



## East Midlands Regional Updates – 14.04.2023

All regional updates and other regional information can be found on our website  
[www.eastmidlandswimming.org](http://www.eastmidlandswimming.org)

### Interest Registers/Course Requirements

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

### Contents

[New and important information](#)

[Reminders and previously shared information](#)

[Workshops, forums and CPDs](#)

[Competitions](#)

[Funding](#)

### Key contacts and links

#### Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Club Development Officer - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#)
- [Swim England DBS team](#)

#### Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)



## Important! SwimMark deadline reminder

A gentle reminder to all April SwimMark and SwimMark health check clubs that the deadline for all elements to be both submitted and approved by is **Monday the 17th of April**. If you need any assistance, please email [helen.bickerstaff@swimming.org](mailto:helen.bickerstaff@swimming.org). Failure to have elements 5, 6, 7, 10 and 13 approved by this deadline may result in a temporary or permanent suspension for your club; meaning your club and members would not be insured to train or compete.

## Leicestershire ASA seek new County Secretary

LASA are seeking an enthusiastic individual for the voluntary role of County Secretary. For more details [please click here](#).

If you are interested in this position, please email your details to Ursula Beck, LASA Chair, [chair@leicestershireasa.org](mailto:chair@leicestershireasa.org) by 30th April 2023. Ursula is also happy to arrange an informal phone conversation if anyone would like to discuss the role with her.

## 2022 Swim England East Midland Annual Report now published.

We are very pleased to publish the 2022 Annual Report and financial statements. To read this, and previous reports, [please click here](#).

This annual report has been a great opportunity to reflect on the achievements and progress of last year.

## DBS and Safeguarding

Unfortunately, we are still finding many club members who do not hold an in date or valid DBS check, or safeguarding training. Please can we ask all clubs to be proactive and vigilant in ensuring all relevant checks are in place. **Anyone without necessary DBS and Safeguarding must not be on poolside, or working with children until training and/or checks are complete.**

- As per [WavePower](#) guidance: DBS is needed for those aged 16 or over, in a role working with children. The level of DBS check is dependent on the role, for instance a coach requires a higher level DBS (Enhanced disclosure with barred list check) than a poolside helper so this should be taken into consideration.
- Safeguarding is required for those 18 and over. Safeguarding training should be from an approved provider, as per [WavePower](#) guidance. [Please click here for upcoming courses](#)

**For more information regarding roles, and their DBS/Safeguarding requirements, [please click here](#).**

# Previously shared information

## Transgender and non-binary competition policy

Swim England's updated transgender and non-binary competition policy has inclusion and fairness at its very heart.

Swim England believes the creation of open and female categories is the best way to achieve this.

These categories are designated as:

- Female – athletes with a birth sex of female
- Open – athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the female category

For more information, please [click here](#)

The policy refers only to Swim England competition (including those organised by our member Regions, Counties, Clubs and affiliated organisations) and will be implemented on 1 September 2023.

Anyone with further questions or wanting more information about the policy should email [equality@swimming.org](mailto:equality@swimming.org).

*Should any clubs be intending to hold an open meet after the 1st September and haven't yet applied for a license, please contact John Hidle ([john.hidle@ntlworld.com](mailto:john.hidle@ntlworld.com)) prior to submitting this as he will be able to advise on the meet conditions/licensing requirements that will need to be in place regarding the Transgender and non-binary competition policy which is being implemented on 1st September.*

Webinars on the new policy:

**Technical officials**  
Monday 24 April - 7.00pm  
[Register here](#)

**Technical officials**  
Thursday 4 May - 7.00pm  
[Register here](#)

**Welfare officers**  
Tuesday 18 April - 6.30pm  
[Register here](#)

**Clubs and coaches**  
Wednesday 12 April - 6.30pm  
[Register here](#)

**Clubs and coaches**  
Thursday 20 April - 6.30pm  
[Register here](#)

**Clubs and coaches**  
Tuesday 2 May - 7.00pm  
[Register here](#)



## **Club Legal Structures**

Feedback from the National Club Health Tracker shows that a number of clubs are unsure about the different legal structures of clubs. For more information about different legal structures please [click here](#). For the Swim England Unincorporated Club Model Constitution template, or Charitable Incorporated Organisation Constitution template, please [click here](#) and scroll down to the relevant tab. Please be mindful that all unincorporated clubs must have updated to the 2022 model by their SwimMark deadline this year.

## **Information for officials regarding period-wear**

Swim England guidance on period wear at licensed meets has been revised. To read more about this, and to download the guidance; [please click here](#).



## Regional Workshops

For details of upcoming Team Manager workshops please [click here](#).

For Time to Listen courses [please click here](#).

## National Workshops/CPDs

### Club Secretary & Membership Officer workshop



Monday 24 April  
Thursday 1 June  
Wednesday 28 June

[Click here to register](#)

### Club Chair workshop



Thursday 4 May  
Monday 12 June

[Click here to register](#)

### Club Welfare Officer workshop



Thursday 20 April  
Monday 22 May  
Wednesday 21 June

[Click here to register](#)



### [Swim England Child Safeguarding - online course](#)

[Swim England Safeguarding refresher course - \(NEW\)](#) - only for those who have previously attended the SE Safeguarding online course

## Forums



### National Chairs Forums

Wednesday 17 May, 6pm

Monday 17 July, 6pm

If you are a club chair and would like to join register, please email [Clubdevelopment@swimming.org](mailto:Clubdevelopment@swimming.org)

### New National Welfare Forum

Swim England will be hosting a new National Welfare forum. The forum will enable important updates to be shared and will act as an opportunity for all Welfare Officers - and others involved in supporting Welfare and Safeguarding concerns - to come together to share good practice and seek support for issues raised.

The forums will take place on a bi-monthly basis with the first taking place on Wednesday April 26th. Please [click here](#) to register.

# Competitions



## Regional Open Water Competition 2023

We are pleased to confirm that our 2023 Regional Open Water competition will take place at Lake 86, Cotswolds Water Park on the 25th of June. More details to follow.

# Funding



## Regional Course & CPD bursaries 2023

The 2023 bursaries applications are now open, all details can be found on the [Regional website](#). All other funding opportunities, including links to county funding information, can be also found on our website.

## Club Offer Courses

For details of upcoming courses, and for the club offer booking process [please click here](#). In order to benefit from the club offer rate, and to use your SwimMark £100 voucher (if applicable) you will need to follow the club offer booking process. An assistant coaching course under club offer rate is £221.25 (down from the full price of £375). A coaching course under the club offer rate is £455.40 (down from £660).

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