



Swim England

East Midlands

East Midlands Regional Updates – 08.12.2022

Interest Registers/Course Requirements

Assistant Coach/Coach courses:

https://www.surveymonkey.co.uk/r/assistantcoach_coach_requirements

Land Training (Swimming):

https://www.surveymonkey.co.uk/r/LandTraining_RegofInterest

Workshops (including Time to Listen and Team Manager):

<https://www.surveymonkey.co.uk/r/wshopinterest>

As usual the new items are shown at the top of the email with the reminders of previous information sent out below:

REMINDER - Officials Needed

For the Open Masters Championships 2022 being held on Sunday 18th December 2022 at Moorways Sports Village https://www.surveymonkey.co.uk/r/Officials_OpenMasters Trainees more than welcome including Timekeepers. Expenses will be available.

REMINDER - Bursaries for Courses and CPDs

A reminder that the bursaries for 2022 will close on 9th December for review, please ensure the [requirements](#) have been met before submitting the application.

NEW - Swim England issues updated guidance on minimum pool depths for racing

Following a review by Swim England and in light of a number of 'near misses' which involved swimmers diving into shallow water, the new guidance states the minimum depth for dive entries should be 1.35m. With specific reference to swimming, this is in line with FINA Regulations.

Having consulted with members, Leadership Groups and Sports Operations Committee, Swim England has agreed with insurers that swimming clubs will have a period of transition to meet the new requirements – providing a full risk assessment has been carried out and put in place.

This means that from 1st September 2023, all Swim England affiliated clubs will be required to ensure that all dive entries are into at least 1.35m of water.

It is also a requirement from 1st January to 31st August 2023 that:

- No dives will be permitted from poolside into water which has a depth of less than 1 metre.
- If the water is between 1 metre and 1.2 metres, a poolside dive will be permitted providing it is not from 0.4 metres above the surface.
- Dives into depths between 1.2 metres and 1.35 metres are allowed from the poolside or a starting block, as long it is not more than 0.75 metres above the water.

Read the full article on the [Swim England website](#) or view the [FAQs](#) Queries can be sent through to divedepths@swimming.org

NEW - SwimMark and Club Affiliation information session

This session is designed to share important information with clubs on completing the required elements for accreditation.

Each session will last no more than 90 minutes and will be delivered online via Zoom. The session will give attendees an opportunity to ask questions.

Monday 16th January & Wednesday 9th February: <https://www.surveymonkey.co.uk/r/SMandCA>

NEW - New dates for Swim England's Good Club Governance sessions

New dates have been added to the Good Club Governance sessions, please find the dates and sign up links below;

- Club Chair's information session on dealing with internal disputes: Thursday 26th January, Monday 20th February, Monday 27th March: <https://www.surveymonkey.co.uk/r/ClubChairSessions>
- Club Welfare Officer information session: Wednesday 9th January, Monday 13th February, Wednesday 15th March: <https://www.surveymonkey.co.uk/r/Welfareofficerworkshops>



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- Club Secretary and Membership Officer information session: Wednesday 14th December, Monday 20th January, Thursday 9th March: <https://www.surveymonkey.co.uk/r/Secretary-Membership>

NEW - Swim England to launch new Club Health Tracker!

Swim England will shortly be releasing its new Club Health Tracker to help clubs 'streamline' their club development work. The Club Health Tracker is an online platform designed by Swim England and delivered by Sporting Insights to support clubs develop.

How does it work?

You'll get scored against these areas, we can then help identify your strengths and areas of development and growth. Your club's login details will be sent directly to your club chair or discipline section secretary. In the meantime you can read more [here](#)

NEW - The National Chairs forum

The National team have organised two more dates for the National Chairs forum; Wednesday 18th January and Monday 20th March, both forums to start at 6pm. Any Chairs who are interested in attending please email clubdevelopment@swimming.org for the joining details

NEW - Artistic Judge 1 courses

The Artistic Judge 1 courses scheduled for the 8th and 13th December are now full. A waitlist is in operation for the next one (early 2023) those wishing to be added can register interest via <https://www.surveymonkey.co.uk/r/MNVP7VL>. A Judges refresher to incorporate FINA changes will be scheduled shortly.

