



## East Midlands Regional Updates – 01.03.2024

All regional updates and other regional information can be found on our website  
[www.eastmidlandswimming.org](http://www.eastmidlandswimming.org)

### Interest Registers/Course Requirements

Do you need a course or workshop? Let us know below!

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

### Key contacts and links

#### Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Regional Manager - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#) - Safeguarding or welfare concerns
- [Swim England DBS team](#)

#### Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)

# New Updates

## **Membership - reminder**

We have recently had a few queries around membership so would like to briefly clarify.

Volunteers or paid staff in any role, at any frequency must be Swim England members.

Similarly, athletes regardless of level - including learn to swim - must be Swim England members, unless your club has alternative insurance provision for them such as a swim school insurance policy.

## **Distance Time Trial - 30th March 2024**

The distance time trial is still open closing on 13th March 2024.

All details can be found via the [event webpage](#).

[Officials sign up](#)

[Volunteer sign up](#)

## **Membership Details check**

Request to all clubs to encourage their member's to log in and check their details are up to date via: <https://www.swimmingmembers.org/>

We have sent out a number of invites recently where the emails have bounced due to incorrect or no longer used emails being in place

**SAVE THE DATE**

**OPEN WATER  
CHAMPIONSHIPS**

**SUNDAY 23RD JUNE 2024**

*Lake, 86 Spine Rd E, Cirencester GL7 5TL*



Swim England  
South West



Swim England  
East Midlands



Swim England  
West Midlands

# New Updates

## Everyone Active Sporting Champions scheme

Everyone Active Sporting Champions Scheme is now open for applications until the 11th of March.

The Sporting Champions scheme, now in its eighth year, supports up-and-coming, talented athletes by providing them with free access to our training facilities across the country.

The application criteria will be clearly stated on the website.

Athletes successfully accepted onto the scheme will be notified via email at the end of April, ahead of the 2024-25 scheme launch on the 1st of May.

From regional competitors to Paralympians and Olympians, we support athletes of all ages and at all levels.

As a minimum, the applicant must:

- Be a nationally ranked athlete
- Be a member of a regional squad with regional results in the previous two years or have represented at regional level in the previous two years
- Athlete has finished in the top eight at regionals or equivalent competition in the previous two years

For more information or to apply for the scheme visit

<https://www.easportingchampions.com/>



### **Competitive Swimming Dives/Starts**

We have recently received a number of queries regarding the teaching/coaching of competitive swimming dives (off the block dives for swimming). Competitive dives from blocks should only be taught by coaches who have a level 2 qualification or higher, or by a level 2 swimming teacher who has also completed the Competitive Starts CPD

### **Club Links Programme**

The club links opportunity information and application form can be viewed via: <https://www.swimming.org/swimengland/club-development/>

### **Sport Science and Medicine Conference**

The Conference is now available to book via:  
<https://www.swimming.org/swimengland/sport-science-medicine-conference-2024/>

### **Personnel reminders**

- A reminder that it is now a mandatory requirement in all Swim England clubs that the Club Chair has attended the [Club Chairs Workshop](#), and the Club Welfare Officer has attended the [Club Welfare Officers Workshop](#).
- A reminder that all members aged 16 years + in a role requiring a DBS check will also need to attend a [Swim England safeguarding course](#) as per the new 2024 WavePower

### **Regional Swimming Championship**

Championship information is now available on [Championship Website](#).

### **Discover website**

The national team will be sign posting to the [Discover website](#) this is populated through the clubs OMS by selecting the 'Details' tab.



Please be aware that the Regional Welfare Officer (Ursula Beck) email has been updated: [eastmidlands.welfare@swimenglandvolunteers.org](mailto:eastmidlands.welfare@swimenglandvolunteers.org)

**Every club must have a minimum of one Welfare Officer.** The Welfare Officer role is essential in providing a first point of contact for children and adults within the club who have a safeguarding or welfare concern. For Swim England Clubs that do not have any child Members, the named Welfare Officer may be the County Welfare Officer, if the Club has not appointed a Welfare Officer. The Club must inform all Members of the identity of the County Welfare Officer, and how to contact them.

**All Welfare Officers - including deputies - must have appropriate DBS check, and have attended safeguarding, time to listen training and a club welfare officer workshop.**

Welfare officers (including deputy welfare officers) cannot be in the role of, related to, or in a relationship with; the Chair of the club or any teaching/coaching role (including assistants).

Current Welfare Officer Training (Time to Listen) courses:

- [Thursday 14th March 2024 -6pm](#)
- [Thursday 13th June 2024 -6pm](#)
- [Monday 15th July 2024 -6pm](#)

[Welfare Officer Workshop - click here](#)

Swim England safeguarding courses are now the only accepted course, the refresher course can only be used if the member has attended the face to face/webinar Swim England course in the 3 years prior

[Safeguarding courses](#)

The face to face/webinar course can also be accessed through [Sport Structures](#)



## Regional Workshops

For details of upcoming Team Manager workshops please [click here](#).  
For Time to Listen courses [please click here](#).

## National Workshops/CPDs

Club Secretary &  
Membership Officer workshop



[Click here to register](#)

Club Chair workshop\*



[Click here to register](#)

Club Welfare Officer  
workshop\*



[Click here to register](#)

**\*Please note: It is a mandatory requirement for all Chairs and Welfare officers to have attended a workshop for their role.**



## [Swim England Child Safeguarding - online course](#)

[Swim England Safeguarding refresher course - \(NEW\) - \*\*only for those who have previously attended the SE Safeguarding full course in the last 3 years\*\*](#)

## National Chairs Forums

If you are a club chair and would like to join the register, please email [Clubdevelopment@swimming.org](mailto:Clubdevelopment@swimming.org)

## National Welfare Forum

The forum will enable important updates to be shared and will act as an opportunity for all Welfare Officers - and others involved in supporting Welfare and Safeguarding concerns - to come together to share good practice and seek support for issues raised.

