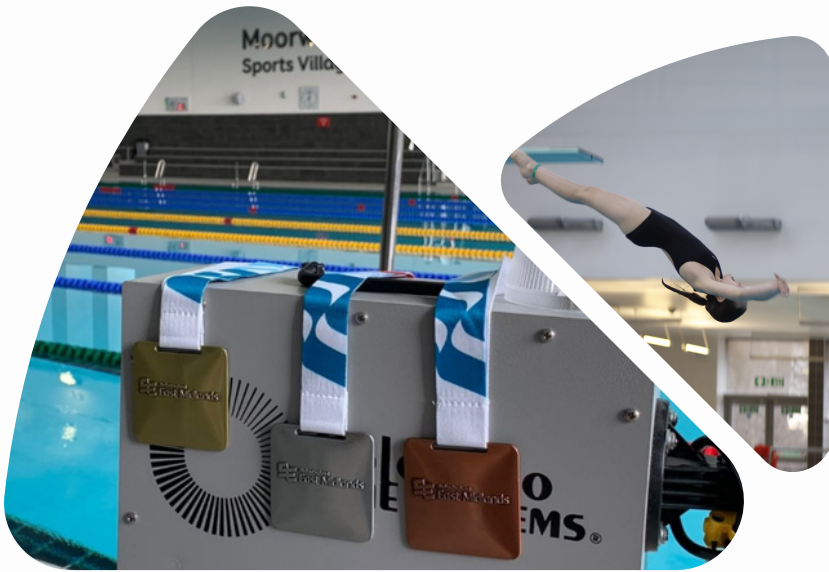




Swim England  
East Midlands

# ANNUAL REPORT 2022



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# A report from the President of Swim England East Midland Region

Another 12 months has passed extremely fast and I have really enjoyed my time as President. I have never given out so many medals and been photographed so often!

I have had the chance to watch a wide variety of swimming, from novice to national standard, youngsters through to masters and I've thoroughly enjoyed being a spectator instead of an official.

Watching Artistic Swimming was new to me and I have a new found admiration for the skill, dedication and determination that everyone involved has for it.

Our sport could not succeed without all of the volunteers that give many hours of their time across the region and I firmly believe that we should say 'thank you' whenever we can. So I was delighted to be able to present Josie Grange with a Life Membership in recognition of all of her work over many years. This year's regional awards was a chance to recognise the tremendous work of some of our volunteers so it was really good to present the winner and runner up trophies, it was also great to join them at the National Award Ceremony in Birmingham.

As I write this annual report on the past 12 months I am about to tour the region to visit this years county championships and I'm looking forward to meeting everyone and seeing some fantastic competition.

# A report from the President of Swim England East Midland Region

The pandemic has had a big impact on the sport but it's good to see things recovering, however we now have to negotiate our way through the current energy and financial situation. It's more important than ever that we all pull together and help each other to overcome these difficulties.

I have thoroughly enjoyed my time as President and I would like to thank everyone for the invitations that I have received and the warm welcome that has been extended to me.

I would also like to say a huge thank you to the Board, administration team, coaches, officials and all of the fantastic volunteers who support our swimmers to become the best they can be.

I hope everyone has a successful 2023.

**Stephen Ward**  
**President of the Swim England East Midland region**



# A message from the Chair

Although the picture is not uniform, it is generally one of gradual improvement as membership numbers start to recover. The finances of many clubs are on a sounder footing, although there are still some with problems. Talk to your Club Development Officers about any help out there.

The Region's finances are in better shape than we anticipated at this point as membership came back more quickly than we expected and you are not claiming bursaries, courses and workshops to the extent we planned and budgeted. Deborah may not thank me for urging you to help spend money by going on that course and getting that qualification, but do. Details are on the website if you haven't seen them in the weekly updates sent to clubs. If you don't see these updates, then you should ask your club as they are a mine of up-to-date information about bursaries, courses and workshops, Regional competitions and information for Officials and Volunteers.

As recorded elsewhere, our swimmers and divers performed outstandingly well at the Commonwealth Games in Birmingham. I have not referred to the many other outstanding performances of our athletes, as this is very capably covered elsewhere, but we can continue to be very proud of their success, along with Coaches, Teachers, Officials, Club Committees and all the others on whom they rely. We can all be proud of the efforts of our sport's volunteers, who have kept things going through 2022. Together with national and, especially, Regional staff they have done an enormous amount to pick the sport up off the floor and begin to thrive again. It was a proud moment at the Swim England National Awards Ceremony to see East Midlands clubs and individuals amongst the nominees and even winners.

# A message from the Chair

Is your club involving young volunteers? If not, why not? Again, ask the Club Development Officers how to get involved in the Young Volunteer Programme. Both the clubs and individuals already involved are finding it a very successful process.

Incorporation seems to have settled down, although, despite the weekly reminder in the Regional newsletter, clubs either don't know our - no longer new - bank account details or insist in paying in to the old one.

I wish you all good health and here's to a better 2023. The signs are already good.

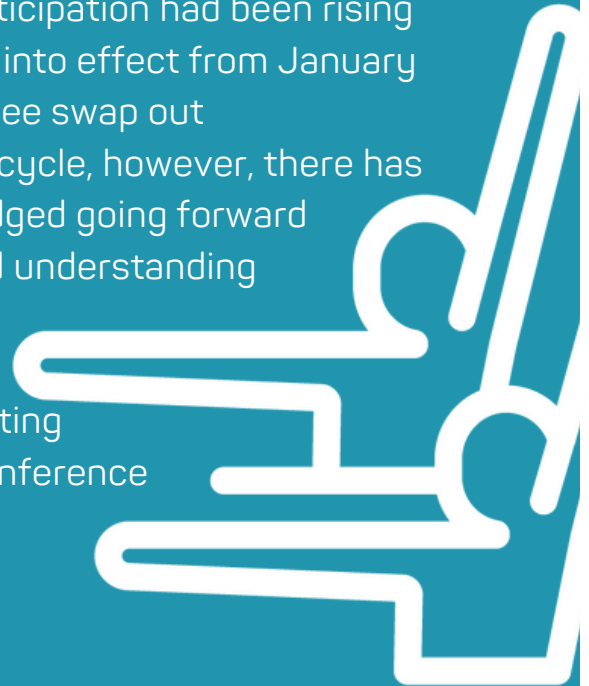
**John Hidle**

**Chair - Swim England East Midland region**



# Artistic Swimming

Although 2022 has been an easier year with competitions falling back into their regularly scheduled dates and locations, anticipation had been rising for the new and unprecedented changes coming into effect from January 2023. The World Aquatics AS Technical Committee swap out figures and rules depending on the new Olympic cycle, however, there has also been an overhaul of how the sport will be judged going forward and in particular looking at better identifying and understanding difficulty within routines. The new information is extensive and a real learning curve from top down within the sport. Clubs have started navigating this information since the December National Conference in preparation for part-adoption in 2023 and full adoption in 2024.



