



## East Midlands Regional Updates – 13.12.2023

All regional updates and other regional information can be found on our website  
[www.eastmidlandswimming.org](http://www.eastmidlandswimming.org)



### Interest Registers/Course Requirements

Do you need a course? Let us know below!

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

### Christmas Staff Leave

- Helen Bickerstaff will be on leave from the 14th of December to the 4th of January
- Fiona Conway will be on leave from the 13th of December until the 2nd of January

### Key contacts and links

#### Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Club Development Officer - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#) - Safeguarding or welfare concerns
- [Swim England DBS team](#)

#### Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)



## Contents

- [New Updates](#)
- [Reminders and previously shared information](#)
- [Workshops, forums and CPDs](#)
- [Coaching courses](#)
- [Funding](#)
- [Volunteer Opportunities](#)
- [Officials and Event Volunteer Opportunity page](#)
- [Competitions](#)



We would like to take this opportunity to wish all of our wonderful members: volunteers, coaches, teachers, officials, and athletes a very Merry Christmas and a Happy New Year.

Thank you to all those who dedicate their time to our wonderful aquatic sports.

We wish you happiness and health and look forward to another year in the pool!

### Club Health Tracker

*Current responses (as of 13.12.23)*

- Derbyshire - 3/23 clubs – 13%
- Leicestershire - 5/14 – 35.7%
- Lincolnshire - 3/15 – 20%
- **Northamptonshire - 6/11 – 54%**
- Nottinghamshire - 5/26 – 19%

To encourage clubs to complete the tracker - and thank those who have already done so - we have set up a small bursary scheme, whereby all those clubs who complete the tracker can access up to £54 for SwimMark accredited clubs or up to £27 for Club Affiliation clubs - this can be used as reimbursement for CPDs or courses that have been completed by club members this year. To apply for this funding, once you have completed the club tracker please fill in the following survey: [https://www.surveymonkey.com/r/CHT\\_Bursary23](https://www.surveymonkey.com/r/CHT_Bursary23) - the bursary funding closes at 4pm on Monday the 18th of December.

### Swim England support Clubs with Learn to Swim

The Swim England Learn to Swim team are working to offer more support and benefits to clubs delivering Swim England LTS activity. In order to help the team identify clubs who deliver Learn to Swim activity, please can you ensure that LTS is ticked on OMS, under the disciplines that your club delivers.



## East Midland regional membership fees 2024

The East Midland regional membership fee for 2024 will be £9.

## Land Training Tutors

Swim England have now opened applications for Land Training & Aquatic Activity for Health tutors. The closing date for applications will be Wednesday 3rd January 2024.

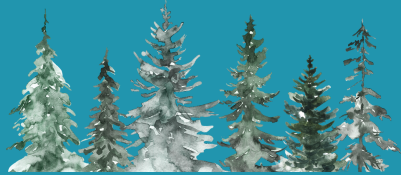
<https://www.swimming.org/swimengland/tutor-training-other-programmes/>

## Club Health Tracker

The Health Tracker brings numerous benefits, not least the support the National Team provide to any clubs who flag up areas in which they need help and support. The results of the Tracker also help shape our regional work to support clubs.

## Personnel reminders

- A reminder that it is now a mandatory requirement in all Swim England clubs that the Club Chair has attended the [Club Chairs Workshop](#), and the Club Welfare Officer has attended the [Club Welfare Officers Workshop](#).
- From January 1st 2024 all members aged 16 years + in a role requiring a DBS check will also need to attend a [Swim England safeguarding course](#).



## Regional Workshops

### NEW DATES ADDED:

For details of upcoming Team Manager workshops please [click here](#).

For Time to Listen courses [please click here](#). - **New dates added**

## National Workshops/CPDs

Club Secretary & Membership Officer workshop



[Click here to register](#)

Club Chair workshop\*



[Click here to register](#)

Club Welfare Officer workshop\*



[Click here to register](#)

**\*Please note: It is a mandatory requirement for all Chairs and Welfare officers to have attended a workshop for their role.**



## [Swim England Child Safeguarding - online course](#)

[Swim England Safeguarding refresher course - \(NEW\) - \*\*only for those who have previously attended the SE Safeguarding full course in the last 3 years\*\*](#)

## National Chairs Forums

If you are a club chair and would like to join the register, please email [Clubdevelopment@swimming.org](mailto:Clubdevelopment@swimming.org)

## National Welfare Forum

The forum will enable important updates to be shared and will act as an opportunity for all Welfare Officers - and others involved in supporting Welfare and Safeguarding concerns - to come together to share good practice and seek support for issues raised.

The forums will take place on a bi-monthly basis.

Please [click here](#) to register.

## Assistant Coach & Coach Courses

### Course booking reminder - 4 ways to save money!:

1. Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Level 1 Coaching course reduced from £375 to £221.25 (41% discount)

Level 2 Coaching course reduced from £660 to £455.40 (31% discount)

2. If you are a SwimMark club then each year (in line with your reaccreditation date) you will have a £100 IoS voucher which can be used for courses or CPDs.

3. After the member has completed the course and received their certificate, the club can claim a [regional bursary](#) (criteria dependent) of £50 towards assistant coach courses, or £100 towards coach.

