



East Midlands Regional Updates – 19.01.2024

All regional updates and other regional information can be found on our website
www.eastmidlandswimming.org

Interest Registers/Course Requirements

Do you need a course? Let us know below!

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

Key contacts and links

Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Club Development Officer - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#) - Safeguarding or welfare concerns
- [Swim England DBS team](#)

Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)

Contents

- [New Updates](#)
- [Reminders and previously shared information](#)
- [Workshops, forums and CPDs](#)
- [Coaching courses](#)
- [Funding](#)
- [Volunteer Opportunities](#)
- [Officials and Event Volunteer Opportunity page](#)
- [Competitions](#)

New Updates

Regional Swimming Championship

Many thanks for your patience regarding championship information.

Due to an unforeseen change in circumstances the team are working hard to finalise a new programme with the relevant venues.

The provisional dates and venues are 20th & 21st April at Corby and 4th, 5th & 6th May at Moorways. With all events at present planned to be open age as opposed to a split of ages.

(Note: this is provisional and for heats only all consideration times/ finalists/ awards remain in the Championship age bands)

The closing date will be at 6pm on Monday 8th April 2024 due to the new automated rankings upload system times from any meets held 6th & 7th April should be able to be used subject to meets uploading with no errors as soon as the competition has ended.

The consideration time window will be 10th March 2023 until the closing date, schedules and qualifying times will be published on the Championship website as soon as available.

The distance time trial will also run on Saturday 30th March 2024.

If you are interested in joining the Championship organising team please contact: eastmidland@swimming.org

New Updates - Welfare

Please be aware that the Regional Welfare Officer (Ursula Beck) email has been updated: eastmidlands.welfare@swimenglandvolunteers.org

Every club must have a minimum of one Welfare Officer. The Welfare Officer role is essential in providing a first point of contact for children and adults within the club who have a safeguarding or welfare concern. For Swim England Clubs that do not have any child Members, the named Welfare Officer may be the County Welfare Officer, if the Club has not appointed a Welfare Officer. The Club must inform all Members of the identity of the County Welfare Officer, and how to contact them.

All Welfare Officers - including deputies - must have appropriate DBS check, and have attended safeguarding, time to listen training and a club welfare officer workshop.

Welfare officers (including deputy welfare officers) cannot be in the role of, related to, or in a relationship with; the Chair of the club or any teaching/coaching role (including assistants).

Current Welfare Officer Training (Time to Listen) courses:

- [Saturday 10th February 2024 -1pm](#)
- [Thursday 14th March 2024 -6pm](#)
- [Thursday 13th June 2024 -6pm](#)
- [Monday 15th July 2024 -6pm](#)

[Welfare Officer Workshop - click here](#)

[Safeguarding courses](#)

New Updates - Welfare

New Wavepower drop in sessions

Swim England is staging drop-in sessions for those holding key roles at clubs to help clarify the key changes to Wavepower.

These will be led by members of Swim England's safeguarding team and those attending will also get the chance to take part in an open forum questions and answer session.

The sessions will take place on:

- Wednesday 24 January (10am to 12 noon)
- Monday 29 January (6pm to 8pm)
- Sunday 11 February (2pm to 4pm)

While it is advised welfare officers attend one of the sessions, they are also other officials such as club chairs, committee members, coaches, teachers and chaperones/team managers.

To book a place, please email safeguarding@swimming.org with the subject line Wavepower information session detailing when you'd like to attend, the names and email addresses of those who will be joining the online call and any questions you'd like answering.



Swim England publishes new WavePower 2024

Swim England has published an updated version of its safeguarding policy and procedures document.

The new edition of Wavepower contains a number of important changes which aim to ensure everyone is able to take part in aquatic sports and activities in a safe, positive and enjoyable environment.

For a summary of key changes, and to access and read the new document, please click here.

Personnel reminders

- A reminder that it is now a mandatory requirement in all Swim England clubs that the Club Chair has attended the Club Chairs Workshop, and the Club Welfare Officer has attended the Club Welfare Officers Workshop.
- A reminder that all members aged 16 years + in a role requiring a DBS check will also need to attend a Swim England safeguarding course. as per the new 2024 WavePower

Team Manager Presenter Opportunity

Swim England are in the process of updating the Team Manager 1 workshop, any changes will be circulated to all team managers.

We feel this is a great opportunity to increase our Team Manager presenter base, this is a voluntary role and members can present as many or as few workshops throughout the year as they wish.

Workshops are supported online by a workshop administrator as required and are set at a candidate number the presenter is comfortable at.

If you would be interested in becoming a Team Manager presenter please complete the below by 5pm on Monday 22nd January.

<https://www.surveymonkey.com/r/TMPresenterInterest>



Regional Workshops

NEW DATES ADDED:

For details of upcoming Team Manager workshops please [click here](#).
For Time to Listen courses [please click here](#). - **New dates added**

National Workshops/CPDs

Club Secretary & Membership Officer workshop



[Click here to register](#)

Club Chair workshop*



[Click here to register](#)

Club Welfare Officer workshop*



[Click here to register](#)

***Please note: It is a mandatory requirement for all Chairs and Welfare officers to have attended a workshop for their role.**



[Swim England Child Safeguarding - online course](#)

[Swim England Safeguarding refresher course - \(NEW\) - **only for those who have previously attended the SE Safeguarding full course in the last 3 years**](#)

National Chairs Forums

If you are a club chair and would like to join the register, please email Clubdevelopment@swimming.org

National Welfare Forum

The forum will enable important updates to be shared and will act as an opportunity for all Welfare Officers - and others involved in supporting Welfare and Safeguarding concerns - to come together to share good practice and seek support for issues raised.

