](#).  
For Time to Listen courses [please click here](#).

## National Workshops/CPDs

Club Secretary &  
Membership Officer workshop



[Click here to register](#)

Club Chair workshop\*



[Click here to register](#)

Club Welfare Officer  
workshop\*



[Click here to register](#)

**\*Please note: It is a mandatory requirement for all Chairs and Welfare officers to have attended a workshop for their role.**



## [Swim England Child Safeguarding - online course](#)

[Swim England Safeguarding refresher course - \(NEW\) - \*\*only for those who have previously attended the SE Safeguarding full course in the last 3 years\*\*](#)

## National Chairs Forums

If you are a club chair and would like to join the register, please email [Clubdevelopment@swimming.org](mailto:Clubdevelopment@swimming.org)

## National Welfare Forum

The forum will enable important updates to be shared and will act as an opportunity for all Welfare Officers - and others involved in supporting Welfare and Safeguarding concerns - to come together to share good practice and seek support for issues raised.

The forums will take place on a bi-monthly basis.

Please [click here](#) to register.

## Assistant Coach & Coach Courses

### Course booking reminder - 4 ways to save money!:

1. Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Level 1 Coaching course reduced from £375 to £221.25 (41% discount)

Level 2 Coaching course reduced from £660 to £455.40 (31% discount)

2. If you are a SwimMark club then each year (in line with your reaccreditation date) you will have a £100 IoS voucher which can be used for courses or CPDs.

3. After the member has completed the course and received their certificate, the club can claim a [regional bursary](#) (criteria dependent) of £50 towards assistant coach courses, or £100 towards coach.

4. After the course is completed and certificated, look into the [county bursary funding](#) available.



## **Regional and County Funding**

Information regarding regional and county funding for courses and CPDs can be found [here](#)

## **Financial guidance/support**

There are a number of financial workshops available on the club matters website, such as 'raising money to sustain your organisation' and 'dealing with increasing costs' - for more information, [please click here](#)

## **External funding sources:**

### **Jordan Sinnott Foundation Trust**

Grants are available to clubs, community groups or teams in the UK to encourage vulnerable and underprivileged children and young adults to get active and enjoy taking part in sport.

Click [here](#) for more information.

### **National Lottery Awards for All England**

In order to support communities, funding is available for organisations that aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage
- support people, communities and organisations that are facing increased demands and challenges as a direct result of the cost-of-living crisis

Click [here](#) for more information.

### **Sport England Small Grants**

The fund supports projects that bring communities together and provide sport and physical activities for people who may be less physically active.

Click [here](#) for more information.

### **Movement for Good Project**

Clubs that are registered as charities can be nominated for the chance to win £1000 through the Movement for Good Project. [Click here for more info.](#)



# Officials and Event Volunteer Opportunities



*National call for Technical Officials for all sports*

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

<https://www.surveymonkey.co.uk/r/OfficialVol>

**To add opportunities to this page please submit the details [here](#)**

Date	Location	Event	Event Level	Sign up link / Contact
30th March 2024	Loughborough	Regional Distance Time Trial	Swimming Level 1	<a href="#">Officials Link</a> <a href="#">Volunteers Link</a>
13th April 2024	Alfreton LC	CP Sport Swimming Nationals	Swimming - Level 3	<a href="#">Officials Link</a>
20th/21st April	Corby	Regional Championships	Swimming - Level 1	<a href="#">Officials link</a> <a href="#">Volunteers link</a>
4th-6th April	Moorways, Derby	Regional Championships	Swimming - Level 1	<a href="#">Officials link</a> <a href="#">Volunteers link</a>
19th May 2024	Alfreton LC	Allen Urch MBE Memorial Meet 2024	Swimming Level 3	<a href="#">Officials Link</a> <a href="#">Volunteers Link</a>
23rd June 2024	Lake 86	Regional Open Water Championships		<a href="#">If you are interested in officiating or volunteering, please click here</a>