## Key Achievements:

- Eve Young (Bramcote AquaStars) has been selected onto the GB Junior Priority Squad following a successful stint within the Youth Squad culminating in a Silver Medal in Mixed Duet at the World Youth Championships in August 2022. Earlier in June Eve and the Youth Squad had travelled to Croatia for the Primorje Cup and earned a Gold medal in Mixed Duet and Combo and a Silver medal in Free Team.
- Six swimmers from the East Midlands took part in the Regional Elite Training Squad culminating in a multi-regional competition in Bristol in June 2022. Swimmers were: Molly Doolin, Celina Zakhary, Beatrice Hughes and Megan Blagg (all Bramcote AquaStars).
- Lenka Tanner (Bramcote AquaStars) earned a Bronze award for Swim England Coach of the Year following on from an award for Swim England East Midlands Coach of the Year
- Sally Poon (Bramcote AquaStars) was shortlisted for Swim England East Midlands Volunteer of the Year.
- Lastly, all three East Midlands Artistic Swimming clubs were happy to be back attending a face-to-face Combo Cup at the London Aquatics Centre. Rykneld SC walked away with a Gold medal for their 15-18 Division 1 Team.

# Masters

At the 2022 Regional held round of the National Inter-Counties it was great to see all five of the Regions Counties represented.

Final placings at the Regional round were as follows:

1. Nottinghamshire - 272
2. Derbyshire - 216
3. Leicestershire - 212
4. Northamptonshire - 173
5. Lincolnshire - 169



During December the Region ran their first Open Long Course Championships at Moorways, Derby. This event housed a number of Regional and National records as well as offering a first time long course to swimmers. Due to the feedback and limited long course opportunities the Region will be looking to run this event again in 2023.

During 2022 there were 15 new long course records and 16 new short course records.

## **Mens Long Course**

Robert Steel (Nottingham Leander): 100m freestyle, 400m freestyle, 100m breaststroke

Ben Felton (Mansfield): 200m backstroke

Chris Orchard (Deepings): 800m freestyle

Mark Patterson (Calverton & Bingham): 400m Individual Medley

## **Mens Short Course**

Robert Steel (Nottingham Leander): 100m freestyle, 200m freestyle

Paul Allen (Boston): 200m freestyle, 400m freestyle, 100m backstroke, 200m backstroke

## **Womens Long Course**

Suzy Hegg (Lincoln Vulcans): 200m Individual Medley

Jeanne Petit (Leicester Penguins): 200m freestyle, 200m Individual Medley

Victoria Reading (Northampton): 50m backstroke, 100m backstroke, 50m butterfly, 100m butterfly, 200m backstroke

Aimee Ramm (Loughborough Town): 50m butterfly

## **Womens Short Course**

Victoria Reading (Northampton): 400m freestyle, 100m backstroke, 50m backstroke, 100m butterfly, 50m freestyle, 100m backstroke, 50m butterfly, 100m butterfly

Jane McCarren (Leicester Masters): 50m breaststroke



# Open Water

The success of open water during the periods of lockdown were fabulous for bringing in new swimmers and coaches into the realms of open water but also brought challenges in the ability to secure venues for the Regional Championships.

The 2022 Championships were held at Lake 86 in conjunction with Swim England West Midlands and Swim England South West regions. The Championships included qualification into the Age Group National Championships, Masters and an 11 year olds 1k Championships which was also open to 12-14 year olds as a trial event.



The officials course was reviewed by British Swimming and a number of new officials have come through following the 2022 Open Water season. If you are interest in officiating or volunteering in open water for future seasons we would love to hear from you.

# Para-Swimming

Regional Training 21/22 restarted in November 2021 jointly with the West Midlands. These sessions were lead by Head Coach Carla Bickerstaffe. These sessions equip swimmers with the base knowledge for entry into the para-swimming pathway covering stroke mechanics and racing skills as well land work. The sessions are open to all classified swimmers and those looking to be classified as the sessions also act as vehicle a for swimmers skills signoff to be considered for classification.

The Midlands Para-Swimming meet took place on Sunday 16th October at The Queens's Diamond Jubilee Centre, Rugby. The meet was also host to two classification panels where four new swimmers from the Region where classified.

## Programme Swimmers

### Podium

Maisie Summers-Newton (Northampton)

### Podium Potential

Eliza Humphrey (Northampton)

Scarlett Humphrey (Northampton)

Megan Neave (Repton)

## English Development Programme

Amber Haycock (Rushden/Northampton)

Imogen Dodds (Wellinborough)

Bruce Dee (Northampton)

Owen Say (NOVA)

Owen Johnson (Repton)

Jospeh Greaves (NOVA)

Max Davies (Worksop)

Harvey Phillips (Louth)



# Swimming



## Championships

2022 was a busy year in swimming as events started to return to capacity, it was also challenging organising pool events at a Regional level with limited times on licensing from the previous year or so and the swimmers returning to training and racing making vast improvements.

The Regional Long Course went ahead at Corby East Midlands International Pool and Ponds Forge, with 2022 likely to be the final year Ponds Forge is used for the Regional Long Course Championships with the opening of Moorways Sports Village, Derby.

The Short Course Championships at Harvey Hadden where a busy but successful event, with many swimmers rising to the challenge of junior and senior finals.

Following the success of the Festival of Swimming in 2021 this was replicated in 2022 as an opening first event at Moorways Sports Village, following the feedback collected after this event we will be looking to continue this in future years.

## Regional Development Programme

The Regional Development Programme 22/23 offered space for 36 swimmers (selection at August 2022) within the aims to support athletes and workforce to:

- Further develop fundamental movement skills and core aquatic skills to advance physical literacy
- Further develop technical and skills across all four competitive strokes and turns
- Understand the culture of Swim England and its associated talent programmes
- Develop the characteristics in-line with the age and 'Development' stage of the Optimal Athlete Development Framework (OADF)
- Increase opportunities for the workforce delivering at this stage of the pathway, to experience and facilitate an integrated and inclusive training environment

Selected Swimmers:

Alex Bates (Chesterfield), Anwen Williams (Buxton), Belle Bacon (NOVA), Daisy Tatlow-Turner (Chesterfield), Daniel Hepplestone (Co Lincoln Pentaqua), Eden Saint (Derventio), Ermerson-Blu Gupwell (Co Leicester), Emilie Webb (Grantham), Emma Jane Rantzen (Derventio), Esmee Noss (Co Leicester), Finlay Bird (Derventio), Flynn Chidlow (Ripley RASCALS), Hayden Hudson (Chesterfield), Isabella Bishop (Rushden), James Thomas (Gainsborough), Janine Finch (Co (Leicester), Kessie Webster (Derventio), Keiran Ng (South Lincs), Lorenzo Ciolan (Northampton), Livi Vickers (Derventio), Lucy Wilson (South Lincs), Lydia Cordle (Repton), Maddie Wilson (Long Eaton), Maisie-Leigh Simpson-Dawson (Co Leicester), Mia Allan (Northampton), Nikita Bals (Northampton), Noah Bielby (Kettering), Oliver Ashman (Co Leicester), Olivia McCall (Repton), Orna Lett (Daventry), Payton Marski (Co Leicester), Raymond Dalby-Rose (Worksop), Samuel Green (Bassetlaw), Seth Hems Gillson (Repton), William Oxley (Co Leicester)

# Swimming

Head Coach: Kyle Hudson (Derventio)

Skills Coaches: Oliver Tipping (Long Eaton), Harry Pickering (Co Leicester), Claire James (Wellingborough), David Pycroft (Swadlincote), Wayne Davis (Co Derby).

