



East Midlands Regional Updates – 26.05.2023

All regional updates and other regional information can be found on our website
www.eastmidlandswimming.org

Interest Registers/Course Requirements

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

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Key contacts and links

Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Club Development Officer - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#) - Safeguarding or welfare concerns
- [Swim England DBS team](#)

Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)



Open Water Technical Officials Course New Date added- Saturday 3rd June

The course is primarily aimed at new Open Water officials, they can either be completely new to officiating or hold an officiating qualification in another discipline. However, if you know of existing Level 1 officials who wish to upskill please ask them to complete the survey so that we can establish demand for a session just for this purpose.

The cost of the course is £20 for new officials, which will include a practical logbook and their first licence upon qualification, or £15 if they already hold a licence in another discipline. The cost for the upskilling course will be advised once demand has been established. The link to register interest in the courses is <https://www.surveymonkey.co.uk/r/SEOWT023>

New Club Offer Booking Process

The new booking process for club offer price spaces will start from 5th June 2023. This process will allow clubs to use their club account to book spaces directly at the club offer price, the details of this are attached as it is important clubs have their club account in place to access the discounted rates. Please note members or clubs booking direct via the IoS website and not via their club account will be booking full price spaces.

The current process that will be in place until the 5th June 2023 is available here: <https://eastmidlandswimming.org/volunteers/coach-education/> this page will be updated with the new guidance document on the 5th of June.

Open Water Cut-off Times

The Regional Open Water Championships cut off times have been amended. [Please click here for more details.](#) Entry links are within the conditions. The closing date for entries is the **13th of June 2023**.

Midlands Para-Swimming Training Session

A reminder that the final Midlands Para-training session for this season is on Sunday the 11th of June at the Queen's Diamond Jubilee Centre in Rugby. For more information, [please click here.](#)



Connecting with Coaches - Multi-discipline

The next multi-discipline Connecting with Coaches will be on eating disorders. The session will be facilitated by Laura Salmon, Lead Performance Nutritionist and HCPC Registered Dietitian with athlete insight from Olympic medallist, Cassie Patten.

Dates:

- **Wednesday 12 July, 1pm - 3pm**
- **Wednesday 12 July, 6pm - 8pm**

To book on, [please click here](#)

Swimming -specific Connecting with Coaches

Technical workshop for swimming coaches with Kevin Renshaw, discussing preparation for the Benchmark meet and Tapering.

£5 or free for Coach Plus members

Thursday 20 June, 10am - 12pm

[Please click here to book on](#)



IoS Club Account

In early June the way clubs access Assistant Coach and Coach club offer price spaces will change slightly, full details will be sent to all clubs once available. The key change is that the club offer discounts will automatically be applied to club's IoS account. We would encourage all clubs to ensure they have set up a club account ahead of the change. IoS 'Company' (club) accounts can be setup [here](#). We would encourage where ever possible the personal account that also needs to be created is set up with a generic club email address to make succession and continued access easier.

Important change to safeguarding training requirements.

From 1st of January 2024, the Swim England Safeguarding CPD will be the only acceptable training for those working or volunteering within our clubs, counties and regions.

All current approved training will be valid until it expires.

Training is a mandatory requirement for coaches, teachers and all volunteer roles who require a DBS and must be renewed every 3 years.

This update also addresses a gap in the national governing bodies training policy to cover 16 and 17 year olds who are in a 'Position of Trust'. From the start of next year, Swim England Safeguarding Training will be required for those in this age group that are in coaching or teaching roles and are delivering a Swim England recognised activity.

Supervision ratios

Swim England have published a [new policy](#) regarding the supervision ratios for clubs within aquatics.

Previously, the guidance was in Wavepower and within Swim England's Team Manager training, however, as part of our commitment to providing a safe environment for all members, a new policy is being introduced. The policy along with the accompanying FAQs are available via the following link: <https://www.swimming.org/swimengland/swim-england-relases-supervision-ratios-policy/>

Good Governance Chairs and Welfare Officers workshops

We have been made aware that from November 2023 it will be a mandatory requirement for all Club Chairs and Welfare Officers to have attended their relevant Good Governance Workshop. A workshop is run for all roles every month. For more details please go to our [workshops page](#). The requirement for Masters clubs will only be for a Chair's attendance, not welfare officers.



Good governance reminder

We have recently been made aware of issues within clubs relating to volunteers not being members, and also regarding AGMs being run incorrectly.

A reminder to all clubs:

- Any and all persons helping within the club (in a paid or voluntary role) must be a club and hence Swim England member.
- At club AGMs or SGMs the only persons allowed to vote or be heard are “paid up members who have reached their 16th birthday” – please note parents do not have a right to speak or vote on behalf of their children unless they are paid members in their own right. Some clubs have implemented the following clause in their constitution to address this: [For every family with one or more children under the age of 18 a minimum of one parent or guardian must be a member of the Club and all relevant fees paid]
- Please could we encourage and remind clubs to consult their constitution (particularly sections 9-12 for unincorporated clubs) prior to their AGM in order to ensure it is run correctly.



Regional Workshops

For details of upcoming Team Manager workshops please [click here](#).

For Time to Listen courses [please click here](#).

National Workshops/CPDs

Club Secretary &
Membership Officer workshop 

Thursday 1 June
Wednesday 28 June

[Click here to register](#)

Club Chair workshop* 

Monday 12 June

[Click here to register](#)

Club Welfare Officer
workshop* 

Wednesday 21 June

[Click here to register](#)

***Please note: from November it will be a mandatory requirement for all Chairs and Welfare officers to have attended a workshop for their role.**



[Swim England Child Safeguarding - online course](#)

[Swim England Safeguarding refresher course - \(NEW\) - only for those who have previously attended the SE Safeguarding online course](#)



National Chairs Forums

Monday 17 July, 6pm

If you are a club chair and would like to join register, please email Clubdevelopment@swimming.org

New National Welfare Forum

Swim England will be hosting a new National Welfare forum. The forum will enable important updates to be shared and will act as an opportunity for all Welfare Officers - and others involved in supporting Welfare and Safeguarding concerns - to come together to share good practice and seek support for issues raised.

The forums will take place on a bi-monthly basis. Please [click here](#) to register.

Competitions



Regional Open Water Competition 2023

We are pleased to confirm that our 2023 Regional Open Water competition will take place at Lake 86, Cotswolds Water Park on the 25th of June.

Conditions including entry links can be found here:

<https://swimming.box.com/v/EMWMSW-OpenWater2023>

East Midlands Festival of Swimming - Save the date - 22nd/23rd July

The 2023 East Midlands Festival of Swimming will be held at Moorways Pool, Derby on the 22nd and 23rd of July. Full information along with entry information will be available soon on the East Midland Regional Championships website.

Funding



Regional Course & CPD bursaries 2023

The 2023 bursaries applications are now open, all details can be found on the [Regional website](#). All other funding opportunities, including links to county funding information, can be also found on our website.

