

East Midlands Regional Updates – 24.02.2023

Interest Registers/Course Requirements

Assistant Coach/Coach Courses: [Requirements register](#)

Land Training (Swimming): [Interest Register](#)

Workshops (including Time to Listen and Team Manager): [Interest Register](#)

All regional updates and other regional information can be found on our website
www.eastmidlandswimming.org

As usual the new items are shown at the top of the document with the reminders of previously sent out information below:

NEW – Club Health Tracker – closing 22nd March

The deadline for completing your Club Health Tracker is Wednesday 22nd March. The Health Tracker consists of a short self-assessment survey across 6 core areas of club development. You can then view results and benchmark against national averages to help you to identify strengths and any areas for development. Following the deadline, the National team will reach out to contact and support any clubs who identified areas of concern.

Thank you to the following clubs who have already completed their survey:

Arnold SC, Buxton District SC, City of Leicester SC, City of Linc Pentaqua SC, Dronfield Dolphins SC, Hucknall WPC, Long Eaton SC, Louth Dolphins SC, Northampton, Radford SC, Repton, Retford SC, Ripley SC (rascals), Rykneld SC, Woodhall Sharks SC

NEW – Club Personnel Report – Important Role Information

As clubs are aware the Region actively uses the club personnel reports for club contact and circulating key information.

It is recommended that the following roles appear on the report under both 'Organisation' and the discipline(s) the club carries out. This is to ensure all members receive relevant discipline-specific information, this should also include the Masters discipline for those clubs who also offer Masters.

Role	Area on OMS
Secretary	Governance
Chair	Governance
Competition Secretary	Support
Workforce Coordinator	Support

NEW - Swim England Land Training Swimming Certificate

The IoS team have notified us of the release of the first Land Training course. Please note this is at High Wycombe; we appreciate this is a fair distance away for many of our coaches however we wanted to ensure this was shared with you as may be appropriate for some. [Please click here for details.](#)

This course was sent during the week to those on the [Interest Register](#). If you are interested in future courses please sign up to the register to be the first to hear.

NEW – Regional Water Polo update

The Regional Water Polo update can be found [here](#).

This includes registration to upcoming trials and other training opportunities.

NEW – Regional Long Course Championship accreditations

These are now available under [membership options](#).

There is one accreditation for the full long course Championships, most Regions are now using the accreditation system so please be mindful when ordering so you have the right accreditation for our

Championships. The accreditations will be available up to and during the Championships but we would encourage everyone who may be attending checks that all their elements are 'green/pass' so any issues can be resolved early.

NEW - Swim England Artistic Swimming National Junior and Senior Championships 2023

Entries are due to open on Monday 27th February at noon.

- **Venue: Harvey Hadden, Nottingham**
- **Date: 22 – 23 April 2023**
- **Entries Close:** 12 noon, Thursday 23 March 2023
- **Conditions and Entry Pack:** are now published on the [Competitor Information page](#) of the event website. The published documents will outline all competition requirements and any new information/instructions.

PREVIOUSLY SHARED INFORMATION:

World Aquatics Swimming Rules update

As you may or may not be aware World Aquatics (FINA) rules for the period 2023-2025 were published on 3 January 2023.

It was subsequently agreed by the three Home Nations that these rules would be implemented for swimming and open water across the board with effect from Friday 10th March 2023.

New CPDs, which form a mandatory part of the officials relicensing process, are being rolled out to educate officials on the changes. The swimming CPD will be delivered face to face/remotely – the plan regarding this will be circulated when available. Details of the open water CPD will be emailed to all open water officials in due course.

New 2023 Swim England Handbook published.

Including new club complaints process and the revised disciplinary process.

The 2023 Swim England Handbook and the updated WavePower publication are now available. Please read through for updates including revised regulations on safeguarding and welfare, the new club complaints process and the revised disciplinary process.

A number of drop-in sessions have been arranged to enable clubs to raise any questions regarding these updates. Sessions are open to club, county and regional committee / board members, coaches and welfare officers. Bespoke workshops for welfare officers and club chairs have also been organised to highlight the Swim England regulation changes. All workshops can be [booked here](#).

COMPETITIONS:

Distance Time Trial – entries now available

This is a level 1 licensed time trial to give a distance opportunity to swimmers within the qualifying window for the British Summer Championships and Home Nation Championships. A younger age group has been included to also give experience to these swimmers. All details are available on the [Championship website](#).

Regional Long Course Championships 2023

Entry times and schedules for the East Midlands Long Course Championships are now available via www.emswimchamps.org.uk

FINANCE:

Regional Course & CPD bursaries 2023

The 2023 bursaries applications are now open, all details can be found on the [Regional website](#)
All funding opportunities can be found on our [website](#).

WORKSHOPS / COURSES:

Regional Workshops

For details of upcoming Team Manager workshops [please click here](#).

For Time to Listen courses [please click here](#).

Good Governance workshops

New 2023 dates have been agreed for the Good Club Governance workshops.

Please use the links below to check the dates and register:

[Chairs information session](#)

[Club Secretary and Membership Officer workshop](#)

[Club Welfare Officer workshop](#)

Upcoming National Chairs forum

The next forum will be taking place at 6pm on Monday 20th March and Wednesday 17th May. Any Chairs who are interested in attending who do not already receive the joining link please email

clubdevelopment@swimming.org

Coaching courses

All Coaching courses organised for 2023 are now available for bookings on the IOS website.

The following can be found on our [Coach Education web page](#), please ensure this process is used for members rather than booking direct via the IoS webpage:

- **The club offer booking process – including how to redeem the SwimMark voucher**
- Company user guide – Club IoS account use
- Learner user guide

If you have any questions, please don't hesitate to get in touch.

SWIMMARK / CLUB AFFILIATION:

SwimMark and Club Affiliation deadlines for 2023

Please see below the Regional deadline dates for clubs SwimMark to be completed

Quarter	Regional Deadline (green ticked on the portal)
2	17 th April 2023
3	17 th July 2023
4	16 th October 2023

If you miss the Regional deadline and are completing a full SwimMark accreditation:

- You will lose your SwimMark accreditation and must have completed the 5 Club Affiliation elements to remain a Swim England affiliated club.

If you miss the Regional Deadline and are completing SwimMark Health Check or Club Affiliation:

- You will no longer be an affiliated club of Swim England.

If you need any help, support or information regarding SwimMark or club affiliation please email [Helen](#) and she will be more than happy to assist via email, phone, zoom or face to face meeting.

SwimMark and Club Affiliation Workshops

In order to support clubs in completing the information required for their SwimMark and Club Affiliation renewals two workshops are being delivered online by the national team; Tuesday 18th April and Thursday 11th May. Register [here](#)

To keep up to date with all the latest information from Swim England East Midlands please follow our social media pages

Instagram: [@swim_east_midlands](#)

Twitter: [@SwimEastMidland](#)

Facebook: [@SwimEastMidlands](#)

Regional Website: <https://eastmidlandswimming.org>

Many thanks,

Fiona and Helen.

Swim England East Midlands