Lead Team Manager: Anna Plowman (Northampton)

Team Managers: Katie Maloney (Lincoln Vulcans), Tracey Hepplestone (Lincoln Vulcans)

## Swimmers on Programmes

### DiSE

Abby Mitchell (Co Leicester), Alexander Harrand (Derventio), Callum Melville (NOVA), Constance Phillips (NOVA), Eja Coe (Derventio), Evie Woolley (Northampton), Elliot Sibley (NOVA), Ezra Lambert (Repton), Jake Hutchinson (Co Leicester), Joseph Greaves (NOVA), Lewis Warner (Bassetlaw), Lily Jackson-Oates (Nova), Rose Gubbins (Nova), Samuel Cooke (Corby)

### Distance Initiative

Fleur Lewis (Loughborough University), Mia Slevin (Loughborough University), Jessica Brandom (NOVA), Thomas Swales (NOVA)

### National Age Group Development Programme

Alyssa Lo (Co Leicester), Archie Dandy (Co Leicester), Cici Noss (Co Leicester), Darcie Platts (Co Leicester), Harrison Clarke (Nova), Lewis Boyd (Co Leicester), Martin Iankov (Derby Phoenix), Niamh Dunbar (Co Leicester), Oliver Stone (Derventio), Oscar Goldsmith (South Lincs), Owen Johnson (Repton), Adea Sollaku (Derventio), Elodie Pearcey (Repton), Ethan Soppett-Moss (Corby), Grace Macdonald (Grantham), Jack Hurry (Northampton), Jaden Leo (Derventio), Jessica Lines (Co Leicester), Matteo Monaco (South Lincs), Miles Willetts (Melton), Sophie Statham-Gill (Co Leicester)

### National Youth Development Programme

Bruce Dee (Northampton), Constance Phillips (NOVA), Eja Coe (Derventio), Eleanor Broughton (Repton), George Whittle (Derventio), Jake Hutchinson (Co Leicester), Laurie Devine (Repton), Rose Gubbins (NOVA), Amber Haycock (Rushden), Charlotte Roome (Derventio), Evie Johnson (NOVA), Findlay Cordle (Repton), Jacob Mills (Co Leicester), Max Davies (Worksop), Millie Wells (Co Leicester)

### Youth Performance Squad

Alexander Casey (Loughborough University), Calvin Fry (Loughborough University), Harvey Freeman (Loughborough University), Iona Colbert (NOVA)

### Performance Squad

Imogen Clark (Derventio), Lauren Cox (Loughborough University), Alex Cohoon (Loughborough University), Betsy Wizard (Northampton), Mia Slevin (Loughborough University)



# Swimming



## Coaches on Programmes

### Aspire Coach Programme

Keith Haynes (South Lincs), James Stannard (Grantham)

### Inspire Coach Programme

Wayne Davis (Co Derby), Sam Peeroo (Deepings), Harry Pickering (Co Leicester), Liam Noonan (Northampton), Adam McIntyre (Lincoln Vulcans), Oliver Tipping (Long Eaton), Kyle Hudson (Derwentio)

### Coach Developers

Glenn Smith (NOVA), Jamie Evans (Co Leicester), John Adye (Repton)

### DiSE

Kyle Hudson (Derwentio)

### National Youth Development Programme

Mark McKenna (Leicester Sharks), Rob Vaughan (Co Leicester), Jamie Evans (Co Leicester)

## Records Officer Report - Sue Wainscot

For 2022 all the records ratified have been short course which follows the pattern of 2021 when only one long course record was broken

This year it is again pleasing to have three new names appearing on the records. However, there were no new records ratified in the first 10 months of the year, with all coming in the short course season just before Christmas

The first record broken this year was by Jessica Brandom of Nova Centurion in the Junior Girls Short Course 1500m freestyle, breaking a record which had stood since February 2009. Jessica then went on to break her own record a month later

Daniel Mills burst onto the scene in November and in the last two months of the year broke 3 Junior Boys Short Course records in 50m & 100m Freestyle and 100m Backstroke

A new name in the senior short course category is Alexander Casey, swimming for Loughborough University having spent all of his swimming career in Leicestershire.

Details regarding the new records are as follows:

### Junior Girls Short Course 1500m Freestyle:

#### Jessica Brandom Nova Centurion SC

5th November 2022: 17.07.42 (previous time 17.17.16 set in February 2009)

15th December 2022: 17.04.82

# Swimming

## Daniel Mills City of Leicester SC

### Junior Boys Short Course 50m Freestyle:

5th November 2022: 23.27 (previous record 23.39 set in April 2008)

### Junior Boys Short Course 100m Backstroke:

6th November 2022: 57.27 (previous record 57.31 set in December 2018)

### Junior Boys Short Course 100m Freestyle:

3rd December 2022: 50.51 (previous record 50.84 set in November 2018)

## Senior Male Short Course 100m Individual Medley:

### Alexander Casey Loughborough University Swimming

10th December 2022: 55.30 (previous record 56.95 set in March 2011)



Congratulations to these three swimmers and hopefully more records, both long and short course will tumble during 2023

## License Meet Report - John Hidle

After a lean year, Open Meets are back at a similar rate to that experienced pre-Covid.

Leaving aside Regional and County events, there were six Level 1 meets held by Regional clubs, two Level 2 and sixty nine at Level 3. A total of 170 Level 4 Licences were issued.

There is evidence that the demand for Open Meet Licences is increasing, perhaps understandably as clubs are keen to replenish their depleted coffers. It is also proving harder for clubs to hold their meets in other Regions as they look at increasing protection for the income of their own clubs.

Until now, the Region has let market forces determine which meets take place; swimmers don't return to poor meets. We may, in time, reach the situation which already exists in some Regions where meet dates are shared out to ensure an equitable spread.

A total of £19,599 was raised towards development.

## Officials

New Swimming Officials qualifications achieved during the year from 1st January 2022 – 31st December 2022

Timekeeper

103

Judge 1

108

Judge 2

49

J2S

16

Referee

1

Derbyshire - 20

Leicestershire - 31

Lincolnshire - 4

Northamptonshire - 7

Nottinghamshire - 41

Derbyshire - 15

Leicestershire - 26

Lincolnshire - 23

Northamptonshire - 20

Nottinghamshire - 24

Derbyshire - 11

Leicestershire - 8

Lincolnshire - 4

Northamptonshire - 13

Nottinghamshire - 13

Derbyshire - 3

Leicestershire - 2

Lincolnshire - 1

Northamptonshire - 4

Nottinghamshire - 6

Derbyshire

Leicestershire

Lincolnshire

Northamptonshire

Nottinghamshire - 1

# Water Polo

Water Polo training and team selection continued following the re-start in 2021, this is supported by a fantastic team of team managers and coaches, taking the players through trials and training within the aim of competing at the Inter-Regional Championships.