The forums will take place on a bi-monthly basis.

Please [click here](#) to register.

Assistant Coach & Coach Courses

Course booking reminder - 4 ways to save money!:

1. Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Level 1 Coaching course reduced from £375 to £221.25 (41% discount)

Level 2 Coaching course reduced from £660 to £455.40 (31% discount)

2. If you are a SwimMark club then each year (in line with your reaccreditation date) you will have a £100 IoS voucher which can be used for courses or CPDs.

3. After the member has completed the course and received their certificate, the club can claim a [regional bursary](#) (criteria dependent) of £50 towards assistant coach courses, or £100 towards coach.

4. After the course is completed and certificated, look into the [county bursary funding](#) available.

Assistant Coach & Coach Courses

Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Assistant Coach reduced from £375 to £221.25 (41% discount)

Coach reduced from £660 to £455.40 (31% discount)

Please be aware that the courses given are in Region, however a member can attend a course at club offer rate out of Region, please click the course header to view all courses

Assistant Coach - Swimming

Course Start Date	Location	Info (please book via the club offer process not this link)
01/02/2024	Nottingham	https://www.swimming.org/ios/course/10985
20/02/2024	Louth	https://www.swimming.org/ios/course/10582
25/04/2024	Nottingham	https://www.swimming.org/ios/course/10965
21/05/2024	Coalville	https://www.swimming.org/ios/course/11104
11/06/2024	Corby	https://www.swimming.org/ios/course/10065
27/08/2024	Sutton in Ashfield	https://www.swimming.org/ios/course/10328
02/09/2024	Grantham	https://www.swimming.org/ios/course/10267
01/10/2024	Long Eaton	https://www.swimming.org/ios/course/10961

Assistant Coach & Coach Courses

Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Assistant Coach reduced from £375 to £221.25 (41% discount)

Coach reduced from £660 to £455.40 (31% discount)

Please be aware that the courses given are in Region, however a member can attend a course at club offer rate out of Region, please click the course header to view all courses

Coach - Swimming

Course Start Date	Location	Info (please book via the club offer process not this link)
16/03/2024	Sutton-in-Ashfield	https://www.swimming.org/ios/course/10325
28/08/2024	Nottingham	https://www.swimming.org/ios/course/10112
07/11/2024	Coalville	https://www.swimming.org/ios/course/11154

Coach - Water Polo

07/05/2024	Hucknall	https://www.swimming.org/ios/course/10732
------------	----------	---------------------------------------------------------------------------------------------------



Regional and County Funding

Information regarding regional and county funding for courses and CPDs can be found [here](#)

Financial guidance/support

There are a number of financial workshops available on the club matters website, such as 'raising money to sustain your organisation' and 'dealing with increasing costs' - for more information, [please click here](#)

External funding sources:

Jordan Sinnott Foundation Trust

Grants are available to clubs, community groups or teams in the UK to encourage vulnerable and underprivileged children and young adults to get active and enjoy taking part in sport.

Click [here](#) for more information.

National Lottery Awards for All England

In order to support communities, funding is available for organisations that aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage
- support people, communities and organisations that are facing increased demands and challenges as a direct result of the cost-of-living crisis

Click [here](#) for more information.

Sport England Small Grants

The fund supports projects that bring communities together and provide sport and physical activities for people who may be less physically active.

Click [here](#) for more information.

Movement for Good Project

Clubs that are registered as charities can be nominated for the chance to win £1000 through the Movement for Good Project. [Click here for more info.](#)



Artistic Swimming Volunteers needed!

The Swim England Midlands Artistic Swimming Working Group are looking for proactive, passionate volunteers to join us in helping to develop Artistic Swimming in the region.

We are particularly looking for an individual to work on supporting and developing the Artistic Swimming workforce and to ensure the development of the coaches and officials in the Region, but would be happy to hear from anyone with an interest in volunteering. If you'd like to know more, please email midlands@swimming.org.

Team Manager Presenter Opportunity

Swim England are in the process of updating the Team Manager 1 workshop, any changes will be circulated to all team managers.

We feel this is a great opportunity to increase our Team Manager presenter base, this is a voluntary role and members can present as many or as few workshops throughout the year as they wish.

Workshops are supported online by a workshop administrator as required and are set at a candidate number the presenter is comfortable at.

If you would be interested in becoming a Team Manager presenter please complete the below by 5pm on Monday 22nd January.

<https://www.surveymonkey.com/r/TMPresenterInterest>



Officials and Event Volunteer Opportunities



National call for Technical Officials for all sports

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

<https://www.surveymonkey.co.uk/r/OfficialVol>

To add opportunities to this page please submit the details [here](#)

Date	Location	Event	Event Level	Sign up link / Contact
January and February 2024	Harvey Hadden, Nottinghamshire	Nottinghamshire County Championships	Swimming - Level 1	Officials Link: Volunteers Link