

Regional Para-Swimming Training Programme Midlands Region in partnership with Swim England Para-Swimming

Code of Conduct

As an attendee of the Midlands Para-Swimming Training Sessions, we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something's not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming skills with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians informed, where appropriate.

As selected athlete we expect you to:

Essentials

- 1. Keep yourself safe by listening to your coach or team manager, behave responsibly and speak out when something isn't right.
- 2. Take care of our equipment and premises as if they were your own.
- 3. Make the Region aware if you have any issues attending on the day.
- 4. Not wander off, or leave the facility without telling your coach or team manager.
- 5. Bring the right kit as given within the kit list.
- 6. Follow the rules of the day at all times.
- 7. Respect the privacy of others especially in the changing rooms.

Behaviour

- 1. Make our day a fun, happy, friendly and welcoming place to be.
- 2. Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith or ability.
- 3. Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the Region.
- 4. Not use any device to take photographs or footage of others in the changing rooms or cubicles.
- 5. Report any concerns you have about others taking photographs or footage of others in the changing rooms or poolside.
- 6. Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the Region.
- 7. Report any incidents of bullying or unkind behaviour to the Region, even if you're just a witness.
- 8. Treat other children with respect and appreciate that everyone has a different level of skill or talent.
- 9. Support and encourage your team mates, tell them when they've done well and be there for them when they are struggling.
- 10. Respect the children and adults attending from other clubs.
- 11. Respect the Regional Coaches, Team Manager and staff.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the Region.

The expectation of behaviour within this code of conduct is extended to guardians of attending athletes.