The U18 girls had some hard fought matches in the first Inter-Regional Championship of the year with the U18 Boys started off their year with a bang with winning the Division 2 Inter-Regional Championships.

U16s Boys' Inter-Regional team finished the Bronze medal match 9-12 to London Sharks with the girls also taking on the Sharks in the previous week finishing 12-10 in favour of the Sharks on the 7th-8th play off .

The U14s Boys' Inter-Regional Teams took on Scotland for the 7th-9th play offs beating Scotland 36-6.

Two Regional players where selected as part of the DiSE programme - Samuel Leveridge (Calverton & Bingham) & Harry Leeke (Northampton WPC)

## EU Nations Water Polo Tournament

### England Squad

Assistant Coach - Tim Dunsbee (Hucknall)

Lewis Glennon (Northampton)

Hamza Tran (Hucknall)

Jade Harper (South Derbyshire/Hucknall)

### Great Britain Squad

Head Coach - Joe Leveridge (Calverton & Bingham)

Assistant Coach - Tim Dunsbee (Hucknall)

Shea Gilder (Northampton)

Harrison Leeke (Northampton)

Samuel Leveridge (Calverton & Bingham)



Joe Leveridge (Calverton & Bingham) was also selected for the Aspire Coach Programme.



# Workforce

## Coaching Courses

During 2022 the Region worked with the IoS to improve to ease of access to club offer course prices to ensure all clubs have the information required to receive the reduced price of Assistant Coach and Coach courses. The first quarter of the year also included the practical element delivery for those that achieved the theory elements during lock down.

Assistant Coach and Coach courses for swimming have increased in numbers with additional courses placed where clubs have requested these with a number of new tutors in training.

Sarah Dunsbee has done a fantastic job with Water Polo supporting assistant coaches and coaches to complete the practical elements as well as putting on additional courses.

Artistic Swimming continues to be supported via the Midlands Artistic Swimming Group.

Towards the end of the year the first Land Training (Swimming) qualification was trialled with the IoS team looking to launch these in 2023.

The supporting bursaries for SwimMark clubs where re-introduced which included for a period of time back dating to cover any qualifications completed while the bursaries where suspended, during the year bursaries for CPDs including programme support was introduced.

SwimMark clubs continued to access the £100 IoS, as well as many Counties offering support, we would encourage clubs to access all of these and the Regional bursaries where ever possible.





# Workforce

## Workshops and CPDs

Team Manager Module One	Team Manager Module Two	Time to Listen
Courses Delivered	Courses Delivered	Courses Delivered
21	4	9
Number of Attendees	Number of Attendees	Number of Attendees
242	23	29

## Young Volunteers

The programme was split into 3 modules:

- Leadership and Club Management - Providing young individuals with an overview of the different volunteering pathways; club roles, events and officiating
- Events - Providing information about the different roles which volunteers undertake to continue the development of aquatic sports
- Officiating - Supporting and developing transferrable skills, which can be used to enhance education and future job applications



The programme included a workshop run by the Regional team, self-learn elements and practical elements completed within the young volunteers club. In 2022 we were able to run 2 programme dates with 54 members completing this.

**Thank you to all members carrying out roles in our Clubs, Counties and the Region**

# Regional Awards

Swim England, and the individual regions hold annual awards to recognise the commitment, contribution and achievements of our members.

Congratulations to all the Regional winners listed below.

We would like to also give a big thank you to all volunteers that work tirelessly across the Region in our clubs.



## Young Volunteer of the Year

**Winner: Thomas Moore**

Runner up: Sophie Ludlam

Tom has given hours of his time supporting younger swimmers, through coaching small groups and being a positive role model. He has given his time to support the younger swimmers at swim meets and the Diddy League; providing advice, reassurance and supportive feedback.

At only 15 years old Tom has shown a massive commitment not only to the Club but also through offering support at meets run by other clubs including acting as a runner between referees and the event team in the AOE, distributing results etc.

Well done Tom!



# Regional Awards

## Volunteer of the Year

**Winner: Geoff Robilliard**

Runner up: Sally Poon

During the past 40 years Geoff Robilliard has supported swimming at Club, County and Regional events. He has followed the official's route of becoming a timekeeper, judge, starter and qualified as a referee in November 2006. Since that time his poolside presence has increased, and he has been a lead referee at many county championships and regional events.

His commitment to swimming in Leicestershire remains unabated particularly with the running of the county age group championships for several years.

He has supported many clubs in running their galas and is ever present at Leicester League galas. Following the pandemic Geoff became very much involved in risk assessing for the Leicestershire Clubs, the County and the Region. Without his commitment to ensuring that we were all as safe as possibly could be we would not have been able to commence the running of our galas again. Geoff is a Past President and Life Member of Leicestershire and is truly deserving of this award.



# Regional Awards

## Technical Official of the Year

**Winner: Ron Brewin**

Runner up: David Fortescue

Ron also won the National Technical Official of the Year award, out of 8 regional winners - Congratulations Ron!

Ron is someone who works tirelessly for the benefit of swimming and officials. Ron has been involved in swimming for over 40 years and as with all volunteers has worked through the ranks of volunteering both within his own Club, Leicester Penguins, and also for the County and the Region for numerous years. He has for several years passed on his experience, as a very professional Referee, to others within the County and presently is responsible for teaching and examining all Leicestershire Officials.

Without the work that he has and continues to do the County / Region would not have the large number of Officials they currently do. Officiating for the County is not confined to swimming. Ron officiates at Para-Swimming and Open Water Events and very much encourages others from the County to become involved in all aquatic events. As a member of the Leicestershire Executive he is 100% committed to the running of all activities within the County,

has been a very worthy President and is now a life member of the County. He is also the County Officials representative for the East Midland Region and again supports all major events within the East Midland Region.



# Regional Awards

## Coach of the Year

**Winner: Lenka Tanner**

Runner up: Alison McCallister

Lenka, for many years, had a dream of running her own artistic swimming club and this came to realisation in 2015 when she formed Bramcote Aquastars, as an additional discipline within Bramcote Swimming Club.

From an initial group of approximately 10 swimmers she has grown the club to well over 50 across all ages and abilities, including a very productive rising stars system for the youngest swimmers. Lenka utilises a relaxed, yet friendly persona combined with a commendable drive and professionalism to achieve her goals.



Lenka has shown dedication and considerable leadership abilities within the club to swell the ranks of coaches, judges, poolside helpers and all the other vital roles required to sustain and maintain an ever-improving artistic swimming club. This dedication has paid dividends in 2022 when, for the first time for face-to-face competitions, the club has had representation at all age groups within the National level of competition, a true testament to the hard work, vision and commitment that takes a club from the drawing board to the highest level of Swim England Artistic Swimming Competition, in a relatively short period of time. With this continued dedication and approach to development Lenka and Bramcote AquaStars can only continue to flourish.

# Regional Awards

## Club of the Year

**Winner: Sutton in Ashfield Swimming Club**

Runner up: Bingham Penguins Swimming Club



Sutton Swimming Club was founded in 1927; now in their 95th year they take pride in their unwavering commitment to providing a family friendly club where children can join from 6 years of age and develop their skills and stamina.

