

Swim England East Midlands Ltd Account Number: 77761068

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# East Midlands Regional Updates – 13.10.2023

All regional updates and other regional information can be found on our website <a href="www.eastmidlandswimming.org">www.eastmidlandswimming.org</a>

#### Interest Registers/Course Requirements

Do you need a course? Let us know!

Assistant Coach/Coach Courses: Requirements register

Land Training (Swimming): Interest Register

Workshops (including Time to Listen and Team Manager): Interest Register

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# Key contacts and links

#### **Contacts**

- Regional Welfare Officer Ursula Beck
- <u>Club Development Officer Fiona Conway</u>
- <u>Club Development Officer Helen Bickerstaff</u>
- Swim England Safeguarding team Safeguarding or welfare concerns
- Swim England DBS team

#### Links

- Coaching courses and club offer booking process (all disciplines)
- Reporting a safeguarding concern
- <u>Swim England Safeguarding courses</u>

# New and important information



#### New Team Manager workshops added

6 new TM1 dates have been added to our regional calendar on dates between now and March 2024. For a full list of dates and booking links, please click here.

3 new TM2 dates have also been added and can be accessed via the same link.

#### **New Time to Listen Courses**

5 new Time to Listen courses have been added to our regional calendar - for a full list of dates and booking links <u>please click here</u>.

Please be mindful that all Welfare Officers, and Deputy Welfare Officers should hold a full DBS check (Enhanced disclosure with barred list check), have attended relevant safeguarding training, the Swim England Time to Listen course, and the <a href="Swim England">Swim England</a> Club Welfare Officer workshop.

# Previously shared information



#### **Regional Short Course**

All required links have been circulated to registered Club Administrators, the event volunteer and officials information can be found <a href="https://example.com/here">here</a>. Meet accreditations are also available via <a href="mailto:membership options">membership options</a>. Please ensure Swim England East Midlands Short Course Championships 2023 is selected.

#### **New Licensing Meet Application Form**

Please be aware that there is a new license application form now to be used for all future meets. Swim England have also updated the processes for submitting results. The application form and results submission details can be found <a href="https://example.com/her

## New Coaching Hub - all disciplines

Swim England has launched a new <u>Coaching Hub</u> to house resources and opportunities for all coaches across all disciplines.

This will be the place for coaches to get the latest information for their role.

# Low energy availability guidance

Swim England have released <u>new guidance</u> to help coaches, athletes and parents identify the tell-tale signs of low-energy availability.

### Allianz Sports Fund - grants available

The next round of funding is open until Friday 20 October. All details can be found <u>here.</u>

#### Inclusive Club Guide

This resource is designed to help clubs with their Diversity and Inclusion Action Plan. It can be found in Element 3 templates and under 'resources' on the SwimMark portal. It can also be viewed on the Swim England website: https://www.swimming.org/swimengland/inclusion/.

# Previously shared information



Swim England, Scottish Swimming and Swim Wales, supported by British Swimming, are planning to resume hosting their bi-annual coaching conference at the Leonardo Hotel (East Midland Airport) on 24-25 November. For more information, please click here

## Course planning - register of interest

Throughout the year we use the <u>Register of Interest</u> for Coach and Assistant Coach course planning based on demand. We may have the opportunity to put on an extra Assistant Coach (Swimming) course if there is enough demand in a certain area; as such we would kindly request that if you, or individuals in your club, are interested in attending an Assistant Coach course that this interest is please registered below:

https://www.surveymonkey.co.uk/r/assistantcoach\_coach\_require ments

## 'The Swim England 'Working Together' Webinar

This webinar focuses on the importance of developing strong and robust working relationships with pool operators.

Club representatives can book their place using the following registration link - <a href="https://www.surveymonkey.co.uk/r/TJY25YN">https://www.surveymonkey.co.uk/r/TJY25YN</a>

- · Thursday 2nd Nov 7.30pm-8.30pm
- Tuesday 14th Nov 12.30pm-1.30pm
- Thursday 30th Nov 7.30pm-8.30pm

# Workshops, forums and CPDs



#### Regional Workshops NEW DATES ADDED:

For details of upcoming Team Manager workshops please <u>click here.</u>
For Time to Listen courses <u>please click here.</u> - **New dates added** 

Club Secretary & Membership Officer workshop

Click here to register

National Workshops/CPDs

Club Chair workshop

Click here to register

Club Welfare Officer workshop\*

> Click here to register

\*Please note: from November it will be a mandatory requirement for all Chairs and Welfare officers to have attended a workshop for their role.



