



East Midlands Regional Updates – 31.03.2023

All regional updates and other regional information can be found on our website
www.eastmidlandswimming.org

Interest Registers/Course Requirements

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

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Key contacts and links

Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Club Development Officer - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#)
- [Swim England DBS team](#)

Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)
- [Swim England Safeguarding courses](#)



NEW -Swim England Safeguarding Refresher CPD

Swim England have launched a new Safeguarding refresher CPD with additional Mental Health and Self-harm module.

It is one of three new safeguarding refresher modules that will be released by Swim England in 2023 and gives an overview of what safeguarding and child protection means and how to apply that in the practical situation of a club activity.

Among other key items covered in the 90-minute course are:

- The latest safeguarding legislation
- How to recognise types, signs and symptoms of abuse
- Mental health and self-harm
- How to react and respond to an individual who has a concern.

In order to complete the new online refresher CPD, all candidates must be 18 years or over and have completed the three hour Swim England Safeguarding CPD within the last three years.

[Please click here to book on.](#)

NEW - Applications open for Swim England's Coach 2028 Performance Coach Programme

The 14-month programme is open to coaches of each of the aquatic disciplines and is a key learning opportunity on the coach development pathway.

Up to 18 places are available on the initiative, that is aimed at experienced coaches who are looking to transition their athletes onto World Class Programmes.

Throughout the 14 months, coaches will attend six workshops that will include both skills-based learning and technical content.

The successful applicants will also be provided with a bursary that will allow coaches to carry out specific learning opportunities that are linked to their own personal development plan.

Applications will close at midnight on Thursday 6 April 2023, with the exact dates of the programme then being sent to the successful coaches. [Please click here](#) for more information, or to apply.

Club Legal Structures

Feedback from the National Club Health Tracker shows that a number of clubs are unsure about the different legal structures of clubs. For more information about different legal structures [please click here](#). For the Swim England Unincorporated Club Model Constitution template, or Charitable Incorporated Organisation Constitution template, [please click here](#) and scroll down to the relevant tab. Please be mindful that all unincorporated clubs must have updated to the 2022 model by their SwimMark deadline this year.



Information for officials regarding period-wear

Swim England guidance on period wear at licensed meets has been revised. To read more about this, and to download the guidance; [please click here](#).

IMPORTANT - Welfare Officer and Club Chair survey

As part of Swim England's commitment to ensuring our sports and activities are accessible, inclusive and safe for people of all ages and backgrounds, we want to ensure our volunteers feel confident and equipped to carry out their roles effectively.

Swim England are therefore asking all of our Welfare Officers and Club Chairs, those who are involved with complaints or disciplinary matters at a Club, County or Regional level, and those who act as a Swim England Friend or members of the Judicial Resolution or Appeals Panels to complete the following survey. [Please click here](#) - closing date Thursday 13th April

Important reminder - Heart of Aquatics

The [Heart of Aquatics](#) is Swim England's safeguarding, welfare and culture plan. This plan will create a better future for everyone in our aquatic sports. The plan focuses on three key pillars of work in 2023 – listen, support and resource. We recognise we must continuously strive to improve in order to foster a positive culture and deliver for the people who are the lifeblood of our aquatic sports. To ensure that happens, we need the help of the aquatics community. The Heart of Aquatics is the first step on our cultural change journey.

Coaching Matrix Update

There has been a minor update to the SE qualification equivalency matrix: there are no changes to any qualifications previously captured. Artistic Swimming coaching qualifications have been added to the equivalency matrix along with some clarification regarding the teaching certificate with additional module 4 and the equivalent level of coaching qualification.

Timekeeper and Judge 1

For those looking to start their officiating journey with a Timekeeper or Judge 1 course, please [click here](#). If you have already completed your timekeeping and wish to move on to J1, please email swimmingofficials@swimming.org to receive a voucher to book on.

Masters/adult-only coaching policy update

There has been a slight amendment and addition to the Coaching policy with regards to coach expectations in adult only clubs / sessions. [Please click here](#) for more information.



Regional Open Water Competition 2023

We are pleased to confirm that our 2023 Regional Open Water competition will take place at Lake 86, Cotswolds Water Park on the 25th of June. More details to follow.

Swim England Level 2 Coaching Open Water Swimming - [Now available to book](#)

Safeguarding and DBS

At present there are over 150 East Midlands club members with DBS and/or safeguarding missing or expired. Please note that without the relevant and appropriate required DBS checks and safeguarding training you must not be on poolside. If you are unsure whether you need a DBS check or safeguarding training, please consult WavePower or contact your Club Welfare Officer.

SwimMark deadline reminder

A gentle reminder to all April SwimMark clubs that the deadline for all elements to be both submitted and approved by is **Monday the 17th of April**. If you need any assistance, please email helen.bickerstaff@swimming.org

Members' contact email addresses

Please encourage all of your club members to ensure that the email address they wish to be contacted via is correct and up to date on the Online Membership System. This can be done via www.swimmingmembers.org

Workshops, forums and CPDs



Regional Workshops

For details of upcoming Team Manager workshops please [click here](#).

For Time to Listen courses [please click here](#).

National Workshops/CPDs

Managing Club Finances Webinar - Thursday 30th March 6-7pm



Covering best practice for managing club finances, financial forecasting, financial accounting software packages (.e.g. Xero) - Please note communications regarding bookings will come from clubdevelopment@swimming.org

[Click here to register](#)

Online Competitive Starts CPD



The Institute of Swimming's elearning CPD will equip coaches with the skills and knowledge to deliver competitive starts.

[Click here to register](#)

Club Secretary & Membership Officer workshop



Monday 24 April
Thursday 1 June
Wednesday 28 June

[Click here to register](#)

Club Chair workshop



Wednesday 29 March
Thursday 4 May
Monday 12 June

[Click here to register](#)

Club Welfare Officer workshop



Thursday 20 April
Monday 22 May
Wednesday 21 June

[Click here to register](#)

National Forums

National Chairs Forums

Wednesday 17 May, 6pm
Monday 17 July, 6pm



If you are a club chair and would like to join register, please email Clubdevelopment@swimming.org



[Swim England Child Safeguarding - online course](#)

[Swim England Safeguarding refresher course - \(NEW\)](#) - only for those who have previously attended the SE Safeguarding online course

Competitions



Regional Long Course Championships

Entries are still open for the Regional Long Course Championships at Moorways, Derby and Corby East Midlands International Pool in April and May. [Please click here for more information.](#)

Regional Open Water Competition 2023

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Funding



Regional Course & CPD bursaries 2023

The 2023 bursaries applications are now open, all details can be found on the [Regional website](#) All other funding opportunities can be also found on our website.

Everyone Active Sporting Champions – Athlete Funding

The Everyone Active Sporting Champions funding is now open.

From regional competitors to Paralympians and Olympians, they support athletes of all ages and at all levels. As a minimum, the applicant must either:

- Be a nationally ranked athlete
- Be a member of a regional squad with regional results in the previous two years or have represented at regional level in the previous two years
- Or have finished in the top eight at regionals or equivalent competition in the previous two years

All details including the application form can be found here:

<https://www.easportingchampions.com/>