Whilst Sutton SC is a relatively small club this does not deter the ambition of its volunteers, coaches and swimmers from being able to reach the very top of the sport. The club consistently produces some excellent swimmers with around 26% being of an ability to join the County squad, Nova Centurion - a great achievement for a small club but testimony to the hard work and dedication of our coaching staff.

Importantly everyone, coaches and committee, are volunteers and no one takes any financial reward for what they do. The club has a full and robust committee with new roles created to share the workload. The club has expanded the number of Team Managers as well as creating additional Welfare support. The club also has very supporting parents, known as The Blue Army.

One of their longest serving coaches is none other than Allen Urch MBE; Allen is, and continues to be, an absolute inspiration to generations of swimmers at the club. SSC strive to welcome all new members and parents alike to keep the next generation of swimmers passing through the club.

Their coaches work tirelessly to deliver a professional developmental programme with the needs of individual swimmers catered for – that's a true reflection of the passion with which they approach their roles.

# Regional Awards

Joseph also won the National Spirit of Aquatics award against 8 other regional winners!

## Spirit of Aquatics

**Winner: Joseph Cooper**

Runner up: Jakub Wojcik

Joseph has been a member of Long Eaton Swimming Club since he was a young boy. He is now approaching 16 years old. Joseph lives with a condition called MHE (Multiple Hereditary Exostosis) and has spent a lot of time in and out of hospital since he was young.

However, he has never let this condition define him and most of the swimmers at the club are not even aware of his condition or the challenges he has faced. Joseph has always had an ambition to qualify for County Championships and every year he has come very close to the qualification times, but just missed out. Not one to ever give up, last October Joseph achieved his dream and qualified for the 400m freestyle, quickly followed by the 200m freestyle a couple of months later. For the first time, Joseph was able to swim at Counties this year – and further improved his PBs for both events, ensuring he had booked his place for next year too! Not content with that achievement, Joseph then took on the 'Triple 5k' Swimathon 2022

challenge in May this year, raising £600 for Contact, a charity which helps families with children with disabilities including MHE. Everyone is very proud of Joseph and what he has achieved; he really has shown that with hard work and determination, you can achieve your goals.



## Ursula Beck Chair Regional Swim Mark Panel

Thankfully for all clubs, this has been a better year, although it is appreciated that covid had a detrimental affect on our clubs leading to changes in volunteers within the clubs. However, for the most part this did not affect the effort put in by clubs to achieve reaccreditation for Swim Mark.

The benefits and rewards that being Swim Mark accredited bring to the clubs cannot be stressed enough. Yes on occasions it seems that a great deal is being asked of our clubs to ensure that they complete their reaccreditation process. What it means is that the clubs are providing aquatic activities in a safe environment with fully trained personnel.

As a Region we have the highest percentage of clubs accredited in the country. Well done to all Swim Mark Clubs. One of the actions within Swim Mark for this year has been the updating of the Club Constitution and by the end of 2022 we were well on the way to having all Swim Mark Clubs updated.

Safeguarding, DBS checks and correct Coaches on the poolside have on occasions been a cause for concern and I must stress how important it is for all relevant members to comply with the necessary requirements for assisting on the pool side.

We started the new year with two new faces on our Swim Mark Panel: Geraldine Lalley and Mike Hase have joined Roger, Brian and myself on the panel. Thank you as always for the their time and input at the Panel meetings. As always, I must thank Fiona, and Helen for their support and much time taken to ensure that all clubs are ready for their Swim Mark Panel review each year.



# SwimMark

## Accredited clubs 2022

We are very proud in the East Midlands to hold the highest SwimMark percentage of any region at 89%

We thank all of our SwimMark clubs for their hard work, and congratulate them for displaying high standards of Governance, sustainability, effectiveness and safety.

### *Derbyshire*

Glossop SC  
Rykneld SC  
Ilkeston SC  
Derventio Excel  
South Derbyshire WPC  
Matlock WPC  
Bakewell SC  
Dolphins of Spinkhill  
Matlock and District SC  
City of Derby SC  
Eckington SC  
Etwall Eagles SC  
Repton Swimming  
Swadlincote SC  
Belper Marlin SC  
Buxton & District SC  
Long Eaton SC  
Ripley SC (rascals)  
Dronfield Dolphins SC  
Chesterfield

### *Leicestershire*

Loughborough Town SC  
Shepshed SC  
Leicester Masters SC\*  
City of Leicester SC  
Coalville SC  
Hinckley SC  
Leicester Neptunes SC  
Oadby and Wigston SC  
Leicester Penguins SC  
Market Harborough SC  
Braunstone SC  
Leicester Sharks SC  
Melton Mowbray SC

### *Nottinghamshire*

Arnold SC  
Bingham Penguins SC  
Calverton and Bingham SC  
Hucknall WPC  
Mansfield SC  
Nottingham Northern SC  
Rushcliffe SC  
Bramcote Swimming Club  
Carlton Forum SC  
Falcon (Hucknall) Swimming Club  
Green Arrows SSC  
Nottingham Leander SC  
Nottingham Portland SC  
Sutton In Ashfield SC  
Worksop Dolphins SC  
Bircotes SC  
Hucknall/Linby Dolphin SC  
Kimberley SC  
Nova Centurion SC  
Radford SC  
Sherwood Colliery SC

### *Lincolnshire*

Deepings SC  
Grantham WPC  
Lincoln Trident  
Lincoln Vulcans SC  
Skegness ASC  
Louth Dolphins SC  
South Lincs Competitive  
Gainsborough Dolphins SC  
Horncastle Otters SC  
Grantham SC

### *Northamptonshire*

Only region with 100% accreditation

Kettering SC  
Northampton WPC  
Corby ASC  
Rothwell SC  
Rushden ASC  
Wellingborough SC  
Daventry Dolphins SC  
Northampton SC  
Corby Steel Diving  
Nene Valley SC

# County Reports

## Derbyshire



2022 welcomed the Birmingham Commonwealth Games, with eight of Team England's 25 able bodied swimmers coming from Derbyshire – Imogen Clark, Jacob Whittle, Molly Renshaw, Abbie Wood, Sarah Vasey and Jamie Ingram from Derwentio eXcel with City of Derby Adam Peaty and Greg Butler. To have nearly 1/3 of the team from one County is an outstanding achievement. Imogen Clark won a superb silver medal in the 50m breaststroke, with DX coach Jamie Main being one of the England coaching team.

Imogen's incredible season continued with a new British Record of 29.35s in the Winter Championships, then she represented Great Britain at the European Championships, winning bronze and the World Short Course Championships, setting another British record of 29.30s in the semi-finals, finishing in 6th place in the final. Imogen won the Pullbuoy female swimmer of the year award for 2022. Imi has been coached since August by incoming Derwentio Excel Head Coach John Adye, who replaced Jamie Main after his move to the Bath National Centre.

