



## East Midlands Regional Updates – 06.10.2023

All regional updates and other regional information can be found on our website  
[www.eastmidlandswimming.org](http://www.eastmidlandswimming.org)

### Interest Registers/Course Requirements

Do you need a course? Let us know!

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

### Contents

[New and important information](#)

[Reminders and previously shared information](#)

[Workshops, forums and CPDs](#)

[Funding](#)

[Volunteer Opportunities](#)

[Officials and Event Volunteer Opportunity page](#)

[Competitions](#)

### Key contacts and links

#### Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Club Development Officer - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#) - Safeguarding or welfare concerns
- [Swim England DBS team](#)

#### Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)



### **Regional Short Course**

All required links have been circulated to registered Club Administrators, the event volunteer and officials information can be found [here](#).

Meet accreditations are also available via [membership options](#). Please ensure Swim England East Midlands Short Course Championships 2023 is selected.

### **New Licensing Meet Application Form**

Please be aware that there is a new license application form now to be used for all future meets. Swim England have also updated the processes for submitting results. The application form and results submission details can be found [here](#).

### **New Coaching Hub - all disciplines**

Swim England has launched a new [Coaching Hub](#) to house resources and opportunities for all coaches across all disciplines.

This will be the place for coaches to get the latest information for their role.

### **Low energy availability guidance**

Swim England have released [new guidance](#) to help coaches, athletes and parents identify the tell-tale signs of low-energy availability.

### **Allianz Sports Fund - grants available**

The next round of funding is open until Friday 20 October. All details can be found [here](#).

### **Inclusive Club Guide**

This resource is designed to help clubs with their Diversity and Inclusion Action Plan. It can be found in Element 3 templates and under 'resources' on the SwimMark portal. It can also be viewed on the Swim England website: <https://www.swimming.org/swimengland/inclusion/>.



## **Home Nations Coaching Conference - 24-25 November 2023**

Swim England, Scottish Swimming and Swim Wales, supported by British Swimming, are planning to resume hosting their bi-annual coaching conference at the Leonardo Hotel (East Midland Airport) on 24-25 November. For more information, [please click here](#)

## **Important update for technical officials - Transgender Policy Reporting Form**

Following the implementation of the [Transgender and Non-Binary Competition Policy](#), a [reporting form](#) has now been created for officials across our disciplines.

It is important to note that no official is expected to carry out an investigation. Instead, please ensure any concerns are submitted via the form below where they will be dealt with further by us.

If you have any questions please contact [equality@swimming.org](mailto:equality@swimming.org)

## **Foundations of Inclusivity free CPD**

As part of our Access Aquatics strategy, we're offering clubs **free** access to the Foundations of Inclusivity CPD.

The CPD is mandatory for relevant officers to attend as part of SwimMark and Club affiliation.

To book on, [please click here](#).



### **Welfare information update**

There have recently been a few Welfare updates, recommendations and clarifications. This information has been sent to Club Welfare Officers, Deputy Welfare Officers, Chairs, Secretaries and Accreditation Coordinators but can also be accessed via [this link](#).

### **Course planning - register of interest**

Throughout the year we use the [Register of Interest](#) for Coach and Assistant Coach course planning based on demand. We may have the opportunity to put on an extra Assistant Coach (Swimming) course if there is enough demand in a certain area; as such we would kindly request that if you, or individuals in your club, are interested in attending an Assistant Coach course that this interest is please registered below:

[https://www.surveymonkey.co.uk/r/assistantcoach\\_coach\\_requirements](https://www.surveymonkey.co.uk/r/assistantcoach_coach_requirements)

### **Team Manager Workshops**

We have added a number of new [Team Manager Workshops](#) early in the season. If none of these work for your members please contact us with suitable dates and times and we will do our best to support.

### **'The Swim England 'Working Together' Webinar**

This webinar focuses on the importance of developing strong and robust working relationships with pool operators.

Club representatives can book their place using the following registration link - <https://www.surveymonkey.co.uk/r/TJY25YN>

- Thursday 2nd Nov – 7.30pm-8.30pm
- Tuesday 14th Nov – 12.30pm-1.30pm
- Thursday 30th Nov – 7.30pm-8.30pm



## Regional Workshops

For details of upcoming Team Manager workshops please [click here](#).

For Time to Listen courses [please click here](#). - **New dates added**

## National Workshops/CPDs

Club Secretary &  
Membership Officer workshop



[Click here to register](#)

Club Chair workshop\*



[Click here to register](#)

Club Welfare Officer  
workshop\*



[Click here to register](#)

\*Please note: from November it will be a mandatory requirement for all Chairs and Welfare officers to have attended a workshop for their role.



[Swim England Child Safeguarding - online course](#)

[Swim England Safeguarding refresher course - \(NEW\) - \*\*only for those who have previously attended the SE Safeguarding full course in the last 3 years\*\*](#)

## National Chairs Forums

If you are a club chair and would like to join the register, please email [Clubdevelopment@swimming.org](mailto:Clubdevelopment@swimming.org)

## National Welfare Forum

The forum will enable important updates to be shared and will act as an opportunity for all Welfare Officers - and others involved in supporting Welfare and Safeguarding concerns - to come together to share good practice and seek support for issues raised.

