



East Midlands Regional Updates – 17.03.2023

All regional updates and other regional information can be found on our website
www.eastmidlandswimming.org

Interest Registers/Course Requirements

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

Contents

[New and important information](#)

[Reminders and previously shared information](#)

[Workshops, forums and CPDs](#)

[Competitions](#)

[Funding](#)

Key contacts and links

Contacts

- [Regional Welfare Officer - Ursula Beck](#)
- [Club Development Officer - Fiona Conway](#)
- [Club Development Officer - Helen Bickerstaff](#)
- [Swim England Safeguarding team](#)
- [Swim England DBS team](#)

Links

- [Coaching courses and club offer booking process \(all disciplines\)](#)
- [Reporting a safeguarding concern](#)



Regional Open Water Competition 2023

We are pleased to confirm that our 2023 Regional Open Water competition will take place at Lake 86, Cotswolds Water Park on the 25th of June. More details to follow.

Club Health Tracker – closing Wednesday 22nd March

The Club Health Tracker will be closing for the first year on the 22nd March 2023 and for this year only clubs will receive a free thank you gift (option of super cosy Swim England bobble hat in a choice of colours or useful for poolside Swim England water bottle). The Health Tracker consists of a short self-assessment survey across 6 core areas of club development. You can then view results against national averages to help you to identify strengths and areas for development. Following the deadline, the National team will reach out to contact and support any clubs who identified areas of concern. Log in details can be requested from:

clubdevelopment@swimming.org

Thank you to the following clubs who have already completed their survey as of 16.03.23: *Arnold SC, Bassetlaw SS, Bingham Penguins, Buxton District SC, Chesterfield SC, City of Leicester SC, City of Linc Pentaqua SC, Coalville SC, Corby ASC, Derventio Excel SS, Dronfield Dolphins SC, Etwall Eagles, Gainsborough Dolphins, Horncastle Otters SC and WP, Hucknall WPC, Kimberley SC, Leicester Masters, Lincoln Vulcans, Long Eaton SC, Louth Dolphins SC, Northampton Water Polo, Nottingham Leander, Nottingham Northern, Radford SC, Repton, Retford SC, Ripley SC (rascals), Rykneld SC, Southwell SC, Wellingborough SC, Woodhall Sharks SC and Worksop Dolphins*



Swim England Level 2 Coaching Open Water Swimming - [Now available to book](#)

The pre-requisites for this course are as follows:

Learners must:

- Be 18 years of age or older on the first day of the course and have experience of open water swimming.

They must also hold one of the following:

- SEQ Level 2 Teaching Swimming (or ASA equivalent)
- STA Level 2 Award in Teaching Swimming
- Swim England Assistant Swimming Coach
- Swim England Swimming Coach Certificate
- ASA Level 2 Certificate in Coaching Swimming
- 1st 4sport Level 2 Certificate in Coaching Triathlon
- RLSS Pool to Pond award

Safeguarding and DBS

At present there are over 150 East Midlands club members with DBS and/or safeguarding missing or expired. Please note that without the relevant and appropriate required DBS checks and safeguarding training you **must not be on poolside**. If you are unsure whether you need a DBS check or safeguarding training, please consult WavePower or contact your Club Welfare Officer.

To book on to a safeguarding course [please click here](#)

Members' contact email addresses

Please encourage all of your club members to ensure that the email address they wish to be contacted via is correct and up to date on the Online Membership System. This can be done via www.swimmingmembers.org



Event Accreditation Update

Please be aware that the event accreditation system available via member options. is now checking that barred list check is in place as well as the date this expires. Due to this, members may see an in date DBS but this element showing as a fail: should this occur the DBS was not with barred list check. An example of this is below. If this is the case, you will need a new DBS for the appropriate role.

Requirements	Status	Expires
Coaching Qualification, Team Manager Module One or Chaperone	Pass	
Swim England/scUK Safeguarding & Protecting Children	Pass	09/02/2026
Disclosure and Barring Service	Fail	27/10/2024
Photo for Accreditation	Pass	

SwimMark deadline reminder

A gentle reminder to all April SwimMark clubs that the deadline for all elements to be both submitted and approved by is Monday the 17th of April. If you need any assistance, please email helen.bickerstaff@swimming.org



Regional Workshops

For details of upcoming Team Manager workshops please [click here](#).

For Time to Listen courses [please click here](#).

National Workshops/CPDs

Managing Club Finances Webinar - Thursday 30th March 6-7pm



Covering best practice for managing club finances, financial forecasting, financial accounting software packages (.e.g. Xero) - Please note communications regarding bookings will come from clubdevelopment@swimming.org

[Click here to register](#)

Online Competitive Starts CPD



The Institute of Swimming's elearning CPD will equip coaches with the skills and knowledge to deliver competitive starts.

[Click here to register](#)

Club Secretary & Membership Officer workshop



Monday 24 April
Thursday 1 June
Wednesday 28 June

[Click here to register](#)

Club Chair workshop



Wednesday 29 March
Thursday 4 May
Monday 12 June

[Click here to register](#)

Club Welfare Officer workshop



Thursday 20 April
Monday 22 May
Wednesday 21 June

[Click here to register](#)

National Forums

National Chairs Forum

Monday 20 March, 6pm
Wednesday 17 May, 6pm
Monday 17 July, 6pm



If you are a club chair and would like to join register, please email Clubdevelopment@swimming.org



Competitions



Distance Time Trial – Closing date for entries 22nd March 2023

This is a level 1 licensed time trial to give a distance opportunity to swimmers within the qualifying window for the British Summer Championships and Home Nation Championships. A younger age group has been included to also give experience to these swimmers. All details are available on the [Championship website](#).

Funding



Regional Course & CPD bursaries 2023

The 2023 bursaries applications are now open, all details can be found on the [Regional website](#). All other funding opportunities can be also found on our website.

Everyone Active Sporting Champions – Athlete Funding

The Everyone Active Sporting Champions funding is now open.

From regional competitors to Paralympians and Olympians, they support athletes of all ages and at all levels. As a minimum, the applicant must either:

- Be a nationally ranked athlete
- Be a member of a regional squad with regional results in the previous two years or have represented at regional level in the previous two years
- Or have finished in the top eight at regionals or equivalent competition in the previous two years

All details including the application form can be found here:

<https://www.easportingchampions.com/>