To add to the success of Derbyshire swimming the County welcomed the news that Derbyshire's own Helen Akers, Swim England and British Swimming official had been appointed as one of seven European International Technical Officials at the Olympic Games in Tokyo. After 30 years of officiating, Helen has travelled around the world, attending the 2018 FINA World Swimming Championships in Hangzhou, China, the 2014 Commonwealth Games in Glasgow and many other European events. This was her first Olympic Games as an official, although she did volunteer at London 2012.

The Season continued with even more success with many Derbyshire swimmers competing at British Championships, British and English Nationals, as well as the Winter Nationals. George Whittle became 16yrs 200m backstroke Champion at British Nationals in July, with Mia Slevin winning a gold in 18/0 200m freestyle, and a silver in 19/0 400m freestyle. Georgina Pryor medalled at each of British Championships, British Nationals and Winter Nationals.

An amazing Derbyshire National County Team secured the County's promotion from the second division of the National County Team Championships, winning with 505 points to gain promotion to Division 1.

# County Reports

## Derbyshire



The Derbyshire ASA organised short and long course Championships, and once again held the Junior Grand Prix series. This is a series of 3 meets held at monthly intervals for swimmers aged 9-11 years, where they are encouraged to race in a friendly supportive environment, shown race etiquette, and develop their skills over the course of the three meets. These are licenced, giving them the chance to qualify for the County Championships. It's proved a highly successful competition for these youngsters.

December 2022 saw the end of Repton Swimming's second calendar year of competition. The Summer Championships of 2022 brought success with Hannah Bowley claiming gold in the British Championships 50m Breaststroke and Hettie D'Amassa winning gold in the 200m Butterfly. A total of 19 national medals were claimed in the Summer of 2022 across the British, English and Irish National Championships.

Repton are now regular attenders at all County, regional and national events, initially this was under the guidance of double Olympian and former Australian National Team Coach Scott Talbot. Following Scott's promotion to be Head Coach of the Swimming Canada National Performance Centre in Vancouver, Repton's programme is now led by Director of Swimming, Ash Morris, who previously held same role at Hamilton Aquatics in Dubai, which under his leadership was the only overseas team to win the Top Club medal table at the British Championships. During that time, he coached and mentored GB swimmer and Commonwealth medallist Lewis Burras for nine years.

To seal a very successful year, Derbyshire welcomed the opening of the brand new £42 million facility Moorways Sports Village in May, featuring a 50m 10 lane pool, water park and leisure facilities. This venue has been many years in the making, and it's a huge lift for our sport that we now have such an iconic venue serving Derby and surrounding communities for many years to come.

# County Reports

## Leicestershire



As a County thankfully following what had been a very difficult covid time we were able to hold a very successful Age Group and Championships, and it was good to see the support of not only the swimmers but the officials, volunteers and parents. We also ran two successful mini meets as part of our development for our younger swimmers. The year was all about getting back to having a full year of swimming and despite the challenges that everyone faced, - from reduced numbers returning to cost increases - and we achieved this.

Some good swims - a number of wins and PBs - at the County Inter Clubs competition in October and although relegated looking to bounce back and try to determine what we need to do to stay in Division 1 permanently, and we are looking forward to 2023 with optimism.

### **Swim England Volunteer of the Year Awards**

We had several volunteer nominations from the County which resulted in four of our nominations winning Regional Awards and Ron Brewin going on to win SE Technical Officer of the Year.

Geoff Robilliard – Regional Volunteer of the Year

Ron Brewin – Technical Official of the Year

Alison McCallister – Runner Up Coach of the Year - Leicester Neptunes

Sophie Ludlam – Runner Up Young Volunteer of the Year – Leicester Neptunes

### **LASA Development Camp report.**

The one day camp was delivered to 29 swimmers aged 11 years on Saturday 28th May 2022. Selection was based on participation at the 2022 LASA County Championships with swimmers coming from Penguins, Leicester Sharks, Melton, Hinckley, Coalville, Braunstone, Market Harborough and Leicester Neptunes. The camp involved 2x 90 minute pool sessions, land training and an interactive workshop along with pre and post exercises on poolside with feedback to the Club Coaches following the event

The Head Coach for the programme was Mark McKenna from Sharks and the Skills Coaches were:

David Fletcher-Loughborough

Harry Pickering and Jamie Evans-City of Leicester

Alec Mason and Natasha Collins-Patel- Leicester Sharks

Alison McCallister- Leicester Neptunes

### **Masters**

Many Leicestershire Masters started attending Masters meet's which were starting up again after lockdown. The highlight was re-establishing our Leicestershire Masters open meet and building confidence and motivation to take part in competitions.

Leicestershire Masters also enjoyed and had positive performance improvements in the East Midlands Inter-counties Masters Competition.

Masters swimming seems to be positively returning back to normal but there is still work to do to build participation after losing some due to lockdowns.

# County Reports

## Lincolnshire

The Lincolnshire County Championships took place during January and February 2022 with 281 swimmers from the Counties clubs taking part during the championships there were 7 Championship Records achieved:



- Oscar Goldsmith (South Lincs) – Junior Boys Freestyle 400m (4.25.99),  
800m Fr (9.10.57),  
1500m Fr(17.39.33)  
400m IM (5.05.20).
- Ethan Riches (CLP) – 100m IM (58.90).
- Emma Croker (South Lincs) – 50m (25.93) and 100m (56.02) Freestyle.

5 Age Group Best Times were recorded, all in the 16/o age group:

- Emma Croker - South Lincs - 50m, 100m & 200m Freestyle
- Elisha Cookson - South Lincs - 50m Breaststroke
- Ethan Riches CLP - 100m IM

Along with the following master's records achieved over the galas:

- Alex Manley 30/34 years 50br and 100IM
- Suzy Hegg 50/54 50m breaststroke.

South Lincolnshire took the top club award with an incredible 372 points

The first part of the 2022 pathway for 11yr olds took place on the 14th May via an online session which was delivered by James Stannard (Grantham) lead coach, and skills coaches are Danny Ellis (Louth) and Ellie Burton (CLP).

The first face to face camp took place on the 27th October with 40 swimmers selected to attend which consisted of 2 pool sessions a land session and workshop thanks to all the coaches and TM who assisted in the delivery of the camp.

Lincolnshire had a 10th place finish at the 2022 National County Team champs thanks to all the swimmers and coaches for representing and supporting the County.

The County held an Open water event on the 8th August which included a race camp and junior races in the afternoon and seniors in the evening looking at this becoming an annual event.

Clubs across the County are getting back to pre-Covid training and membership and increasing numbers of qualified coaches.

# County Reports

## Lincolnshire



Harvey Phillips from Louth Swimming club had an excellent 2022.

Harvey swam at Swim England East Midlands Regional SC champs at Harvey Hadden in Nottingham in November where he broke the male S4 British record for 200m Freestyle. He also participated in the Para-Swimming World Series including the British Para-Swimming meet 2022 in Aberdeen in February where he reached two World Series Finals. He also swam at the British Para-Swimming Winter National meet in November in Glasgow. He gained several PB's at this event.