The forums will take place on a bi-monthly basis.

Please [click here](#) to register.

## Assistant Coach & Coach Courses

### Course booking reminder - 4 ways to save money!:

1. Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Level 1 Coaching course reduced from £375 to £221.25 (41% discount)

Level 2 Coaching course reduced from £660 to £455.40 (31% discount)

2. If you are a SwimMark club then each year (in line with your reaccreditation date) you will have a £100 IoS voucher which can be used for courses or CPDs.

3. After the member has completed the course and received their certificate, the club can claim a [regional bursary](#) (criteria dependent) of £50 towards assistant coach courses, or £100 towards coach.

4. After the course is completed and certificated, look into the [county bursary funding](#) available.



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Coach reduced from £660 to £455.40 (31% discount)

Please be aware that the courses given are in Region, however a member can attend a course at club offer rate out of Region, please click the course header to view all courses

## Assistant Coach - Swimming

Course Start Date	Location	Info (please book via the club offer process not this link)
25/04/2024	Hucknall	<a href="https://www.swimming.org/ios/course/10965">https://www.swimming.org/ios/course/10965</a>
21/05/2024	Coalville	<a href="https://www.swimming.org/ios/course/11104">https://www.swimming.org/ios/course/11104</a>
11/06/2024	Corby	<a href="https://www.swimming.org/ios/course/10065">https://www.swimming.org/ios/course/10065</a>
27/08/2024	Sutton in Ashfield	<a href="https://www.swimming.org/ios/course/10328">https://www.swimming.org/ios/course/10328</a>
02/09/2024	Grantham	<a href="https://www.swimming.org/ios/course/10267">https://www.swimming.org/ios/course/10267</a>
01/10/2024	Long Eaton	<a href="https://www.swimming.org/ios/course/10961">https://www.swimming.org/ios/course/10961</a>

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## Coach - Swimming

Course Start Date	Location	Info (please book via the club offer process not this link)
16/03/2024	Sutton-in-Ashfield	<a href="https://www.swimming.org/ios/course/10325">https://www.swimming.org/ios/course/10325</a>
21/04/2024	Lincoln	<a href="https://www.swimming.org/ios/course/11351">https://www.swimming.org/ios/course/11351</a>
28/08/2024	Nottingham	<a href="https://www.swimming.org/ios/course/10112">https://www.swimming.org/ios/course/10112</a>
07/11/2024	Coalville	<a href="https://www.swimming.org/ios/course/11154">https://www.swimming.org/ios/course/11154</a>

## Assistant Coach - Water Polo

## Coach - Water Polo

07/05/2024	Hucknall	<a href="https://www.swimming.org/ios/course/10732">https://www.swimming.org/ios/course/10732</a>
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## **Regional and County Funding**

Information regarding regional and county funding for courses and CPDs can be found [here](#)

## **Financial guidance/support**

There are a number of financial workshops available on the club matters website, such as 'raising money to sustain your organisation' and 'dealing with increasing costs' - for more information, [please click here](#)

## **External funding sources:**

### **Jordan Sinnott Foundation Trust**

Grants are available to clubs, community groups or teams in the UK to encourage vulnerable and underprivileged children and young adults to get active and enjoy taking part in sport.

Click [here](#) for more information.

### **National Lottery Awards for All England**

In order to support communities, funding is available for organisations that aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage
- support people, communities and organisations that are facing increased demands and challenges as a direct result of the cost-of-living crisis

Click [here](#) for more information.

### **Sport England Small Grants**

The fund supports projects that bring communities together and provide sport and physical activities for people who may be less physically active.

Click [here](#) for more information.

### **Movement for Good Project**

Clubs that are registered as charities can be nominated for the chance to win £1000 through the Movement for Good Project. [Click here for more info.](#)



## **Artistic Swimming Volunteers needed!**

The Swim England Midlands Artistic Swimming Working Group are looking for proactive, passionate volunteers to join us in helping to develop Artistic Swimming in the region.

We are particularly looking for an individual to work on supporting and developing the Artistic Swimming workforce and to ensure the development of the coaches and officials in the Region, but would be happy to hear from anyone with an interest in volunteering. If you'd like to know more, please email [midlands@swimming.org](mailto:midlands@swimming.org).



# Officials and Event Volunteer Opportunities



*National call for Technical Officials for all sports*

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

<https://www.surveymonkey.co.uk/r/OfficialVol>

**To add opportunities to this page please submit the details [here](#)**

Date	Location	Event	Event Level	Sign up link / Contact
16/17th March 2024	Hucknall, Nottingham	The Ernehale Open Meet	Swimming Level 3 (SC)	<a href="#">Officials Link</a> <a href="#">Volunteers Link</a>
30th March 2024	Loughborough	Regional Distance Time Trial	Swimming Level 1	<a href="#">Officials Link</a> <a href="#">Volunteers Link</a>
13th April 2024	Alfreton LC	CP Sport Swimming Nationals	Swimming - Level 3	<a href="#">Officials Link</a>
19th May 2024	Alfreton LC	Allen Urch MBE Memorial Meet 2024	Swimming Level 3	<a href="#">Officials Link</a> <a href="#">Volunteers Link</a>