4. After the course is completed and certificated, look into the [county bursary funding](#) available.



# Assistant Coach & Coach Courses

Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Assistant Coach reduced from £375 to £221.25 (41% discount)

Coach reduced from £660 to £455.40 (31% discount)

Please be aware that the courses given are in Region, however a member can attend a course at club offer rate out of Region, please click the course header to view all courses

## Assistant Coach - Swimming

Course Start Date	Location	Info (please book via the club offer process not this link)
23/01/2024	Long Eaton	<a href="https://www.swimming.org/ios/course/10585">https://www.swimming.org/ios/course/10585</a>
01/02/2024	Nottingham	<a href="https://www.swimming.org/ios/course/10985">https://www.swimming.org/ios/course/10985</a>
20/02/2024	Louth	<a href="https://www.swimming.org/ios/course/10582">https://www.swimming.org/ios/course/10582</a>
25/04/2024	Nottingham	<a href="https://www.swimming.org/ios/course/10965">https://www.swimming.org/ios/course/10965</a>
21/05/2024	Coalville	<a href="https://www.swimming.org/ios/course/11104">https://www.swimming.org/ios/course/11104</a>
11/06/2024	Corby	<a href="https://www.swimming.org/ios/course/10065">https://www.swimming.org/ios/course/10065</a>
27/08/2024	Sutton in Ashfield	<a href="https://www.swimming.org/ios/course/10328">https://www.swimming.org/ios/course/10328</a>
02/09/2024	Grantham	<a href="https://www.swimming.org/ios/course/10267">https://www.swimming.org/ios/course/10267</a>
01/10/2024	Long Eaton	<a href="https://www.swimming.org/ios/course/10961">https://www.swimming.org/ios/course/10961</a>

## Assistant Coach - Water Polo

09/01/2024	Hucknall	<a href="https://www.swimming.org/ios/course/9847">https://www.swimming.org/ios/course/9847</a>
------------	----------	---

# Assistant Coach & Coach Courses

Ensure you use the [club offer booking process](#) - this heavily discounts the price:

Assistant Coach reduced from £375 to £221.25 (41% discount)

Coach reduced from £660 to £455.40 (31% discount)

Please be aware that the courses given are in Region, however a member can attend a course at club offer rate out of Region, please click the course header to view all courses

## Coach - Swimming

Course Start Date	Location	Info (please book via the club offer process not this link)
11/01/2024	Grantham	<a href="https://www.swimming.org/ios/course/10732">https://www.swimming.org/ios/course/10732</a>
16/03/2024	Sutton-in-Ashfield	<a href="https://www.swimming.org/ios/course/10325">https://www.swimming.org/ios/course/10325</a>
28/08/2024	Nottingham	<a href="https://www.swimming.org/ios/course/10112">https://www.swimming.org/ios/course/10112</a>
07/11/2024	Coalville	<a href="https://www.swimming.org/ios/course/11154">https://www.swimming.org/ios/course/11154</a>

## Coach - Water Polo

07/05/2024	Hucknall	<a href="https://www.swimming.org/ios/course/10732">https://www.swimming.org/ios/course/10732</a>
------------	----------	---







Funding



## **Regional and County Funding**

Information regarding regional and county funding for courses and CPDs can be found [here](#)

### **Financial guidance/support**

There are a number of financial workshops available on the club matters website, such as 'raising money to sustain your organisation' and 'dealing with increasing costs' - for more information, [please click here](#)

### **External funding sources:**

#### **Jordan Sinnott Foundation Trust**

Grants are available to clubs, community groups or teams in the UK to encourage vulnerable and underprivileged children and young adults to get active and enjoy taking part in sport.

Click [here](#) for more information.

#### **National Lottery Awards for All England**

In order to support communities, funding is available for organisations that aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage
- support people, communities and organisations that are facing increased demands and challenges as a direct result of the cost-of-living crisis

Click [here](#) for more information.

#### **Sport England Small Grants**

The fund supports projects that bring communities together and provide sport and physical activities for people who may be less physically active.

Click [here](#) for more information.

#### **Movement for Good Project**

Clubs that are registered as charities can be nominated for the chance to win £1000 through the Movement for Good Project. [Click here for more info.](#)



## **Artistic Swimming Volunteers needed!**

The Swim England Midlands Artistic Swimming Working Group are looking for proactive, passionate volunteers to join us in helping to develop Artistic Swimming in the region.

We are particularly looking for an individual to work on supporting and developing the Artistic Swimming workforce and to ensure the development of the coaches and officials in the Region, but would be happy to hear from anyone with an interest in volunteering. We ask for volunteers to attend 4 online meetings a year. If you'd like to know more, please email [midlands@swimming.org](mailto:midlands@swimming.org).

## **LASA Secretary needed!**

LASA are seeking an enthusiastic individual for the voluntary role of County Secretary.

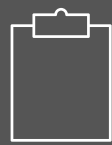
The County Secretary is an important and rewarding role for the smooth running of County Swimming. They provide a central point of contact for administration and communication. We are looking for someone who is enthusiastic and organised, possessing good verbal & written communication skills and is IT literate. Ideally they will be comfortable with minute taking, compiling agendas and report writing.

If you are interested in this position, or would like more information or an informal chat, please email your details to Ursula Beck, LASA Chair, [chair@leicestershireasa.org](mailto:chair@leicestershireasa.org)





# Officials and Event Volunteer Opportunities



*National call for Technical Officials for all sports*

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

<https://www.surveymonkey.co.uk/r/OfficialVol>

To add opportunities to this page please submit the details [here](#)

Date	Location	Event	Event Level	Sign up link / Contact
January and February 2024	Harvey Hadden, Nottinghamshire	Nottinghamshire County Championships	Swimming - Level 2	<a href="#">Officials Link:</a> <a href="#">Volunteers Link</a>



## We wish you a very Merry Christmas and a Happy New Year.

### From Fiona, Helen and the East Midland regional board.