Clubs across the County all had excellent results at the various Regional and National events throughout the year with South Lincolnshire in particular having an exceptional year at East Midlands Regional Championships the club had twenty-six qualifiers and achieved twenty-three medals across a range of age groups and events. 14 of the club swimmers achieved qualification to National Championships - either British Summer Championships, Swim England Summer Nationals or Open Water Nationals - and between them achieved twenty-one top ten finishes. Beatrice Finch claimed a bronze medal in the girls 16 years age group of the 400m Individual Medley at Swim England Summer Nationals. The club also had 3 representatives at the British Swimming Championships and trials, all of whom achieved finals. Emma Croker was selected to her first British team as she achieved qualification to the European Junior Championships in Bucharest, Romania. Emma swam the individual 200m Freestyle and placed 18th and also took a bronze medal as part of the 4 x 200m Freestyle relay team.

During 2022 the County had 1 J2S, 4 J2 and 19 J1 newly qualified officials to add to the base of officials across the County.

# County Reports

## Northamptonshire

Northamptonshire ASA has a total of eleven aquatic clubs, all of which are SwimMark accredited - Northamptonshire is the only county in the East Midlands to achieve this feat.



### **Northamptonshire ASA Swimmer Development Camps**

During the last year four camps have been held for swimmers born between 2008 and 2011. The first camp in February involved 24 swimmers from all seven competitive clubs in the county. The idea behind the camp was to further develop skills, both in and out of the water, following loss of water-time due to COVID. The swimmers that were invited had an opportunity to work with different coaches and top-level athletes from different clubs. Coaches from across the county were given the opportunity to attend and develop their own skills.

Swimmers from the 2009, 2010 and 2011 age groups attended the three other camps held during the year, with attendance averaging over 20 for each camp. Liam Noonan was the Head coach for the programme assisted by Marilyn Richmond, the programme lead and Jazz Thethy the Lead team manager.

### **Coach development**

Andy Sharp attended the World Para-swimming Championships in Madeira as a Group Coach.

### **Regional Championships**

Swimmers from the majority of the county clubs gained qualifying times for the regional championships, numbers increasing from previous years, for example Kettering ASC had 19 swimmers representing them, an increase of 46%; a similar increase was seen in the numbers from other county clubs.

### **Masters swimming**

Competitors from Masters squads in the county took part in the British and SE masters competitions and the Midland Masters at the new Derby pool, with Northampton Masters coming away with 10 medals.

### **Winter Nationals and Summer Nationals**

The county were well represented at these Championships with swimmers from a range of clubs competing successfully. Northampton's Betsy Wizard gained two gold medals, Chloe Goodridge one gold medal and Scarlett Humphrey broke the British para record for 100 backstroke in the S11 classification. In total there were over 30 swimmers who took part in the Nationals.

# County Reports

## Northamptonshire



### Para-Swimming

The county have continued to perform strongly with Northamptonshire para-athletes achieving success at a range of levels.

### Commonwealth Games

Maisie Summers-Newton won gold in the SB6 100m Breaststroke and Will Perry was 8th in the final of the S7 50m Freestyle.

### World Para-swimming Championships in Madeira

Maisie Summers-Newton was a triple gold medallist in the SB6 100m breaststroke, SM6 200m IM and S6 400m freestyle. In the breaststroke event she set a new British and European Record. Will Perry was 5th in the SB6 100m breaststroke, setting a new British Record. Eliza and Scarlett Humphrey both competed, Eliza was a finalist in the S11 400m freestyle and Scarlett gained a bronze medal in the 49 point VI relay.

### British Para-Swimming World Class Programme

Maisie Summers-Newton has been confirmed on the Podium Programme. On the Podium Potential programme Eliza and Scarlett Humphrey have both been confirmed.

### County Championships

At the 2023 county championships seven British Para-swimming Records were set by Bruce Dee, Eliza Humphrey and Scarlett Humphrey. Eliza broke the record for 800m and 1500m freestyle in the same event.

### European Junior Championships

Harvey Freeman competed in the 50m, 100m and 200m breast stroke and won a gold medal in the 100 breaststroke Medley relay heats.



# County Reports

## Nottinghamshire

The year started on a high in January and February with the return of the Nottinghamshire County Championships after a two-year pandemic hiatus.

In April NOVA Centurion made headlines at the British Championships taking 23 swimmers, with 10 reaching finals.

May saw the welcome return of the East Midlands Regional Championships. First up were our 11-14 age groups at Corby who performed extremely well with Nottinghamshire swimmers taking part in 49 finals. Our older swimmers followed, competing at Ponds Forge with over 150 finals swims.

In the same month, Callum Melville represented the Scottish Junior squad at The Glasgow International meet.

July was action-packed! Livia Kingsland was selected to take part in the LEN Open Water Cup in Barcelona; Freya Colbert represented Team England at the Commonwealth Games in Birmingham and Iona Colbert and Livia were selected for Team GB at the European Junior Championships in Romania.

In late July and August 23 Nottinghamshire swimmers rounded off their season at British Summer Championships, with more than 20 qualifying for the Swim England National Summer Meet.

In October Callum Melville represented his country on Swim Scotland's National Junior Team and Nottinghamshire's team retained their Division One spot at the Swim England National County Team Championships after a fast and furious day at Ponds Forge.

More than 60 swimmers qualified for November's East Midlands Regional Short Course Championships, with Jessica Brandom claiming the new East Midlands regional record for her impressive 1500m swim.

Also In November, Callum Melville was packing his bags again after being selected by British Swimming to participate in the Ontario Junior International meet in Toronto, Canada.

Finally, we rounded off a stellar year back competing with more than 20 swimmers qualifying for swims at the Swim England Winter Nationals in Sheffield.

### **And it was all change for Nottinghamshire ASA!**

During 2022 we said goodbye to Wendy Coles following her retirement from the Board and Committee. Wendy has had a massive influence on swimming in the whole of Nottinghamshire for many years and we would like to take this opportunity to say thank you for all the time and effort she has dedicated during her time as Nottinghamshire ASA Secretary.

As a county we are looking forward to seeing what 2023 brings, with Joseph Stanford taking the reins as NOVA's new Director of Coaching following the departure of Nathan Hilton after nine years. We'd like to thank Nathan for all he has done with the County Swim Squad and NOVA Centurion during his time at the helm and wish him all the best in his new role at British Swimming.



# Finance

## Independent examiner's report to the Management Board Swim England – East Midlands Region

### Responsibilities and basis of report

As the Management Board you are responsible for the preparation of the accounts in accordance with the accounting principles of providing a "true and fair view" of the Association.

It is my responsibility to examine the accounts and report whether any matters that have come to my attention may be of material significance.

My examination includes a review of the accounting records kept, the procedures used, and a comparison of the accounts prepared from those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as members of the Management Board. An independent examination does not involve gathering all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

The accounting reference date was changed in 2019 and requires an amendment to item 6.3 of the Constitution. The Company's gross income exceeded £250,000 during the accounting period, so the accepted principle is that your examiner must be a member of a professional body. I confirm that I am qualified to undertake the examination because I am a member of the Association of Accounting Technicians.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in an appropriate manner for the type and size of organisation. or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.