Swim England Child Safeguarding - online course

<u>Swim England Safeguarding refresher course</u> - (NEW) - <u>only for those who have</u> <u>previously attended the SE Safeguarding full course in the last 3 years</u>

#### **National Chairs Forums**

If you are a club chair and would like to join the register, please email Clubdevelopment@swimming.org

#### National Welfare Forum

The forum will enable important updates to be shared and will act as an opportunity for all Welfare Officers - and others involved in supporting Welfare and Safeguarding concerns - to come together to share good practice and seek support for issues raised.

The forums will take place on a bi-monthly basis.

Please click here to register.

### Regional and County Funding

Information regarding regional and county funding for courses and CPDs can be found <u>here</u>

### Financial guidance/support

There are a number of financial workshops available on the club matters website, such as 'raising money to sustain your organisation' and 'dealing with increasing costs' - for more information, please click here

## **External funding sources:**

#### **Jordan Sinnott Foundation Trust**

Grants are available to clubs, community groups or teams in the UK to encourage vulnerable and underprivileged children and young adults to get active and enjoy taking part in sport.

Click **here** for more information.

#### National Lottery Awards for All England

In order to support communities, funding is available for organisations that aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage
- support people, communities and organisations that are facing increased demands and challenges as a direct result of the cost-of-living crisis

Click here for more information.

#### **Sport England Small Grants**

The fund supports projects that bring communities together and provide sport and physical activities for people who may be less physically active.

Click **here** for more information.

#### **Movement for Good Project**

Clubs that are registered as charities can be nominated for the chance to win £1000 through the Movement for Good Project. Click here for more info.

# Volunteer & Programme Opportunities



## Northamptonshire ASA seeking enthusiastic volunteers!

Northamptonshire County ASA are looking for new enthusiastic volunteers to help to sustain and develop the county. No previous experience necessary, just a willing attitude!

We would be especially keen to hear from anyone who may be willing to consider the County Treasurer role. If you are interested, please email the county Secretary, Karen via <a href="mailto:northantsasasec@gmail.com">northantsasasec@gmail.com</a>

### Artistic Swimming Volunteers needed!

The Swim England Midlands Artistic Swimming Working Group are looking for proactive, passionate volunteers to join us in helping to develop Artistic Swimming in the region.

We are particularly looking for an individual to work on supporting and developing the Artistic Swimming workforce and to ensure the development of the coaches and officials in the Region, but would be happy to hear from anyone with an interest in volunteering. If you'd like to know more, please email <a href="mailto:midlands@swimming.org">midlands@swimming.org</a>.

# Midlands Artistic Swimming Regional Elite Training Squad - seeking Team Manager and Assistant Team Manager - paid roles.

For the full role description for both the Lead and Assistant Team Manager roles, <u>please click here.</u>

If you are interested in either role, please email Hannah Secher.



# Officials and Event Volunteer Opportunities



National call for Technical Officials for all sports

Swim England are looking for more technical officials to participate across our sports. If you already have an officiating qualification, apply here:

<a href="https://www.surveymonkey.co.uk/r/OfficialVol">https://www.surveymonkey.co.uk/r/OfficialVol</a>

# To add opportunities to this page please submit the details here

Date	Location	Event	Event Level	Sign up link / Contact
15th October 2023	The Queens Diamond Jubilee Centre Rugby	Midlands Para- Swimming Meet	Para- Swimming Level 3	Officials & Event Volunteers
20th - 22nd	Moorways	Loughborough	Swimming	<u>Event Volunteers</u>
October 2023	Derby	International Swim Meet	- Level 2	<u>Officials</u>
3rd-5th	Harvey Hadden	Regional Short Course	Swimming	<u>Event Volunteers</u>
November	Nottingham	Championships	- Level 2	<u>Officials</u>
18th-19th November 2023	Water Meadows Mansfield	Mansfield Major Oak	Swimming - Level 3	Officials: <u>mscopenmeets@gmail.co</u> <u>m</u>
17th - 19th	Braunstone	City of Leicester Open	Swimming	Officials: <u>Colscofficials@gmail.com</u>
November 2023	Leicester	Meet	- Level 2	
2nd-3rd	Harvey Hadden	Nottinghamshire ASA	Swimming	Event Volunteers & Officials
December 2023	Nottingham	Festive Frenzy	- Level 3	
10th December 2023	Hucknall Nottingham	Ernehale Distance Meet	Swimming - Level 3	Officials: <u>ernehale@arnoldswimmin</u> <u>gclub.org.uk</u>

# Competitions



#### Midlands Masters Inter-Counties

Sunday 12th November and will be hosted at Moorways Sports Village and Water Park, Derby with an 11:30am warm up.

East Midlands Masters & Senior Age Group Championships Sunday 10th December - Moorways Sports Village Entry link available soon.