The forums will take place on a bi-monthly basis.

Please [click here](#) to register.



## **Regional and County Funding**

Information regarding regional and county funding for courses and CPDs can be found [here](#)

## **Financial guidance/support**

There are a number of financial workshops available on the club matters website, such as 'raising money to sustain your organisation' and 'dealing with increasing costs' - for more information, [please click here](#)

## **External funding sources:**

### **Jordan Sinnott Foundation Trust**

Grants are available to clubs, community groups or teams in the UK to encourage vulnerable and underprivileged children and young adults to get active and enjoy taking part in sport.

Click [here](#) for more information.

### **National Lottery Awards for All England**

In order to support communities, funding is available for organisations that aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage
- support people, communities and organisations that are facing increased demands and challenges as a direct result of the cost-of-living crisis

Click [here](#) for more information.

### **Sport England Small Grants**

The fund supports projects that bring communities together and provide sport and physical activities for people who may be less physically active.

Click [here](#) for more information.

### **Movement for Good Project**

Clubs that are registered as charities can be nominated for the chance to win £1000 through the Movement for Good Project. [Click here for more info.](#)



## **Northamptonshire ASA seeking enthusiastic volunteers!**

Northamptonshire County ASA are looking for new enthusiastic volunteers to help to sustain and develop the county. No previous experience necessary, just a willing attitude!

We would be especially keen to hear from anyone who may be willing to consider the County Treasurer role. If you are interested, please email the county Secretary, Karen via [northantsasasec@gmail.com](mailto:northantsasasec@gmail.com)

## **Artistic Swimming Volunteers needed!**

The Swim England Midlands Artistic Swimming Working Group are looking for proactive, passionate volunteers to join us in helping to develop Artistic Swimming in the region.

We are particularly looking for an individual to work on supporting and developing the Artistic Swimming workforce and to ensure the development of the coaches and officials in the Region, but would be happy to hear from anyone with an interest in volunteering. If you'd like to know more, please email [midlands@swimming.org](mailto:midlands@swimming.org).

## **Midlands Artistic Swimming Regional Elite Training Squad - seeking Team Manager and Assistant Team Manager - paid roles.**

For the full role description for both the Lead and Assistant Team Manager roles, [please click here](#).

If you are interested in either role, please email [Hannah Secher](#).



# Officials and Event Volunteer Opportunities



*National call for Technical Officials for all sports*

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

<https://www.surveymonkey.co.uk/r/OfficialVol>

**To add opportunities to this page please submit the details [here](#)**

Date	Location	Event	Event Level	Sign up link / Contact
7th-8th October 2023	Braunstone Leicester	City of Leicester SC Sprint and Distance Meet	Swimming - Level 3	Officials: <a href="mailto:Colsofficials@gmail.com">Colsofficials@gmail.com</a>
15th October 2023	The Queens Diamond Jubilee Centre Rugby	Midlands Para-Swimming Meet	Para-Swimming Level 3	<a href="#">Officials &amp; Event Volunteers</a>
20th - 22nd October 2023	Moorways Derby	Loughborough International Swim Meet	Swimming - Level 2	<a href="#">Event Volunteers Officials</a>
3rd-5th November	Harvey Hadden Nottingham	Regional Short Course Championships	Swimming - Level 2	<a href="#">Event Volunteers Officials</a>
18th-19th November 2023	Water Meadows Mansfield	Mansfield Major Oak	Swimming - Level 3	Officials: <a href="mailto:mscopymeets@gmail.com">mscopymeets@gmail.com</a>
17th - 19th November 2023	Braunstone Leicester	City of Leicester Open Meet	Swimming - Level 2	Officials: <a href="mailto:Colsofficials@gmail.com">Colsofficials@gmail.com</a>
2nd-3rd December 2023	Harvey Hadden Nottingham	Nottinghamshire ASA Festive Frenzy	Swimming - Level 3	<a href="#">Event Volunteers &amp; Officials</a>
10th December 2023	Hucknall Nottingham	Ernehale Distance Meet	Swimming - Level 3	Officials: <a href="mailto:ernehale@arnoldswimminclub.org.uk">ernehale@arnoldswimminclub.org.uk</a>





## Midlands Para-Swimming Meet 2023

Entries are now open for the Midlands Para-Swimming Meet 2023 being held on 15th October 2023. There is classification planned at this event which will take place on the 14th and 15th October.

Event conditions which includes the entry link can be found [here](#).

Please note there is an early closing date for any swimmers awaiting classification (S99) wishing to be considered for classification at the event so please encourage any of these swimmers to enter soon. Swimmers should also ensure they have entered a 100m freestyle and 100m breaststroke within their event entries as these are required for the classification process.

## Midlands Masters Inter-Counties

Sunday 12th November and will be hosted at Moorways Sports Village and Water Park, Derby with an 11:30am warm up.

## East Midlands Masters & Senior Age Group Championships

Sunday 10th December - Moorways Sports Village  
Entry link available soon.