### **Richard Faulkner FMAAT**

Alexander Accountancy  
12 Granary Wharf Business Park  
Wetmore Road  
Burton on Trent  
Staffordshire  
DE14 1DU

Dated: 22nd February 2023

# Finance

## Swim Enland East Midland Region – Finance Report Year end 31st December 2022

There was an overall surplus for the year of £90,898 compared to a budgeted deficit of £36,385. The surplus for the year ended 31 December 2021 was £46,672.

The fund balance at the end of the year stands at £350,691 (£259,793 – 31 December 2021).

Affiliation fees have decreased by 23.38% on the previous year, with a reported income of £124,515 (31 December 2021 - £100,924).

The bank balance remains healthy at £363,374, an increase to that at 31 December 2021 of £120,551. The loan to ASA Swimming Enterprises Ltd has now been fully repaid. The £363,374 is currently held in several accounts. Any balances held are all with the £85,000 compensation limit in mind.

The accounts show an increase in fund balances in the year of £90,898.

### COVID-19 Pandemic

The region's finances are now showing strong signs of recovery after the COVID-19 pandemic and affiliation fees are getting close to pre pandemic levels.

The restricted development expenditure in the last 2 years helped to minimise the impact and has put the region in a solid financial position.

The accounts remain in a healthy position and the region is now in a position to provide support for the development of the sport which has always been its objective.

### Budgets – 31 December 2023

Budgets have been prepared and predict a surplus on administration of £28,836. The budget for the development of the sport £47,502 which leaves an overall deficit of £20,666.

All expenditure and financial decisions will be made in light of the budget and the region will look to protect finances to secure the future development of the sport.

### Reserves

The board have agreed that the minimum reserves and cash balance should remain at £120,000.

**Deborah Dean**  
Finance Manager

# Finance

	31.12.22 £	31.12.21 £
<b>Income</b>		
Affiliation fees	124,515	100,924
Licensing of open meets	19,599	7,531
Furlough grant income	-	11,082
Regional club officer funding	6,600	6,600
Operational plan	30,935	7,233
East Midlands championships	92,748	18,969
Festival of swimming	17,615	16,669
<b>Total income</b>	<b>292,012</b>	<b>169,008</b>
Bank interest received (gross)	1,067	857
<b>Expenditure</b>		
Regional club officer expenditure	58,663	55,751
Regional office costs	14,295	17,625
Travel	805	-
Administrative costs	8,326	2,493
Professional fees	12,060	11,760
Operational plan	38,801	10,194
East Midlands championships	56,858	14,161
Festival of swimming	12,179	11,038
Membership growth	-	-
<b>Total expenditure</b>	<b>201,987</b>	<b>123,022</b>
Surplus for the year before taxation	91,092	46,843
Taxation	(194)	(171)
Surplus for the year after taxation	90,898	46,672
Fund balances at 1 January	259,793	213,121
<b>Fund balances at 31 December</b>	<b>350,691</b>	<b>259,793</b>

# Finance



		31.12.22 £	31.12.21 £
<b>Debtors - due after more than one year</b>			
Loans	4	5,000	34,000
<b>Fixed Assets</b>			
Computer Equipment	5	280	417
<b>Current assets</b>			
Loans	4	-	4,000
Trade debtors		2,460	136
Bank/building society balances		363,374	242,823
Other current assets and prepayments		1,599	339
		<b>367,433</b>	<b>247,298</b>
<b>Current liabilities</b>			
Trade creditors		8,078	7,645
Other liabilities and accruals	6	13,944	14,277
		<b>22,022</b>	<b>21,922</b>
<b>Net current assets</b>		<b>345,411</b>	<b>225,376</b>
<b>Net assets</b>		<b>350,691</b>	<b>259,793</b>
<b>Reserves</b>		<b>350,691</b>	<b>259,793</b>



# Finance

1 Accounting basis			
The accounts have been compiled on a basis that enables profits to be calculated in accordance with UK Generally Accepted Accounting Practice and that provides sufficient and relevant information to enable the completion of a tax return.			
2	Income	31.12.22 - £	
	<b>Operational plan</b>		
	Workforce development	5,038	
	Para	1,318	
	Artistic swimming	7,912	
	Water polo	3,619	
	Swimming	9,349	
	Masters	3,699	
	Diving	-	
		30,935	
3	Expenditure	31.12.22 - £	31.12.21 - £
	<b>Other business income</b>		
	Interest receivable	1,067	857
		1,067	857
	<b>Regional club officer expenditure</b>		
	Wages, salaries and administration	58,663	55,751
		58,663	55,751
	<b>Regional office costs</b>		
	Salaries	12,290	11,472
	Rent and administration	2,005	6,153
		14,295	17,625
	<b>Travel</b>		
		805	-
		805	-
	<b>Administrative costs</b>		
	Printing, stationery, telephone and postage	1,134	703
	Accommodation	57	-
	Bank charges	286	492
	President's expenses	538	-
	Software	570	712
	Depreciation	137	205
	Miscellaneous	5,508	337
	Regional ACM	76	44
	ASA ACM	20	-
		8,326	2,493
	Miscellaneous expenses includes £5,010 for the region's new website		
	<b>Professional fees</b>		
	Accountants fees	10,320	10,320
	Independent examination fee	1,740	1,440
		12,060	11,760
	<b>Operational plan</b>		
	Grant aid	4,675	-
	Education, IoS & CPD	7,624	2,832
	Volunteering	264	-
	Para	1,297	285
	Artistic swimming	6,087	944
	Water polo	6,870	3,585
	Swimming	8,425	2,548
	Masters	3,559	-
	Diving	-	-
		38,801	10,194
	<b>East Midlands Championships</b>		
	East Midlands championships	56,858	14,161
		56,858	14,161
	<b>East Midlands Championships</b>		
	Festival of swimming	12,179	11,038

# Finance

4 Debtors - due after more than one year	31.12.22 £	31.12.21 £
<b>Due after more than one year</b>		
Loan - to ASA Swimming Enterprises Limited	-	29,000
Loan - to joint championships	5,000	5,000
	5,000	34,000
<b>Due within one year</b>		
Loan - to ASA Swimming Enterprises Limited	-	4,000
	-	4,000
<b>5 Fixed Assets</b>		
<b>Computer Equipment</b>		
Cost b/fwd	1,232	1,232
Additions	-	-
Cost c/fwd	1,232	1,232
Depreciation b/fwd	815	611
Depreciation charge	137	204
Depreciation c/fwd	952	815
Net book value 31 December	280	417
<b>6 Other Liabilities and Accruals</b>		
Accruals	7,742	14,106
Deferred income	140	-
Other creditors	2,565	-
Corporation Tax	365	171
	10,812	14,277
<b>7 Operational Plan</b>		
A budget of £47,502 was allocated to the operational plan for the year and £7,866 was spent.		
<b>8 Ring Fenced Funds included in fund balance at 31 December</b>	<b>31.12.22</b>	<b>31.12.21</b>
	£	£
Funding projects	-	-
Development of para-swimming	3,132	1,932
	<b>3,132</b>	<b>1,932</b>



For further information please contact the regional office:



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[www.eastmidlandswimming.org](http://www.eastmidlandswimming.org)



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