

Swim England Regional Development Programme (RDP)

This is the second step on the Swim England Talent Pathway, which is implemented and delivered by each region with support from the Swim England Talent team.

Programme aims to support athletes and the workforce to:

- ◆ Further develop fundamental movement skills and core aquatic skills to advance physical literacy
- ◆ Further develop technical and skills across all four competitive strokes and turns
- ◆ Understand the culture of Swim England and its associated talent programmes
- ◆ Develop the characteristics in-line with the age and 'Development' stage of the Optimal Athlete Development Framework (OADF)
- ◆ Increase opportunities for the workforce delivering at this stage of the pathway, to experience and facilitate an integrated and inclusive training environment

Key consideration criteria

- ◆ 13 years of age 31st December 2023
- ◆ Up to 48 swimmers (24 male and female) per region selected from Long Course **200m Individual Medley** Rankings
- ◆ If regions do not have the minimum number of swimmers for each sex they can reduce as required, or increase the number of swimmers of one particular sex
- ◆ To reflect relative age, two selection bands will be implemented
 - Selection Band A – 1st January to 30th June
 - Selection Band B – 1st July to 31st December
- ◆ Additional selections, if required, can be made for either selection band from swimmers meeting the required minimum standard.
- ◆ Times used for selection to the RDP must be taken from the Swim England national rankings, and be achieved between 1st January 2023 1st January 2023 and 6th August 2023
- ◆ Any exceptional short course performances can be considered at the discretion of the RDP Head Coach
- ◆ Swimmers will be selected for their RDP based on the region their club is affiliated to
- ◆ Swimmers will be expected to commit fully to all aspects of the programme
- ◆ Swimmers will have worked with their home coach to achieve the standard of **levels 3 & 4** of the **Swim England Club Awards**. Confirmation of these standards being achieved will be signed off by the head coach
- ◆ Para-swimmers will be selected nationally by the Swim England Talent Officers/Coaches and selections will be communicated to the respective region **see general conditions for more information*
- ◆ Up to 6 para-swimmers per region (**nationally selected from 2 IPC events** included within the total of 48 swimmers) **see general conditions for more information*
- ◆ As a minimum, standard times Swimmers will only be considered where they are equal to, or in excess of the below World Aquatics Points (WAP) / British Para-Swimming Points (BPSP)
- ◆ **Please note, achieving these points does not guarantee selection to a talent programme;**

Sex	Age	WAP (long course)
Male & Female	13	300

Sex	Age	Impairment	BPSP (long course)
Male & Female	13	Physical (1-10)	300 event 1 & 250 event 2*
Male & Female	13	Visual (11-13)	300 event 1 & 225 event 2
Male & Female	13	Intellectual (14)	400 event 1 & 350 event 2

**PI selection 2 strokes where impairment allows*