

East Midlands Regional Updates – 03.02.2023

Interest Registers/Course Requirements

Assistant Coach/Coach courses:

https://www.surveymonkey.co.uk/r/assistantcoach_coach_requirements

Land Training (Swimming):

https://www.surveymonkey.co.uk/r/LandTraining_RegofInterest

Workshops (including Time to Listen and Team Manager):

<https://www.surveymonkey.co.uk/r/wshopinterest>

Land Training (Swimming) Coach Qualification – courses not currently available

https://www.surveymonkey.co.uk/r/LandTraining_RegofInterest

All regional updates and other regional information can be found on our website
www.eastmidlandswimming.org

As usual the new items are shown at the top of the email with the reminders of previous information sent out below:

NEW – 2023 Swim England Handbook published.

Including new club complaints process and the revised disciplinary process.

The 2023 Swim England Handbook and the updated WavePower publication are now available. Please read through for updates including revised regulations on safeguarding and welfare, the new club complaints process and the revised disciplinary process.

A number of drop-in sessions have been arranged to enable clubs to raise any questions regarding these updates. Sessions are open to club, county and regional committee / board members, coaches and welfare officers. Bespoke workshops for welfare officers and club chairs have also been organised to highlight the Swim England regulation changes. All workshops can be [booked here](#).

NEW - Competitive Starts CPD

This eLearning CPD will equip you with the skills and knowledge to enable a swimmer to perform a competitive start safely. [Find out more here](#).

NEW - Connecting with Coaches - Swimming and Para Swimming – Online workshop

Kevin Renshaw is facilitating this Connecting with Coaches Workshop. The Speakers are Chris Littler EYOF level athletes, Mike Taylor EJC level athletes and Dave Hemmings WLC level athletes.

Topic: Training Cycle Design – What, when and why – a live example.

Time: 11.30 - 13.30

Date: 8th February 2023

Closing Date for bookings: 7th February Noon - [Book here](#)

*Coach Plus Members - please email lisa.wright@swimming.org to be added to the register.

NEW - Sport England Club hardship funds guidance

The pressures of living costs and other financial barriers can prevent people engaging in sport and physical activity. In this new guidance Club Matters explore the benefits of creating a hardship fund to help those most in need to get or stay involved: <https://www.sportenglandclubmatters.com/participant-development/reaching-different-audiences/hardship-funds/>

NEW - New Time to Listen dates

- 25th March 2023, 8.30am – 12.30pm
- 1st June 2023, 6pm – 10pm

Please visit <https://eastmidlandswimming.org/volunteers/safeguarding-welfare/> to book.

REMINDER - Good Club Governance workshops

- [Club Secretary and Membership Officer information session](#) - Thursday 9th March - 6.30 - 8.30pm



- [Club Welfare Officer information session](#) - Monday 13th February - 6.00-8.00pm / Wednesday 15th March - 6.30-8.30pm
- [Club Chair's information session on dealing with internal disputes](#) - Thursday 2nd March - 6.00-8.00pm / Wednesday 29th March - 6.00-8.00pm

IMPORTANT REMINDER - CONSTITUTIONS

Please ensure that if you are updating your constitution to the Swim England 2022 Unincorporated clubs model, that you email your constitution to eastmidland@Swimming.org prior to your AGM. For more information, please visit <https://eastmidlandswimming.org/clubs/governance/>

PREVIOUS INFORMATION:

OMS Role - Head Teacher now available

The role of Head Teacher is now available under the Coach and Teacher area on OMS, the weekly information will start to be sent to this role as well as Head Coach from February onward. Please note new contact reports are created at the start of each month.

Adding/Upgrading membership during renewals

If you have new Club Compete members or members upgrading and they need their membership processing prior to you completing your renewals batch, (to allow them to enter a competition entry online), please make the necessary amendments to OMS and then complete the Fast Track request form which can be found here: <https://forms.swimming.org/fast-track-membership/>. **PLEASE NOTE:** the Membership Team will process any requests to register and upgrade members each Wednesday. Swim England Membership Team renewals@swimming.org

Safeguarding and Equality contact details

- Kevin Suckling, Head of Safeguarding & Welfare – safeguarding@swimming.org
Please send any safeguarding & welfare concerns relating to the safety of a child.
- Mike Hawkes, Head of Diversity & Inclusion - equality@swimming.org
Please send any queries relating to the inclusion of a child in any club, competition questions and any diversity questions including transgender.
- Our Regional Welfare Officer is Ursula Beck: welfare@eastmidlandswimming.org

COMPETITION:

Distance Time Trial – entries now available

This is a level 1 licensed time trial to give a distance opportunity to swimmers within the qualifying window for the British Summer Championships and Home Nation Championships. A younger age group has been included to also give experience to these swimmers. All details are available on the [Championship website](#).

Regional Long Course Championships 2023

Entry times and schedules for the East Midlands Long Course Championships are now available via www.emswimchamps.org.uk

FINANCE:

Regional Course & CPD bursaries 2023

The 2023 bursaries applications are now open, all details can be found on the [Regional website](#)
All funding opportunities can be found on our [website](#).

WORKSHOPS / COURSES:

Coaching courses

All Coaching courses organised for 2023 are now available for bookings on the IOS website. The following can be found on our [Coach Education web page](#), please ensure this process is used for members rather than booking direct via the IoS webpage:

- **The club offer booking process – including how to redeem the SwimMark voucher**
- Company user guide – Club IoS account use
- Learner user guide

If you have any questions, please don't hesitate to get in touch.

[The National Chairs forum](#)

Monday 20th March, 6pm. Any Chairs who are interested in attending please email clubdevelopment@swimming.org for the joining details

[Regional Workshops](#)

For details of upcoming Team Manager workshops [please click here.](#)

For Time to Listen courses [please click here.](#)

SWIMMARK / CLUB AFFILIATION:

SwimMark and Club Affiliation deadlines for 2023

Please see below the Regional deadline dates for clubs SwimMark to be completed

Quarter	Regional Deadline (green ticked on the portal)
2	17 th April 2023
3	17 th July 2023
4	16 th October 2023

If you miss the Regional deadline and are completing a full SwimMark accreditation:

- You will lose your SwimMark accreditation and must have completed the 5 Club Affiliation elements to remain a Swim England affiliated club.

If you miss the Regional Deadline and are completing SwimMark Health Check or Club Affiliation:

- You will no longer be an affiliated club of Swim England.

GENERAL REMINDERS:

[Renewal batches now available for 2023](#)

Your 2023 renewals batches are now available on the Online Membership System (OMS) for clubs to complete their annual renewal before the 28th February 2023 deadline. Thank you to the clubs that have already completed the process for 2023! If you'd like to discuss your renewal with the membership team, please email renewals@swimming.org and one of the team will be able to help out. Visit [Online Membership System](#)

To keep up to date with all the latest information from Swim England East Midlands please follow our social media pages

Instagram: [@swim_east_midlands](#)

Twitter: [@SwimEngland_EM](#)

Facebook: [@SwimEastMidlands](#)

Regional Website: <https://eastmidlandswimming.org>

Many thanks,

Fiona and Helen.

Swim England East Midlands