NEW - Disability Inclusion Club Hub Tool

The Club Matters team, in partnership with the Activity Alliance, are excited to announce the release of the new Disability Inclusion Club Hub Tool. This self-assessment tool is designed to support organisations to assess how inclusive and accessible they are and identify changes that can be made to improve their offer for disabled people. The tool asks users a range of different questions about their:

- Operations
- Promotion of activities, and
- Workforce.

It takes approximately 10 minutes to complete the tool. Once completed, the tool guides users to a range of relevant resources to help them make positive changes to their offer. This free tool is quick and easy to use and is accessible to anyone with a Club Matters account. If users don't currently have an account, they'll be directed to create one on entry to the tool. You can access the Disability Inclusion Club Hub Tool by clicking this link: [Disability Inclusion Club Hub](#).

NEW - Task-based volunteering

Do you need more volunteers? Changing your approach to volunteering by breaking roles into tasks can increase your volunteer numbers and satisfaction. Read #ClubMatters guidance on task-based volunteering to learn more about attracting and retaining volunteers: [Task-based volunteering \(sportenglandclubmatters.com\)](#)

NEW - Business planning

Want to develop a business plan or check and challenge your existing one? Creating a business plan is a great way to understand your organisation's current position, set targets for the future and track your progress. Use #ClubMatters new guidance to help you develop a plan: [Business Planning \(sportenglandclubmatters.com\)](#)

PREVIOUS INFORMATION:

IMPORTANT:

Updated Safeguarding contact details

Swim England have appointed its first ever Head of Safeguarding and Welfare, Kevin Suckling. In addition to the new Head of Safeguarding and Welfare role, they have established two additional positions to



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support demand and the incorporation of welfare within the team. For any queries please can you use safeguarding@swimming.org to contact the Safeguarding and Welfare team.

Reminder

Safeguarding is everyone's responsibility, and any volunteer or individual should raise any concerns, even if they feel it maybe something small. Our Regional Welfare Officer is Ursula Beck:

welfare@eastmidlandswimming.org

Club Constitution update

At the start of the year Swim England released a new Model Constitution for Unincorporated Clubs. In the interests of good governance, we are asking clubs to update to this new model by the date of your SwimMark or Club Affiliation panel in 2023. To ensure we are able to approve your letter before your panel date please aim to submit your constitution a minimum of 3 weeks prior to your SwimMark/Club Affiliation deadline.

The process has changed slightly and going forward we request that clubs submit their constitution to eastmidland@swimming.org for approval **prior** to approval at your club AGM or SGM.

Attached is a short and simple guide to the new process. We have also attached the model constitution and the constitution guidance notes.

The Swim England Legal Team have worked hard to create the model constitution so we do ask that clubs **please do not** alter the model unless absolutely necessary as alterations may complicate judicial processes. Please ensure constitutions are sent a minimum of 3 weeks before you need approval.

New bank details

The Region has now opened up a new bank account, if there are any payment you need to make to the Region, for example a Meet Licence Levy, please pay them to the following account:

Account Name: Swim England East Midlands Ltd

Account Number: 77761068

Sort Code: 30-96-26

COMPETITION:

Masters Championships 2022

The Open Masters Championships 2022 being held on Sunday 18th December 2022 at Moorways Sports Village (Long Course) are now available for entry, all details can be found on the Championship website:

[Masters Championship Entry Information](#)

Officials are required for this meet, Timekeepers and Trainee J1 more than welcome:

https://www.surveymonkey.co.uk/r/Officials_OpenMasters

FINANCE:

Regional Course Bursaries 2022

From the 1st April to the 9th December 2022 all certificates must be dated within the 3 months prior to submission. Please find attached details of the course bursaries available for SwimMark clubs 2022 which includes the link to submit applications.

New Regional CPD Bursary

The Region has extended bursaries available to a number of CPD opportunities, please find attached full details on this.

Funding

All funding opportunities can be found on our [website](#).

