

50m Freestyle	24.77	Rosalind Brett	Loughborough University	09/12/2000	Sheffield
100m Freestyle	53.31	Harriet Cooper	City of Derby	17/12/2015	Sheffield
200m Freestyle	1.55.10	Melanie Marshall	Loughborough University	14/12/2003	Dublin
400m Freestyle	4.02.23	Melanie Marshall	Loughborough University	18/01/2004	Berlin
800m Freestyle	8.08.25	Rebecca Adlington	Nova Centurion	10/04/2008	Manchester
1500m Freestyle	16.50.29	Sophie Smith	City of Leicester	03/12/2010	Braunstone
50m Backstroke	27.50	Harriet Cooper	City of Derby	19/12/2015	Sheffield
100m Backstroke	58.69	Harriet Cooper	City of Derby	04/12/2015	Toronto
200m Backstroke	2.06.95	Sarah Price	Loughborough University	14/12/2003	Dublin
50m Breaststroke	30.47	Sarah Vasey	City of Derby	17/12/2015	Sheffield
100m Breaststroke	1.07.04	Standard Time		Standard Time	
200m Breaststroke	2.25.24	Heidi Earp	Long Eaton SC	08/12/2000	Sheffield
50m Butterfly	26.49	Rachael Kelly	Loughborough University	15/12/2013	Edinburgh
100m Butterfly	57.65	Rachael Kelly	Loughborough University	07/12/2013	Sheffield
200m Butterfly	2.07.90	Rachael Kelly	Loughborough University	13/12/2013	Edinburgh
100m Individual Medley	1.00.47	Sophie Smith	Loughborough University	23/11/2012	Chartres, France
200m Individual Medley	2.07.48	Sophie Smith	Loughborough University	13/12/2013	Edinburgh
400m Individual Medley	4.34.11	Emma Smithurst	Derwentio Excel SC	16/11/2008	Berlin