SWIMMARK / CLUB AFFILIATION:

SwimMark and Club Affiliation deadlines for 2023

Please see below the Regional deadline dates for clubs SwimMark to be completed

Quarter	Regional Deadline (green ticked on the portal)
1	16 th January 2023



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2	17 th April 2023
3	17 th July 2023
4	16 th October 2023

If you miss the Regional deadline and are completing a full SwimMark accreditation:

- You must have completed the 5 Club Affiliation elements to remain a Swim England affiliated club.

If you miss the Regional Deadline and are completing SwimMark Health Check or Club Affiliation:

- You will no longer be an affiliated club of Swim England.

Clubs reaccrediting for SwimMark or Club affiliation in January should have received an email from Helen Bickerstaff in October. If you need any support please email [Helen](#).

WORKSHOPS / COURSES:

Regional Workshops

Please see attached a list of upcoming regional workshops:

- Team Manager 1
- Team Manager 2
- Time To Listen - [Booking Policy](#)

If you are unable to attend our any of our current workshops please register your interest here: [Interest Register](#) and we will be in touch when new courses have been arranged.

Assistant Coach and Coach Courses organised

Please see attached a list of upcoming Coaching (Level 1 and 2) Courses (across the disciplines) available for members to book onto.

Please ensure members use the [club offer process](#) to receive the club offer rate, it is not possible to refund places booked at full price.

Assistant Coach and Coach Course needs

While there are a number of courses which are close to the advertising stage, due to the success of the register for workshops to help establish the need within the Region we have set up a [register](#) of members requiring a course. Members on the register will be contacted as soon as a course is available to give them as much opportunity to book as possible. We will also collate numbers and locations on a regular basis and liaise with the IoS on the results of this.

Land Training (Swimming) Coach Qualification – Interest register – Coaches only

Following the completion of the pilots early this year, we would be grateful if members interested in completing the Land Training (Swimming) Coach Qualification please complete the following interest register. We will be in touch when a date has been organised: [Interest Register](#)

GENERAL REMINDERS:

Swim England fighting for ‘under threat’ facilities with #SaveOurPools campaign

A nationwide campaign urging ministers to extend the financial support being offered to ‘under threat’ swimming pools and leisure centres has been launched by Swim England. The Government is conducting a review of the Energy Bill Relief Scheme to determine whether businesses will receive further financial help to cope with the cost of living crisis beyond March 2023. It is due to publish the findings before the end of this year. At this key time, Swim England has launched a #SaveOurPools petition to show the Government how much ‘vulnerable’ facilities mean to communities across the country in a bid to prevent a ‘dire’ situation from worsening. Read more and sign the petition [here](#).

Midlands Para-Swimming Training Sessions organised

The Midlands Regional Para-Swimming Programme has been set up by the West Midlands, East Midlands and Swim England Para-Swimming to engage and support swimmers across the Midlands with an impairment that can be classified under the World Para-Swimming categories to develop their skills, experience and knowledge through their journey as a Para-Swimmer.

Session 1



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Date: Sunday 8th January

Session 2

Date: Sunday 26th March

Session 3

Date: Sunday 11th June

All details can be found on our [Regional Website](#)

OMS submission deadline for 2022

The Online Membership System (OMS) will close for membership batches on Wednesday 14th December, if you have any new members or changes for your club that need to be added to OMS, you will need to do it before the deadline. After this date, you will be able to view existing members within the club but not add new members.

Diversity and Inclusion Action Plan

Swim England's Diversity and Inclusion Action Plan or 'DIAP' lays out the work that we will be doing across the areas of equality, diversity and inclusion in 2022. Whilst we await further guidance from Sport England to be published we recognise the need to communicate our plan as to how we intend to make progress in 2022. This is split into general or 'core' work in this area and then the 3 areas of 'Disability', 'Race & Ethnicity' and 'LGBTQ+'. Please find attached more details, along with the England Swims survey.

To keep up to date with all the latest information from Swim England East Midlands please follow our social media pages

Instagram: [@swim_east_midlands](#)

Twitter: [@SwimEngland_EM](#)

Facebook: [@SwimEastMidlands](#)

Regional Website: <https://eastmidlandswimming.org>

Many thanks,

Fiona, Helen and Grace

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